



TAC

# BE THE DIFFERENCE

SHOW UP FOR YOUR TEAM

SLOW DOWN ON THE ROAD



## Round 15 July 26th 2025

# RECORD





Community Bank  
Gisborne & District, Lancefield and Romsey

# Continuing to keep playing costs down

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TAC



TAC

# UPCOMING FIXTURE 2025



**BE THE DIFFERENCE**  
SHOW UP FOR YOUR TEAM — SLOW DOWN ON THE ROAD

## SENIOR MENS FOOTBALL AND NETBALL

ROUND 15 - JULY 26TH



ROUND 15 - JULY 26TH



ROUND 15 - JULY 26TH



ROUND 15 - JULY 26TH



ROUND 15 - JULY 26TH



## SENIOR WOMENS FOOTBALL

ROUND 15 - JULY 26TH



ROUND 15 - JULY 26TH



ROUND 15 - JULY 27TH



Community Bank  
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Lancefield and Romsey

**B** Bendigo Bank



# ACROSS MY DESK

by Football Operations Cameron Pope

Round 14 in the RDFNL delivered another cracking weekend of senior football, with plenty of action across all grounds. Here's how the results unfolded:

- Diggers Rest 15.9 (99) def. Riddell 11.11 (77)
- Romsey 10.9 (69) def. Melton South 7.13 (55)
- Wallan 22.20 (152) def. Lancefield 9.4 (58)
- Woodend-Hesket 17.11 (113) def. Gisborne Giants 14.7 (91)
- Macedon 15.3 (93) def. Kyneton 12.6 (78)

### Band Together

When it comes to road safety, we're all on the same team.

Road Safety Round returns in Round 15 of the season where all football and netball players across Victoria 'Band Together'.

This year's Road Safety Round will spotlight speeding, which is a contributing factor in at least 30% of fatal and 25% of serious injury crashes on Victorian roads.

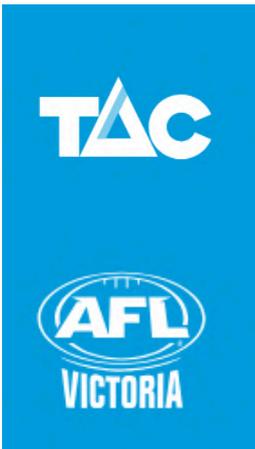
Players will take to the field or court wearing blue armbands to honour lives lost on the road and serve as a reminder that we can all be the difference in making them safer.

Your team would rather you be late to training or the game, than not arrive at all.

There's no excuse for speeding.

Show up for your team.

Slow down on the road.



# CHRISTMAS *In* July

WITH  
**MICHAEL BUBLE\***  
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26TH JULY**

**HARNESS RACING  
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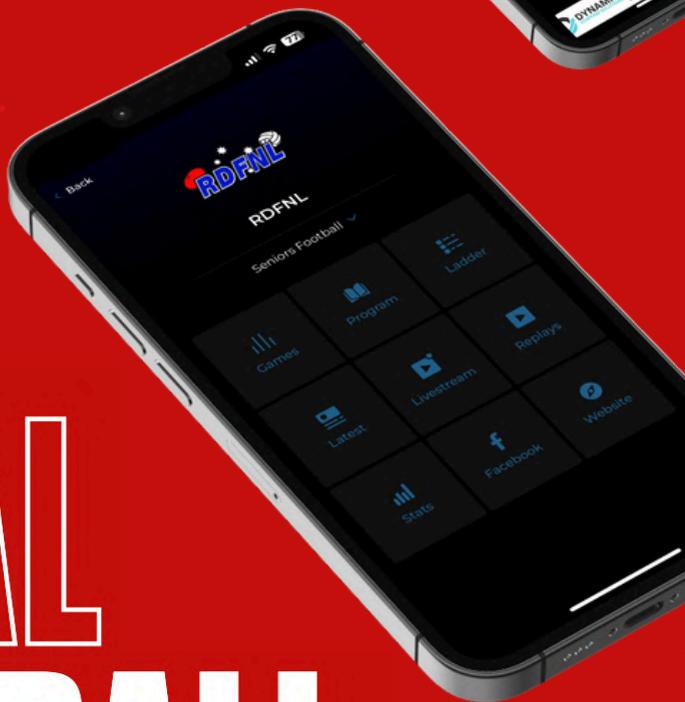
# PLAYER OF THE WEEK

## SEAN MORRIS

Est.  
1904

44 DISPOSALS | 16 MARKS | 8 INSIDE50  
15 SCORE INVOLVEMENTS | 189 RANKING POINTS

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# LOCAL FOOTBALL

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SINCE 1973 KYNETON

# HARDWICKS



**Proudly supporting the  
RDFNL Live Streams and  
the RDFNL commentary  
team in 2025**

# TOP PLAYER STATS

Most MARKS for Round 14 - MENS

1	BLAKE WATSON	21	
2	SEAN MORRIS	16	
3	HAMISH GOVAN	14	
4	JAKE THOTON GIELEN	13	
5	HARRY RYAN	11	
5	JOHN BELLINO	11	
7	TYE BROWNING	10	
7	VICTOR MICALLEF	10	
7	MATT PERRI	10	
7	COREY VIANI	10	



Community Bank  
Gisborne & District  
Lancefield and Romsey





# RDFNL Senior Mens Football Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Football Tipping							
NAME	Diggers Rest vs Woodend Heskett	Gkyneton vs Gisborne Giants	Romsey vs Lancefield	Wallan vs Macedon	Melton Centrals vs Macedon	Last Week	Season Total
Brenton Knott	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	4	53
Courtney Alexander	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	2	56
Terry Kernan	Diggers Rest	Kyneton	Romsey	Macedon	Riddell	4	53
Brian McNabb	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	4	47
Jordan Doyle	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	4	57
Richard Thwaites	Diggers Rest	Kyneton	Romsey	Macedon	Riddell	4	52
Grant McMillan	Diggers Rest	Kyneton	Romsey	Macedon	Riddell	3	59
Tara Murray	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	2	57
Ben Higgins	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	3	57
Grace Bibby	Diggers Rest	Kyneton	Romsey	Wallan	Riddell	4	57



# Active Living CENSUS



Live in Greater Bendigo, Campaspe, Central Goldfields, Loddon, Macedon Ranges or Mount Alexander Shire? We're calling on **YOU** to have your say!

## What is the Active Living Census?

The ALC is a community survey that asks about:

- ✓ Physical activity participation
- ✓ Fruit and vegetable consumption
- ✓ Barriers to being healthy and active

## Why does your voice matter?

Your input will help guide decisions about programs, recreation spaces, and services in your community. Whether you're active or not, it's your chance to shape the health and wellbeing of your community – and it only takes 15-20 minutes.

## Participate, don't wait!

- ✓ Quick and confidential
- ✓ WIN your share of \$10,000 in prizes!
- ✓ Open to everyone! No matter your health or activity level, we want to hear from you

Help shape a healthier tomorrow,  
one answer at a time!



Opens  
**MONDAY**  
MAY 26

Scan here!



Complete the census at [go.healthyloddoncampaspe.au/alc](https://go.healthyloddoncampaspe.au/alc)

# RDFNL Senior Mens Previews

*By Cameron Pope*



**VS**



**VS**



Diggers Rest continue to flex their muscle as the benchmark of the league, with last week's win over Riddell reaffirming their status as the team to beat in 2025. Undefeated through 14 rounds, with their only blemish being a draw on ANZAC Day, the Burras are marching toward finals with the upmost confidence after knocking off the reigning premiers for the second time this season. They'll be led out by Marcus Calvaresi and Ryan Mullen who are both putting together impressive individual seasons. Woodend-Hesket enter this clash with quiet momentum. Back-to-back wins could be just what Woodend-Hesket need if they fancy themselves a shot at causing a major upset. Although a bit inconsistent at moments through the season, Woodend-Hesket has shown in the last fortnight that Woodend-Hesket's brand of football can and does put wins on the board. Key to their chances will be the continued brilliance of Daniel Toman and Ryley Ferguson, both in excellent form, along with a big performance from Marcus Stapleton in the ruck to give their midfield a fighting chance. The Hawks have shown all year they can be competitive, but Diggers Rest at home where a win will guarantee them a top 2 finish might be a mountain too tall.

**Prediction: Diggers Rest by 40 points**

Kyneton are in a precarious position heading into this clash with the Gisborne Giants. After two straight losses, the Tigers are clinging to their finals hopes, sitting on 28 points alongside Melton South and Romsey, and just half a game shy of Macedon. With the race for the last finals spots heating up, this becomes a must-win if Kyneton want to feature in the finals. A win keeps them right in the mix, while a third consecutive loss could see them tumble to the very edge of the top six, or even outside it. The Giants, on the other hand, have less at stake in the grand scheme of the season. As the competition's newest side, Gisborne have already notched two wins in their debut season. Matt Quigley continues to be a standout for the Giants, with his ability to find the ball.

The Giants have made strides in their development since their last meeting, where a result like that of round one would be highly unlikely, but with finals on the line and home ground advantage in their favour, expect Kyneton to come out strong as they look to bounce back and get back on the winners list.

**Prediction: Kyneton by 65 points**

# RDFNL Senior Mens Previews

*By Cameron Pope*



Romsey face a season-defining clash this weekend when they host Lancefield. Sitting just outside the top six on percentage alone, the Redbacks need to keep it simple and walk away with the 4 points to stay right in the finals hunt. Their last meeting back in Round 1 saw Romsey comfortably account for Lancefield with a 68-point thumping, and they'll be eager to replicate that result not just for the four points, but for a vital percentage boost that could prove crucial in the final ladder shake-up. Lancefield have shown flashes of genuine promise and will see this as a chance to play spoiler and make a real statement about their direction heading into next season.

**Prediction: Romsey by 20 points**



This clash between Wallan and Macedon shapes as one of the most tantalising matchups of the round and potentially a sneak peek at what's to come in finals. Wallan are currently sitting third and a game and a half clear of Macedon, are close to locking in their finals berth a strong performance here.

Wallan haven't lost since round 9. Key to Wallan's strength has been their dominance through the midfield, with Steven Boyall and Chris Stewart continuing to dictate terms around stoppages. For Macedon, they've found their rhythm winning six of their last seven games and climbing to fourth. Charlie Rossetti's battle in the ruck will be pivotal. The Cats will look to Michael Rutledge and Jason Cooke to capitalise on every opportunity. , Wallan might just have the edge.

**Prediction: Wallan by 20 points**



Melton Centrals a team that has had its moments throughout the year, but who have been ultimately disappointing in the grand scheme of things. Riddell will be entering this one after only their second loss of the season last week. If Melton Centrals are any chance at all against Riddell, Brancatisano and Armistead will have to be at their best, while their forwards will have to convert on everything that comes their way. Riddell will be eyeing this one off to lock away a top 2 finish for the season. With Alkermade and Galea at their best, Riddell should have no worries walking away with the 4 points.

**Prediction: Riddell by 50**

# **BUFFALO** **SPORTS**



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# TACKLE YOUR FEELINGS

## ‘Be a Champ’

- Tackle Your Feelings ambassador Nathan Buckley and social media larrikins the Shepmates have teamed up to create a humorous video celebrating local football club culture and encouraging players and coaches to help support the mental health of their footy mates
- Watch the video
- As part of the campaign, Tackle Your Feelings is looking to celebrate and recognise those local ‘champs’ who go above and beyond when it comes to investing in mental health
- Being referred to as a ‘champ’ is not always cast in a positive way, so Tackle Your Feelings is looking to reclaim the phrase and spin it around to celebrate these people who often don’t get the recognition they deserve with the role they play at their clubs
- We want players, coaches, committee members, support staff and umpires to be a champ and book their club in for a Tackle Your Feelings workshop
- Clubs can register for a workshop at **tyfo.tackleyourfeelings.org.au/login/**.

Adam Baldwin, Program Manager said:  
“Clubs are beginning to understand their responsibility to create an environment which supports the mental health of their players. We want clubs to prioritise mental health in the same way they currently do physical health. Tackle Your Feelings is a free program that can help clubs kick-start the development of their own mental health game plan.”

**Book a @tyf\_au workshop today.**



## What is Tackle Your Feelings?

- Tackle Your Feelings is a FREE mental health program for community football/netball clubs
- The program was formed by the AFL Coaches Association, AFL Players’ Association and Zurich Insurance in 2018 following the death of Adelaide coach Phil Walsh
- The program is delivered by a local psychologist and aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health.
- The program is based on the education delivered to the AFL industry and is led by high-profile player and coach ambassadors
- Since 2019, the TYF program has been delivered to more than 10,000 participants in every Australian state and territory and it’s available to your club in 2024
- Quote from TYF ambassador Nathan Buckley: “It’s an awesome program. It’s so succinct and gives you really good strategies... it’s a really good conversation starter.”

To book a session in for your club contact **Grant McMillan via grant@rdfnl.com.au**



# DIGGERS REST *Club Notes*

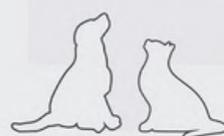


DIGGERS REST FOOTBALL NETBALL CLUB  
ACKNOWLEDGE OUR VALUED SPONSOR  
REFORM HEALTH



WE WOULD LIKE TO THANK BRAD AND  
THE TEAM AT REFORM HEALTH  
FOR THE VALUABLE AND LOYAL  
COMMITMENT TO OUR CLUB IN  
SEASON 2025. YOUR UNWAVERING  
SUPPORT IS SO GREATLY APPRECIATED.

**DIGGERS SKIPS**  
3m - 4m - 6m - 8m  
*Phone DOUG 0418 535 751*



**DIGGERS REST  
ANIMAL HOSPITAL**



# GISBORNE GIANTS *Club Notes*



This week we're thanking Wally's Mini Diggers, RV Storage Solutions and Draft Comps Services. Thank you for your support and please reach out to our sponsors for any services you require.

Last weekend we travelled to Woodend-Hesket, with our 19.5's being the only winner on the football field. Both the reserves and seniors pushed their opposition but ultimately fell short on the day. Across at the netball it was dominated by the Giants, winning each game except for a Grade.

This weekend Gisborne Giants are proud to be participating in the TAC 'Be the Difference' Campaign.

When it comes to road safety, we're all on the same team. Taking place on 24-27th July, Road Safety Round will see football and netball players across Victoria band together for road safety.

This year's Road Safety Round will spotlight speeding, which is a major contributor to trauma on Victorian roads. Players will take to the field and the courts wearing blue armbands to honor lives lost on the road and serve as a reminder that we all have a responsibility to play our role.





# KYNETON

*Club Notes*





# LANCEFIELD

## Club Notes

### Sponsors & 500 Club Day – Saturday August 2:

You can't underestimate the importance of these 2 groups, they are the financial backbone of our club and without them we wouldn't be around. On August 2 we get the chance to thank them formally when we have our annual Sponsors and 500 Club Day. This is a fully catered 2 course lunch with drinks and some special guests attending on the day. We'll do a bunch of \$1,000 cash prize draws & we'll have a special raffle for 500 Club members who attend on the day. If you are a 500 Club member and you are coming make sure you get in touch to confirm.

### 1995 Premiership Reunion:

On the same day we'll recognise the team that took out the 1995 Premiership as they celebrate the 30 years since that historic day when they took out the flag for the first time in 29 years. There were some amazing names in that team so it will be great to see as many of them as possible. The day coincides with our match against Woodend, the same team they beat. If you are planning to come please let the club or Danny O'Meara know so we can make arrangements. We can't wait to see you all.

### Reverse Raffle – Sunday August 17:

Normally we hold this after the last home game as a bit of a break up day. This year however the women's footy Grand Final falls on that night so, with Lancefield in contention, we've moved it to the following day to give everyone the chance to get to the Grand Final if we make it. We'll hold it now on the Sunday afternoon so no need for a late night. There's nothing like a chilled out Sunday arvo session so you can hop into a catered lunch, included beer, wine & soft drinks for 3 hours, entertainment and the chance to win \$5,000 all for just \$65 per head. Tickets available from the bar at our next 2 home games or from players.

### Presentation Night – Saturday September 6:

Again something different this year. We're bringing it in-house so everyone doesn't have the problem of driving home. This year we'll tizz up the hall and hold it in the Mechanics Institute. Expect a night of glitz and glamour, good entertainment, food and drink. Tickets will however be strictly limited so when they come on sale be quick! Keep an eye on the socials for more details over the coming weeks.

# COME PLAY AT 'THE MEADOWS' THIS SEASON

– THE RDFNLs HOME TRACK –

**The Melbourne Greyhound Racing Association and our venue 'The Meadows' are a long-time sponsor of the RDFNL. It's a partnership we're very proud of and continues in 2025.**

We invite all RDFNL Clubs to take advantage of our hospitality by hosting a function or event at our state-of-the-art **Conference and Events Centre** this season. You're also welcome to join us on a race night for a unique night out. Entry to our track on both Wednesday and Saturday race nights is FREE. On Saturday evenings our **City View Bistro** is open for Race Night Dining. It's elevated dining room location offers stunning Melbourne city skyline and track views and serves inspired bistro classics starting from just \$22, making it the perfect option for a great night out with teammates, friends or the family.

We look forward to seeing many of you at your leagues home race track this season. For bistro bookings and function enquiries please visit [melbournegreyhounds.org.au](http://melbournegreyhounds.org.au) or call us on (03) 9355 5222

MELBOURNE GREYHOUNDS

– THE MEADOWS –

80 Northcorp Blvd, Broadmeadows VIC 3047



# MACEDON *Club Notes*



## MACEDON FNC MAJOR RAFFLE

Dreaming of your next adventure? The Macedon Cats Football & Netball Club is giving you the chance to WIN BIG in our annual raffle! Every ticket sold helps support the Macedon Cats Football & Netball Club, funding player development, equipment, and community initiatives. It's your chance to win and give back at the same time!



### MAJOR RAFFLE 2025

SUPPORT OUR CLUB AND YOU COULD

## WIN UP TO \$15 000 OF TRAVEL VOUCHERS!

Enter and you could WIN 1 of 3 amazing travel experiences!  
Get your raffle tickets today!

ENTER NOW



# WIN WIN WIN

Scan the QR code or visit :

<https://macedoncats.com.au/major-raffle-2025/>

Raffle Permit No: 10019/25



# MELTON BLOODS

*Club Notes*





# MELTON CENTRALS

*Club Notes*





# MELTON SOUTH

*Club Notes*





# Event STAGE HIRE



As seen at all RDFNL  
Grand Finals in 2024!



[Click Here](#)



# MOUNT ALEXANDER

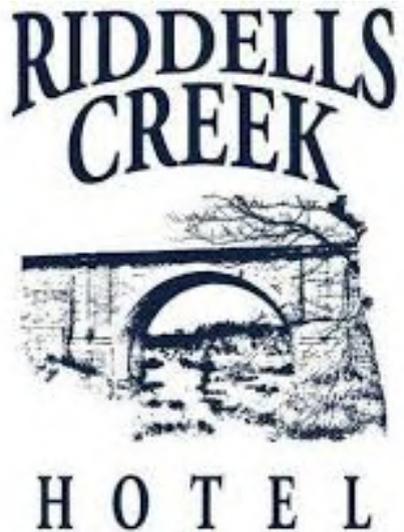
## *Club Notes*





# RIDDELL

*Club Notes*





# ROMSEY

*Club Notes*



EST. 1927



**Proud supporters of the Romsey FNC in Season 2025**



# WALLAN *Club Notes*

This week we welcome the Macedon FNC to Greenhill Reserve as part of Road Safety Road round where we will 'Band Together'

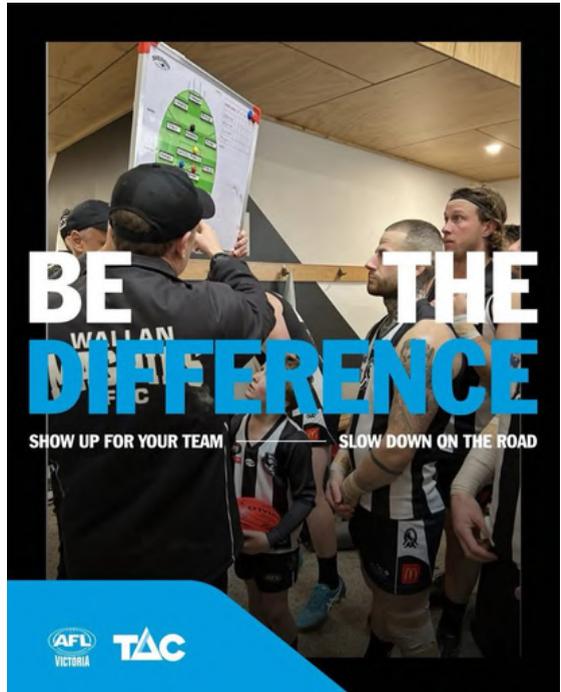
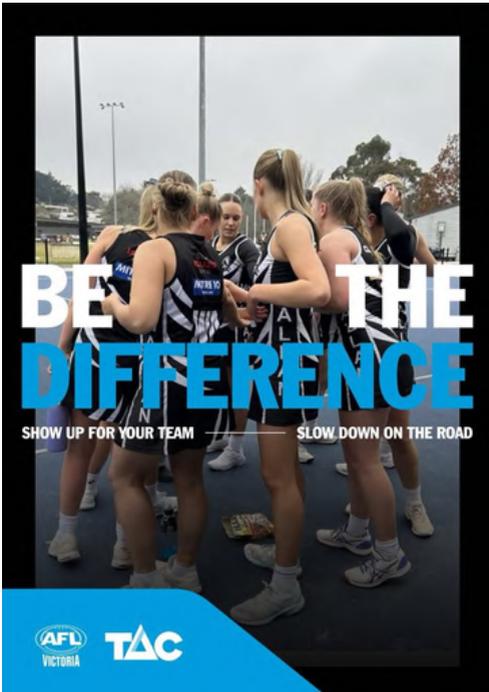
Be the difference! Show up for your team, slow down on the roads. ❤️👊❤️

#tacbethedifference

#tacbandogether

#wallanfootballnetballclub

#riddelldistrictfootballnetballleague





# WOODEND - HESKET

## Club Notes



SAVE THESE DATES – BIG TIMES AHEAD

Mark your calendars – there's plenty happening off the court/field too!

🗓️ 2 August – Social Event

Backed by the amazing Duelling Pianos – Brendan Lotkin & Tim Mitchell bring the party with their high-energy show! [Sneak peek here](#). Silent Auction, food and drinks galore! What is duelling pianos you ask? It's not a concert. It's not a comedy show. It's not karaoke. It's ALL of that – and then some. A Duelling Pianos show is a high-energy, interactive, piano-powered party where two top-notch performers go head-to-head (and hand-in-hand) playing your favourite hits with a side of banter, cheekiness, and big pub singalong vibes.

- Sat 2 August

- Gilbert Gordon

- 6:30pm - 11:30pm

- FREE Event

🍷 9 August – Players Function

Always a fun night. Details to come – don't miss it!

🏆 20 September – Presentation Night

A night to celebrate our season, our people, and our incredible Hawks community.

TAC – BE THE DIFFERENCE COMMUNITY EVENT

Tonight, Thursday, 24 July, join us for a powerful and important evening at the Nest.

🕒 Clubrooms open 6pm

🍴 Dinner from 6.30pm

🎤 Guest speaker Ronan Hume at 8pm

The Hume family will share their lived experience with road trauma and remind us why safe driving matters – for our mates, our families, and our future. Recommended for ages 15+.

Don't forget to write your message on the Pledge Wall – let's fill it with commitment to safer choices.

This night may be confronting for some – please look out for each other.

If you or someone you know needs support:

☎️ Lifeline – 13 11 14

☎️ Kids Helpline – 1800 55 1800

☎️ Beyond Blue – 1300 22 4636

Let's show up. Let's listen. Let's be the difference.

If you're having dinner and haven't booked yet shoot us a message at [president@woodendhesketfnc.org](mailto:president@woodendhesketfnc.org)

# ***GISBORNE DRIVING SCHOOL***



Are you looking for some lessons  
before getting your license?  
Contact Brian - 0409 636 821



## RDFNL TRIBUNAL RESULTS

Caitlin Broadfoot - Riddell FNC - Striking - Five weeks

Brydie Lawford - Mount Alexander - Engaging in a melee - One week



# TEAM STAFFING

*We are always looking for new staff to work in our football gate  
and bar and catering teams across the State.*

If you've got a customer service focus and an ability to work well with a team, please feel free to email us your resume and we will be in touch before we start our next round of recruitment.

We service Horse Racing Clubs throughout Country Victoria with the provision of a variety of casual bar, catering and general raceday staff roles and also service over 20 Football Leagues over the State with the provision of gate staff for finals.

CONTACT Brendan E: [info@teamstaffing.com.au](mailto:info@teamstaffing.com.au) or P: 0407 352 399

# RDFNL RESULTS

Saturday, 05 April 2025

 Melton South Seniors  Diggers Rest Seniors Diggers Rest Seniors won by 62 points	<b>49</b> 7.7 FINAL <b>111</b> 17.9	02:15 PM, Sat, 05 Apr 25 Melton Recreation Reserve / Melton Recreation Reserve 1
 Gisborne Giants Seniors  Kyneton Seniors Kyneton Seniors won by 110 points	<b>31</b> 4.7 FINAL <b>141</b> 21.15	02:15 PM, Sat, 05 Apr 25 Macedon Ranges Sports Precinct / Macedon Ranges Sports Precinct Oval 1
 Lancefield Seniors  Romsey Seniors Romsey Seniors won by 68 points	<b>45</b> 7.3 FINAL <b>113</b> 17.11	02:15 PM, Sat, 05 Apr 25 Lancefield Park / Lancefield Park 1
 Riddell Seniors  Macedon Seniors Riddell Seniors won by 36 points	<b>101</b> 15.11 FINAL <b>65</b> 10.5	PUKA UP CUP 02:15 PM, Sat, 05 Apr 25 Riddells Creek Recreation Reserve / Riddells Creek Recreation Reserve 1
 Woodend-Hesket Seniors  Melton Centrals Seniors Melton Centrals Seniors won by 16 points	<b>34</b> 5.4 FINAL <b>50</b> 7.8	NIGHT GAME 06:00 PM, Sat, 05 Apr 25 Gilbert Gordon Reserve / Gilbert Gordon Reserve 1

**Click Here for ladders. match details, best players and goal kickers.**



# DIGGERS REST

## Team List

### SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Branden Lester (S)	35	Jordy Brown (R)	15	Jalen Fasham
1	Dylan Hannan (R)	36	Justin Tenaglia (S)	17	Kye Sheedy
2	Austin Cicero (S)	37	Nick Reaburn (R)	20	Seth Cornish
2	Joey Piccolo (R)	38	Jarrold Rowan (R)	60	Jack Azzopardi
3	Ryan Mullen (S)	39	Glen Stewart (R)	63	Riley Iatrou
4	Jesse Varsamaklis (S)	41	Tye Browning (S)	66	Jaxon Delaney
5	Jaidyn Caruana (S)	43	Nathan Pinder (R)	67	Logan Carroll
5	Ben Hannan (R)	44	Dylan Prozzo (R)	73	Jack Klooster
6	Nathan Aidonis (S)	45	Corey Goforth (R)		Kai Anderson
7	Campbell Wearne (S)	46	Cam Collett (R)		Ryan Lewis
7	Jeff Heritage (R)	48	Sam Kenndy-Lampough		Jeremy Martin
8	Mark Anderson (S)	49	Jake Howells (R)		Lucas Neil
8	Mark Freeth (R)	50	Jai White (S)		Ryan Pierce
9	Jamie Anderson (S)	51	Scott Lobb (R)		William Rousch
10	Mitchell Day (S)	52	Ben Tocci (R)		Ethan Sultana
11	Shaun Campbell (S)	53	Daniel Rodger (R)		Ryley White
12	Marcus Calvaresi (S)	60	Kyeden Taylor (R)		David Wilson
13	Robbie Mullen (S)	64	Jacob Steele (R)		
14	James Waters (S)	66	Corey Goforth (R)		
15	Jordan Theodore (S)	69	Mate Mandic (R)		
16	Mitchell Brockwell (S)	77	Mitchell Sheilds (R)		
17	Daniel Paulete (S)	88	Lucas Olivieri (R)		
18	Jake Brown (R)	99	Aidyn Antczak (R)		
19	Lochlan Jones (S)		Luke Baron (S)		
20	Sam Morganti (R)		Brayden Cicero (R)		
24	Hayden Davis (S)		Steven Fogarty (R)		
25	Josh Wallace (S)		James Sheahan (R)		
26	Brodie Meyers (S)		Patrick Strahan (R)		
26	Camdyn White (R)		Chris lawton (S)		
30	Jack Wilson (R)		Aiden Scott (R)		
32	Brandon Sarich (S)		David Tyquin (R)		
33	Lachlan Meyers (R)		Liam Watson (R)		
34	Harry Wilson (S)				
Coach	Shaun Campbell (Seniors)	Coach	Jeff Herritage (Reserves)	Coach	Corey Goforth

### SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Isobel Robertson	GS	Leah Cannon (C)	GS	Amelia Sacco (C)	GS	Ava Giddens	GS	Rebecca Wallace (C)
GA	Leona Hristovska (C)	GA	Alana Ellis	GA	Keira Wilson	GA	Caitlin Leader	GA	Harper Steele
WA	Brigette Linares	WA	Hayley Routley	WA	Harper Steele	WA	Amy McConnell	WA	Peta Kendall
C	Lexie Lieschke	C	Tayla Morley	C	Catherine Tabone (C)	C	Frankie Dune	C	Trinity Watts
WD	Hanna Levin	WD	Scarlett Ellis	WD	Skye Peake	WD	Rebecca Atherton	WD	Maddie Palmer
GD	Anica Wilson	GD	Kara Zwartseven	GD	Erin Kelly	GD	Teegan Swinden	GD	Shylah Flemming
GK	Alice Sacco	GK	Lauren Toy	GK	Olivia Kimball	GK	Georgia Vicendese (C)	GK	Grace Miglans
Sub	Kara Zwartseven	Sub	Tabitha Ellis	Sub	Alyssa Denman	Sub	Amy Vandernham	Sub	Taryn Cairnes
Sub	Olivia Marris	Sub	Skye Peake	Sub	Shylah Flemming	Sub	Breanna Liddicoat		
Sub	Stacey Gannon	Sub	Catherine Tabone	Sub	Chloe Johnson	Sub	Claire Forbes		
				Sub	Grace Miglans				
				Sub	Trinity Watts				
Coach	Anica Wilson	Coach	Anica Wilson	Coach	Peta Kendall	Coach	TBC	Coach	Peta Kendall
Coach	Rachel Reeves	Coach	Rachel Reeves						



# GISBORNE GIANTS

## Team List



### SENIOR FOOTBALL

SENIOR/RESERVES		SENIOR/RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Angus McSwiggan	28	Daniel Nutt	1	Lachlan McNair
2	Cooper Moore	29	Jordan Arthurson	2	Lucas Mousley
3	Dylan Cunningham	30	Aiden McCarthy	3	Zach McKenzie
4	Matthew Quigley	31	Declan Woods	4	Nick Lacey
5	James O'Connor	32	Rory Barker	5	James McKerral
6	James Hall	33	Will Gray	6	Caden Simpson
7	Aaron Campbell	34	Will Kennedy	7	Jonah Camilleri
8	Ethan Wellby	35	Tom Doyle	8	Ben Dellar
9	Sam Van Taarling	36	Mal Walsh	9	Harrison Anderson
10	Matt Wallace	37	Lachie Phillips	10	Ethan Cruickshank
11	Zac Ploog	38	Ryan Bant	11	Cooper Kristitz
12	Nathan Congram	40	Jakob Feist	12	Xavier Holt
13	Jiaya Mitchell	42	Darcy Martland	14	Will Watson
14	Cameron Freae	43	Jack Bourne	15	Xavier Watson
15	Jack Clough	45	Brad Mangan	17	Hunter Wellington
16	Oscar Schnoor	49	Chris Maiuolo	18	Bailey Mooney
17	Jarrold Rose	50	Austin Burnell	20	Owen Maitland
18	Archie Forrester	51	Jesse Evans	21	Lachlan Judd
19	James Hester	54	Will Thomas	22	Lachlan Hall
20	Seth Warren	59	Ryan Baines	24	Logan Chandler
21	Josh Lee	60	Tom Heagney	26	Noah Gauci
22	Tom Rochester	63	Rowan Jolly	28	Olu Olalekan
23	John Claassen	64	Matt Bruce	29	Brandon Bish
24	Hayden Da Cruz	65	Max Dalton	30	Tyson Lamb
25	Blake Tirchett	66	Brodie Andrews	31	Will Grech
26	Sam Scarlett	67	Aidan Kerry	35	Lachlan Dixon
27	Wil Jackson			39	Jack Magris
<b>Coach</b>	Andrew Hall (Seniors)	<b>Coach</b>	Tom Heagney (Reserves)	<b>Coach</b>	Jarrold Dixon

### SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Olivia Craske	GS	Holly Mason	GS	Niamh Rosendale	GS	Rebecca Newberry	GS	Colleen Siphthorp
GA	Emma Winfield	GA	Chloe McKenna	GA	Stella McDonald	GA	Simone Trevillian	GA	Charlie Gauci
WA	Jade Fisher	WA	Ruby Taylor	WA	Mia Mason	WA	Genaya Bourke	WA	Sophie Maxwell
C	Maddy Rustem	C	Mackenzie West	C	Zoe Kucic	C	Tayla Behan	C	Jorja Kristitz
WD	Bronte West	WD	Dacey Cole	WD	Carys Hancock	WD	Charlotte Dempsey	WD	Emma Rogers
GD	Emma Vitalone	GD	Isabelle Clarke	GD	Isabelle Clarke	GD	Stacey Griffin	GD	Kate Scerri
GK	Jacqui Mitrevski	GK	Pippa Rodda	GK	Zoe Thornton	GK	Madeline Quigley	GK	Kitty McKenna
Sub	Morgan Bleszcz	Sub	Daphne Piper	Sub	Jess Kucic	Sub	Charlotte Taylor	Sub	Keira Simpson
Sub	Niamh Rosendale	Sub	Sammy Jeffrey	Sub	Mackenzie West	Sub	Bridie MacPherson	Sub	Eloise Maxwell
Sub	Zoe Kucic	Sub	Charlotte Davies	Sub	Olivia Craske	Sub		Sub	
Sub		Sub		Sub		Sub		Sub	
Sub		Coach	Jade Fisher	Coach	AJ Craske	Coach	Genaya Bourke	Coach	Karina Locke
Coach	AJ Craske	Coach	AJ Craske	Coach	Eliza McDonald	Coach	Karina Locke	Coach	Brad Gauci

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# KYNETON Team List



## SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Ryan Pretty	30	Nathan Fisher	1	Lachlan Sheahan
2	Ryan Jerara	31	Sam Pyers	2	William Armstrong
3	Ethan Foreman	32	Mak Ganim	3	Brady Muir
4	Angus Nolte	33	Josh Willmott	4	Fletcher Lewis
5	Caleb Fisher	34	Bailey Ryan	5	Will Martin-Alcaide
6	Haydn Smith	35	Matthew Hanna	6	Lachie Thompson
7	Danny Grmusa	36	Jared Sonneman	7	Sam Pyers
8	Isaac Barassi	37	Tim Ciardullo	8	Dempsey Roberts
9	Jimmy O'Sullivan	38	Max McLeish	10	Matthew Black
10	Jake Safstrom	39	Nick Tunzi	11	Nick Clapham
11	Kristian Adorno	40	Jesse Smith	12	Xavier Felice
12	Dan Davie	41	Archie Neylon	13	Bailey Ryan
13	Dylan Holden	42	Ryan Dubens	15	Alex Thomson
14	Ethan Turner	43	Mitchell Wearne	16	Jacob Grinter
15	Ben Cass	44	Nash Webster	17	Angus Mills
16	Jack Hamilton	45	Brandan Sliwczynski	18	Dan Goddard
17	Harry Huntley	46	Oliver Plunkett	20	Matthew Wall
18	Lachie Thompson	47	Lachie Crean	21	Ben Thompson
19	Francis Randall	48	Jacob Street-Glasson	22	Hagan Freeman
20	James Gaff	49	Zac Ryan	23	Gab Yow Yeh
21	Frankie Ellis	50	Cormac Sutton	24	Murphy James
22	Cody Young	52	Josh Johnston	25	Josh Gray
23	Louis Thompson	53	Hayden Ingleton	26	Frankie Ellis
24	Will Martin-Alcaide	54	Lachlan Randle-Hewitt	27	Jackson Siphorth
25	Calan Bowman	55	Bradley Dobell	28	Jhye Welfare
26	Evan Davie	58	Rory Healy	29	Conno Munro
27	Dom Bennington	60	Alex Saliba	30	Oscar Traits
28	Charlie Thompson	63	Harrison Lidgerwood		
29	Jacob Plowman	64	Jacob Grinter		
Coach	Ethan Foreman (Seniors)	Coach	Ryan Pretty (Reserves)	Coach	Brad Ryan

## SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Matilda Candy	GS	Brittany Nitschke	GS	Abbey Thomson	GS	Ashleigh O'Gara	GS	Hayley Redpath
GA	Michelle Fletcher	GA	Baylee Eve	GA	Emily Cumming	GA	Alison Cumming	GA	Nikki Young
WA	Lauren Anglin	WA	Charlotte Zan	WA	Lucy Foster	WA	Tahlia Tobin	WA	Kristy Torney
C	Maddison Kirk	C	Katelin Grant	C	Charlotte Sevier	C	Poppy Mills	C	Hayley Brentnall
WD	Lauren Girvan	WD	Kelsey McColl	WD	Grace Tremayne	WD	Darby Kelly	WD	Emily Dellios
GD	Laura Bennie	GD	Hayley Bourke	GD	Amelia Gunther	GD	Madelyn Keeping	GD	Karly Shae
GK	Tilly Shepherd	GK	Miriam McIntyre	GK	Charlotte Jones	GK	Rachelle Wagner	GK	Katie Fish
Sub	Nexandra Strawhorn	Sub	Jessica Bourke	Sub	Mara Bone	Sub	Ally Gibbs	Sub	Shae Mills
Sub	Kristy Viète	Sub	Hannah Steel	Sub	Jennifer Girvan	Sub	Danielle Bourke	Sub	Angelica Fox
Sub		Sub		Sub	Ashleigh O'Gara	Sub	Hannah Williams	Sub	Hannah Collinson
Sub		Sub						Sub	Lexie Clark
Sub		Sub						Sub	Kyla Sutton
Coach	David O'Hare	Coach	David O'Hare	Coach	Laura Bennie	Coach	Loryn Savoia	Coach	Alisha Turner



# LANCEFIELD

## Team List



### SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Rueben Schembri	28	Brayden Stewart	1	Zane Steel
2	Ned O'Connell	29	Corey Reid	2	Jerome Ristevski
3	Mathew Bowden	30	Jack Foster	3	Harry Behan
4	Max Taylor	31	Zachary O'Hallaran	4	Flynn O'Meara
5	Noah Smallacombe	32	Rhys Barber	5	Cameron Logie
6	William Wright	33	Jack Woodburn	6	Walter Choate
7	Jack Dalgleish	34	Ben Bryant	7	Noah Weber
8	Riley O'Meara	35	Jack Thomson	8	Ben Sankey
9	Harry Behan	36	Alex Shepherdley	10	James Ryan
10	Andrew Richardt	41	Anthony Pacers	11	Jack Brooks
11	Callan Randall	44	Darren Robinson	12	Hamish Mullavey-Clark
12	Leroy Ristevski	45	Ethan Elkin	13	Tyreese Sefer-Govender
13	Tom Jackson	46	William Smith	14	Huon Wells
14	Jake O'Meara	47	Rhys Carmen	15	Tristan Cavello
15	Mathew Higgins	49	Jackson Cornish	17	Kyle Lech
17	Ashley-James Graham	51	Matt Dunbar	18	Scott Jowett
18	Liam Briant	53	Matt Sankey	19	Sam Benfold
19	James Falcone	57	Tynan Howard	20	Toby Cacia
20	Ollie Bryant	62	Aaron Andrews	21	Doc Nichols
21	Isaac Smithwick	63	Will O'Connell	25	Thomas Ogden
23	Elliot Cotes-Cowley	64	Tom Sayers	28	Mitchell Crosland
25	John Morgan	71	Tom Filipovic		
26	Adam Miles	72	Jerome Ristevski		
27	Daniel Reynolds	73	Kieran Cooke		

Coach Ryan O'Meara      Coach Callan Randall (Reserves)      Coach Jason Tully

### SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Tarnee Hammond	GS	Renee Sari	GS	Piper O'Meara	GS	Ellie Torney	GS	Khaliyah Meader
GA	Shanae Brundell	GA	Ciara Stewart	GA	Emmy O'Meara	GA	Elke Henson	GA	Kohibi Ellard
WA	Mia Daly	WA	Alyssah Chibnall	WA	Ruby O'Meara	WA	Kate Jackson	WA	Anita McMaster
C	Karlee Bruno	C	Meg Delgleish	C	Eliza Janky	C	Mollie Choate	C	Paula Broadstock
WD	Ella Stoward	WD	Jacqueline Warriner	WD	Lily Borg	WD	Ellie Kays	WD	Sherree Hermans
GD	Shaid Sasalu	GD	Stephanie Hammond	GD	Keira Mathlin	GD	Hayley Milner	GD	Alesha Laurie
GK	Bella Collodetti	GK	Trinity Drain	GK	Grace O'Meara	GK	Sharna Smith	GK	Baylee Beltrame
Sub	Darcee Ellard	Sub	Megan Berger	Sub	Ella Mathlin	Sub	Kirriyl Lumsden	Sub	Sarah Galea
Sub	Tyla Evans	Sub	Amber Winks	Sub	Sarah Huggins	Sub	Jaymee Egan-Ford	Sub	Kerry Hammond
Sub	Chloe Hodgson			Sub	Amy O'Meara				

Coach Ciara Stewart      Coach Ciara Stewart      Coach Kim Berger      Coach Emma Stone      Coach Alyssah Chibnall  
 Coach Kerry Hammond      Coach Kerry Hammond      Coach Megan Berger

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# MACEDON Team List



## SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	James Wright	29	Zach Baggs	1	Oliver Coppin
2	Jarrold Bullus	30	Brad Cooke	2	Jackson Alabaster
3	Josh Blake	31	Jacob Gough	3	Finn Marsden
4	Jayden Cott	32	Leo Webb	4	Finn Burnell
5	Hamish Govan	33	Jack Lord	5	James Kinkead
6	Tom Hildebrand	34	Nathan Hynes	6	Baylee King
7	Zachary Smedley	35	Fintan Burnell	8	Brodie Clarke
8	Xavier Morgan	36	Aden Muir	9	Issac Farrelly
9	Jason Cooke	37	Fintan Light	11	Kohen McLaughlin
10	Sam Indian	38	Alec McGregor	12	Lachie Turner
11	Nathan Bridgland	39	Charlie Ozanne	13	Fletcher Coppin
12	Thomas Indian	40	Cameron Toll	14	Jacob Lilley
13	Toby Sims	41	CJ Brill	15	Riley Nolan
14	Brodie Hoyne	42	Ben Blake	16	Kobi Donaldson
15	Matthew Dick	43	Riley Nolan	17	Callum Power
16	Jonathon Bissell	44	Lachie Turner	18	Joshua Nolan
17	Joseph Barham	45	Angus Lynch	19	Marcus Trakosas
18	Michael Rutledge	46	Mitch Blake	20	Loius Krstev
19	Dylan McDonald	47	Caine Brill	23	Flyn Awty
20	Chad Walker	48	Brodie Clarke	25	Jack Watson
21	Thomas Rutledge	49	Daniel Lowe	26	Rhodes Manakis
22	Aaron Morham	50	Nigel Bloomfield	27	Tate Wilson
23	Xavier Thorburn	52	Tristyn Nicholls		
24	Jack Kernan	53	Matthew Faria		
25	Blake Watson	54	Cody Manniche		
26	Charlie Rossetti	55	Jamie Faria		
27	Tate Wilson	59	Zac Leach		
28	Sonny Phelan	61	Ryan Fischer		
Coach	Al Meldrum (Seniors)	Coach	Chris Nemeth (Reserves)	Coach	Tom Hildebrand

## SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Hetty Donoghue	GS	Christie Brinkhuis	GS	Izzy Moyes	GS	Susan Eastman	GS	Sabbie Bryant-Jones
GA	Chloe Eyre	GA	Eliza Petherick	GA	Evie Nolan	GA	Nellie Wilson	GA	Lucy Duoba
WA	Chelsea Kemp	WA	Ashlee Blake	WA	Shiloh Minton	WA	Michelle Rix	WA	Jess Roan
C	Caitlyn Alifracco	C	Abbey Lambert	C	Emily Duoba	C	Tamika Bishop	C	Teesha Sadler
WD	Hayley Birch	WD	Deanna Cooper	WD	Georgia Weier	WD	Janayah Chamra	WD	Tamsin Muller
GD	Janelle Tate	GD	Brooklyn Anderson	GD	Sadie Hall	GD	Lauren Cross	GD	Sarah Titchmarsh
GK	Katie Clarke	GK	Michelle Cliffe	GK	Lucy Duoba	GK	Allira Egan	GK	Jane Coleman
Sub	Molly McGrath	Sub	Grace Boyd	Sub	Zoe Kays	Sub	Izzy Hollaway	Sub	Kaitie Muller
Sub	Taylah Chamra	Sub	Bronte Green	Sub	Mackenzie Shaw	Sub	Eloise Williams	Sub	Clytie Deering
Sub	Alex Cameron	Sub	Bec Ingleton	Sub	Bailey Bliem	Sub		Sub	
Sub		Sub	Emily Duoba	Sub		Sub		Sub	
Coach	Katie Clarke	Sub	Shiloh Minton	Sub		Coach	Michelle Rix	Sub	
Coach	Michelle Rix	Coach	Teghan Butler	Coach	Abbey Lambert	Coach	Steve Lambert	Coach	Tanae Bannan



# MELTON CENTRALS

## Team List



### SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES	
#	Name	#	Name
1	Hisham Kerbatieh	24	Dylan Jobson
2	Evan Donoghue	25	Beau Hilbert
3	James Roberts	26	Luke Castle
4	Anthony Piva	27	Brad Layton
5	Josh Ullrich	28	Adam Tomac
6	John Ferri	29	Tom Taylor
7	Fabvian Brancatisano	30	Lochan McKenzie
8	Jake Armistead	31	Beau Arnautovic
9	Karl Ullrich	33	Joshua Thomas
10	Kahlan Williams	34	Harry McKay
11	Ryan McDonald	35	Kelson Holt
12	Sam Apineru	37	Jack Perks
14	Hayden Sproule	38	Lachie Stewart
15	Jacob Sinclair	39	Harrison Benbow
16	Ajdin Elkasovic	40	Mark Radford
17	Josh Borg	42	Tonga Matapule Otutaha
18	Caleb Higgins	43	Dean Franklin
19	Dylan McDonald	44	Michael Hevey
20	Brody Thrum	45	Jack Simpson
21	Hayden Payne	47	Brandon De Bono
22	Taygen Dennison	50	Phil Hevey
23	Lachlan Donoghue	52	Rabih Rachrache
Coach	Damien Zanic (Seniors)	Coach	Brandon DeBono (Reserves)

### SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Imogen Sexton	GS	Layla Pretorius	GS	Charlotte McVeigh	GS	Alexandra Psomadellis	GS	Jessica Tucker
GA	Jaeda Utoasega	GA	Rebecca Morabito	GA	Chelsea Lewis	GA	Prue Kirby	GA	Sarah Addis
WA	Elisa Butterworth-Gonebaki	WA	Natasha Lacey	WA	Prue Kirby	WA	Ella Botteril	WA	Taegan Moore
C	Kahlan Suafoa Tanoi	C	Maeve Connally	C	Ella Botteril	C	Sarah Rozynski	C	Brittany Nicholson
WD	Hayley Hill	WD	Teshanna Munro	WD	Maeve Connally	WD	Presley Johns	WD	Indiana Hailes
GD	Manon Muir	GD	Mia Williams	GD	Jamie-lee Hussey	GD	Jamie-lee Hussey	GD	Paige Casley
GK	Avana Hobson	GK	Askani Pirihi	GK	Layla Pretorius	GK	Marce Pene	GK	Dot glesson
Sub	Charity Suafoa Tanoi					Sub	Chelsea Lewis	Sub	Jessica Tamati
Sub	Romina Barbuto							Sub	Danielle Smith
Sub	Mariah Vankervoort							Sub	Maddie Lewis
Coach	Remy Pirihi	Coach	Remy Pirihi	Coach	Remy Pirihi	Coach	Randy Pereira	Coach	Randy Pereira

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# MELTON SOUTH Team List

SENIOR FOOTBALL					
SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Cody Chapman	31	Michael Schiccitano	3	Brodie Leitch
2	Lachlan Pritchard	32	Jai Carlin	4	David George
3	Jesse Geddes	33	Sam Darley	5	Jack Siphthorp
4	Daniel Vasjuta	34	Jayden Vincent	6	Sean Banks
5	Matthew Notman	35	Jon Bell	7	Charlie Doran
6	Bryce Kerney	36	Shaun Lord	8	Jackson Quinlan
7	John Kovarik	37	Phil Hoyland	10	Jye Bates
8	Riley Theo	38	Jackson Reale	11	Jakob Lewer
9	Jake Charge	39	Jack Morrissey	12	Ahmed Abdelaziz
10	Will Thornton	40	Jayden Smoors	13	Will Smith
11	Joel Hodgson	41	Loughie Holt	14	Owen Ficheroux
12	Jake Thornton	42	James Dodds	15	Brodie Ryan
13	Mitch Fino	43	Jye Bates	16	Adam Mizzi
14	Brayden Wood	44	Shaun White	17	Declan Keenan
15	Brodie Ryan	45	Marcelo Vescio	18	Caleb Logan
16	Nathan Johns	46	Connor Charge	19	Cooper Cromie
17	Jarrold Bibby	47	Hayden Schultz	20	Ali Yassine
18	Daniel Schwarzenberg	48	Jordan Miller	21	Bailey Borg
19	Nathan Gemmell	49	Leigh Notman	22	Liam Clough
20	Broden Collins	50	Marlion Pickett	24	Dylan Radville
21	Sam Hurst	51	Luke Humphries	25	Connor Ashford
22	Ryan Holzer	52	Callum Mawson	26	Lucas Gilmore
23	Hudson Wilde	53	Cameron Lord	29	Tahj Craggil
24	Alec Goodson	54	Patrick Unsworth	30	Danny Rose
25	Logan Brett	55	Josh Oldfield		
26	Paul Bridges	56	Archer Doyle		
27	Jesse Muse	57	Daniel Hillier		
28	John Armstrong	58	Will Smith		
29	Dylan Millard	59	David George		
30	Caleb Logan	60	Dylan Nicholson		
		65	Mark Howden		
Coach	Travis Hodgson (Seniors)	Coach	Scott Carlon (Reserves)	Coach	Troy Sipworth

SENIOR NETBALL									
A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Tiarnah Lloyd	GS	Maria Tabi	GS	Jada Geddes	GS	Allanah Coward	GS	Anna Edmonds
GA	Florence Coleman	GA	Jorja Grant	GA	Florence Coleman	GA	Johanne Hunt	GA	Ally Morrissey
WA	Casey Smart	WA	Jess Watkins	WA	Charlie Mangan	WA	Chrissy Smeaton	WA	Mikayla Brett
C	Addison West	C	Erin Keenan	C	Tysha Samau	C	Samantha Morrissey	C	Mel Piccone
WD	Stella Coleman	WD	Mishayla Andrews	WD	Jazlynn Narula	WD	Patricia Braithwaite	WD	Caitlin Payne
GD	Klara Boyd	GD	Bonnie Cottam	GD	Stella Coleman	GD	Tiarna Chesser	GD	Sara Tangaroa
GK	Keeley Button	GK	Telia Coverdale	GK	Isabella Baxter	GK	Taliyah Andrews	GK	Taylor Decker
Sub	Sarah Missen	Sub	Erin Carlin	Sub	Amera Praise-Brown	Sub	Ellen Graham	Sub	Melissa Dawson
Sub	Helena Samardzija	Sub	Sandie Tahata	Sub	Meleanne Jackson-Mouga	Sub	Megan Humphries	Sub	Carly Decker
						Sub	Brooke Ihaka	Sub	Stacey Holmquest
						Sub		Sub	Paige Honey
						Coach	Ally Morrissey	Sub	Shontelle Cini
Coach	Anna Edmonds	Coach	Anna Edmonds	Coach	Anna Edmonds	Coach	Erin Carlin	Coach	Florence Coleman



# RIDDELL Team List



## SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Ben Sonogan	23	Lachlan Hay	1	Shaun Briscoe
2	Luke Cannon	24	Nicholas Bovezza	2	Todd Poulton
3	Matt Panuccio	25	Dylan Podalczak	3	Lachlan McCarthy
4	Dylan Tarczon	25	Gavin Cathie (Res)	4	Memohis Faulkner
5	Matt Darby	26	Jack Hammerling	5	Max Murden
6	Josh Grabham (C)	28	Brodie Miller	6	Andreas Bouk
6	Caine Scholfied (Res)	29	Sean Duggan	7	Logan Murray
7	Oscar Beasanko	30	Jordan Williamson	8	Josh Power
8	Tommy Alkemade	31	Jackson Taylor	9	Matt Vosper
9	Dean Galea	32	Rhys Hannan	10	Kristian Savage
10	Brent Swallow	34	Mark Cadman	11	Tobie Smith
11	Kamen Olgilvy	35	Tim Rowsell	12	Jack Ali
11	Todd Podalczak (Res)	35	Luke Lever (Res)	13	Jack Butler
12	Jackson Wadden	36	Bailey Goodman	14	Mick Gray
13	Callum Williamson	37	Trav Martin	15	Oli Baird
13	Ryan Cleaver (Res)	38	Ben Donelly	18	Luke Cardillo
14	Lachlan Tarczon	39	Ben Zarb	19	Jack McGovern
15	Ben Borg	41	Nathan Mills	20	cooper Lofts
16	Jacob Chahine	43	Kane Frew	22	Harry Johnson
17	Connor Flynn	44	Jarrod Apps	24	Ben Taylor
18	Josh Lanyon	45	Guy Cilauro	25	Jacob Tinwoth
19	Hayden Ross	46	Bradley Shepherd	26	Lincoln Brauman
19	Nic May (res)	47	Dillon Gillard	27	Jahn Wallace
20	Bryce Williamson	48	Brandon Willingham	29	Tom Greenwood
20	Bailey Daniel (Res)	49	Josh Gray	30	Jordan Brewer
21	Harry Sloss	50	James Scully	33	Brodie Thompson
21	Jarrod McKee (Res)	51	Zac Chahine	36	Chance Charles
22	Jordan Reardon	52	Jack Williams	37	Kalan Gauci
22	Jayden Ryan-May (Res)				
Coach	Arron Bray (Seniors)	Coach	Nic May (Reserves)	Coach	Paul Murden
		Coach	Sean Duggan (Reserves)		

## SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Bec Colwell	GS	Shelby Holter	GS	Tilly Allen	GS	Lex DeRuiter	GS	Simone De Haas
GA	Ellen Close ☉	GA	Keely Holter	GA	Hayley Brown ☉	GA	Tameika Ploog	GA	Naomi Klaassen
WA	Sahara Ball	WA	Hayley Brown	WA	Macey Besanko	WA	Keely WK	WA	Nicole Steward
C	Mady Brown	C	Lindsay Ward ☉	C	Holly Poyser	C	Alex Matthews	C	Christina Ianno
WD	Lara Turner	WD	Meikah Johns	WD	Lily Wadden	WD	Caitlin Cambell	WD	Jess Ponton ☉
GD	Brianna De Haas	GD	Laura Gallus	GD	Lila Lowther	GD	Caitlin Mitchell	GD	Taylor Brogan
GK	Xara Burge	GK	Holly Poyser	GK	Charlotte Masoudi	GK	Briannah Thompson	GK	Eliza Lee
Sub	Lauren Nolan	Sub	Karli McIntosh	Sub	Sara Mazzaralla	Sub	Emma Croft ☉	Sub	Mackenzie Brown
Sub	Finn McKeoghney Stubbs	Sub	Sienna Phelan-Smith	Sub	Indi Byrne	Sub	Bridget OSullivan		
Sub	Georgia Shattock			Sub	Ava McGrath				
Coach	Emily Ktona	Coach	Chris OSullivan	Coach	Naomi Klaason	Coach	Emma Barbour	Coach	Naomi Klaason
		Coach	Jo Poyser			Coach	Ruby Taranto		

**WE'RE PROUD TO  
SUPPORT HEALTHY  
FOOD AND DRINK  
OPTIONS FOR KIDS**



Join the  
movement



It's lunch time and our partners Macedon Ranges Health have a program they want to share with us all. Vic Kids Eat Well is an exciting new state-wide movement to boost healthy eating in Victoria so kids can thrive. It's working with schools, sports clubs and other community organisations to:

-  Refresh the fridge
-  Switch up the snacks
-  Change up the menu
-  Put the 'fun' into fundraising and marketing

### **What snacks are you eating today?**

Learn how you can join the movement here:

[www.vickidseatwell.health.vic.gov.au](http://www.vickidseatwell.health.vic.gov.au)

[#VicKidsEatWell](https://twitter.com/VicKidsEatWell)



# ROMSEY Team List

## SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	NATHAN BLAIR	18	BENJAMIN NOTMAN	1	JED PERTZEL
1	BAILEY CECATI	18	CHARLIE JEDWAB	2	KLEM EVANS
2	TAYLOR BOORMAN	19	JULIAN BRENNAN	3	BRODIE LOCKENS
2	ETHAN BEER	19	MATTHEW BURKETT	4	CHARLIE BEER
3	AARON FLAVEL	20	AYDEN TESSARI	5	COOPER O'BRIEN
3	DARCY LOCKENS	21	CONNOR LEVER	6	TOM SHARP
4	MACCA FORBES	21	NATHAN TESSARI	7	MATTHEW MILBURN
4	CORY PERTZEL	22	LACHLAN SKINNER	8	HARRY BRYANT
5	SAM WILSON	22	DARCY PEAVEY	9	JOSH DIXON
5	DANNY HARRISON	23	CALLUM LEVER	10	NATHAN DE CAROLIS
6	MATTHEW RICHARDSON	23	NATHAN STEPHENS (C)	11	NOAH WALKER
6	ASH MILLANE	24	MATTHEW HOY	12	BILLY STEWART
7	STEPHEN BURLAK	25	JOE STAPLETON	13	NICK JOHNSTON
7	JACK JEDWAB ©	26	AARON PATERSON	14	COOPER MUIR
8	ALEX LOTT	27	MITCHELL REES	15	RYDER BODENKO
8	CONNOR BILLS	28	SEAMUS MENNER	16	DANIEL TUCKER
9	BRAYDEN SMILEY	29	HAMISH GALEA	17	DYLAN KENYON
9	CHRIS PETRO	30	HARRISON NOTMAN	19	JACK EDDY
10	AUSTIN TENNANT	33	JAKE BRAY	20	JASPER SCHNOOR
10	WILLIAM DiPIETRO	36	NATHAN RAYMENT	21	NED BUDDLE
11	MITCHELL ADAMSON	36	SAM STEPHENS	22	JETT LIDDICOAT
12	PHILLIP ROMERIL	37	TRAVIS THOROGOOD	23	LIAM SEAGRAVES
12	JUSTIN WALDRON	41	JUDD RADEMAKER	24	JAMES WILLIAMS
13	LIAM MUIR	43	NED EVANS	25	PATRICK KEOGH
14	MARCUS TUCKER	44	EAMON WHELAN	26	OCCY CUTHBURT
14	KANE BRINKHUIS	48	ASH McNAUGHTON	41	JUDD RADEMAKER
15	LUKE NEWNHAM	50	MICHAEL CARROLL	43	HARRISON CRIBBES
15	ANGUS STOREY	55	JASON COATES		
16	JACK THORSEN	57	AARON CHINN		
16	CALLUM SANKEY	64	SHAUN GRAY		
17	JACOB MARTIN	66	CHARLIE JEDWAB		
17	JAX KINNEAR	77	KYLE BRENNAN		
16	Nathan Blair (Seniors)	Coach	Hamish Jedwab (Reserves)	43	Michael Richardson

## SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Charlie Bellette	GS	Elizabeth Crump	GS	Scheldon Forbes	GS	Rachael Scholfield	GS	Scarlett Stephens
GA	Emma Grech	GA	Klara Taylor	GA	Elizabeth Crump	GA	Isobella Collins	GA	Megan Smith
WA	Cayley Blair	WA	Danni Davidson	WA	Maisie Wilson	WA	Maddison Randle	WA	Kammernyn Forbes
C	Amelia Cini	C	Natalie Kearney	C	Josie Lepore	C	Emily Muir	C	Lauryl Harper
WD	Brooklyn Leahy	WD	Emily Newnham	WD	Emily Beveridge	WD	Tahlia Binney	WD	Isobella Stephens
GD	Josie Lepore	GD	Ava Binney	GD	Charli Taylor	GD	Amy Miles	GD	Danielle Battersby
GK	Laura Neo	GK	Kayley Coulsell	GK	Ave Binney	GK	Koby Rademaker	GK	Edie Langman
Sub	Maddison Thompson	Sub	Phoebe Mottram	Sub	Taylah Evans	Sub	Kirsten McKinney	Sub	Millie Coughlin
		Sub	Charli Taylor	Sub	Ella Woods	Sub	Brie Phillips	Sub	Taylah Evans
		Sub		Sub	Millie Coughlan	Sub		Sub	Scheldon Forbes
								Sub	Jessica Lockens
Coach	Justin Philby	Coach	Justin Philby	Coach	Leigh Miles	Coach	Cayley Blair	Coach	Tracey Newnham



# WALLAN Team List

## SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Matthew Perri	22	Shaun Stewart	1	Cooper Ramsay
1	Luke Young	22	Marcus Datson (R)	2	Shane Lawrence
2	Harley Short	23	Bailey Fowler	3	Blake Patterson
2	Blair Dewar	24	Kaiden Broomfield	4	Logan Kemp
3	Jordan Port	25	Michael Mannix	5	Jaiden Studd
3	Matt O'Connor	20	Jake Neilson	6	Liam O'Connell
4	Connor Voss	26	Jesse Nelson	7	Matthew Carroll
4	Josh Vilinskis	27	Matt Bell	8	Zac Bell
5	Victor Micaffe	27	Mitchell Toes	9	Wil Rice
5	Daniel Perkins	28	Stevie Bell	10	Jordan Stewart
6	Corey Viani (S)	28	Max Russell	11	Oliver De Jong
6	Jett Kennedy	29	Mitchell Kermath	12	Joel Yendall
7	Graeme Torney	29	Kale Frost	13	Ryley Callaghan
7	Alex Crawford	30	John Bellino	14	Cameron Thomson
8	Tom Knight	31	Josh Ruth	15	Dylan Coldrey
9	Sean Morris	32	Matthew Traynor	16	Cody Tucker
10	Jake Layley	33	Cameron Cloke	17	Archie Moore
11	Damian Korp	34	Angelos Sidhom	19	Michael Keratianos
11	Jeremy Hayes	35	Rhys Frost	20	Jack De Jong
12	Chris Stewart	36	Shaun Harrison	21	Casey Simpson
12	Kobey Christall	37	Angus Love	22	Liam Ottema
13	Marcus Datson	38	Mitchell Van De Dium	24	Thomas Mathieson
13	Riley Voss	39	Jayden Wright	27	Kade Bell
14	Jake Carlisle	39	Grant Williams	28	Cooper Sirianni
14	James Hawkins	41	Regan Somers	33	Kade Jensen
15	Patrick Mahoney	43	Brok Wightman	59	Omar Khoder
15	Jack Charlton	44	Jaime Rogasch	78	Randall Whittingham
16	Brodie Gilchrist	45	Luke Chapman		
16	Casey Nelson	48	Jordan Roberts		
17	Blaide Dickson	50	Spencer Whittingham		
17	Nash King (S)	58	Ayden Easdale		
18	Lachlan Inness	63	Josh Anderson		
19	Brayden Byrne (S)	67	Alex Tomsky		
19	Cohen Slade (R)	74	Riley Evans		
		88	Steve Boyall		
Coach	Daniel Nolan (Seniors)	Coach	Matt Bell (Reserves)	Coach	Tim Yendall

## SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Maeve Donegan	GS	Sam Nunan	GS	Ebony Leech	GS	Cassandra Leech	GS	Kyrstyn Newton-Slee
GA	Rebekah Konstantopoulos	GA	Georgia Fearn	GA	Chloe Head	GA	Chloe Head	GA	Rachel Livori
WA	Genevieve Carboon	WA	Macey Byrnes	WA	Chiara Rayner	WA	Catherine Taylor	WA	Katelyn Shephard
C	Dakota Lister	C	Loz Parkinson	C	Amelia Haxby	C	Jodie Roach	C	Ellie Scott
WD	Alyssa Pearce	WD	Aneike Matthey	WD	Jamieson Turner	WD	Mia Ritter	WD	Emily Mathieson
GD	Jackie De Waele	GD	Jorden Fonua	GD	Armanda Su'a	GD	Georgia Mcvicker	GD	Alana Barany
GK	Georgia Stevenson	GK	Hayley Baker	GK	Haylie Baker	GK	Ailish Donegan	GK	Aimee Cook
Sub	Madison Head	Sub	Demi Fitzsimmons	Sub	Brooklyn Fonua	Sub	Megan Taylor	Sub	Chloe Gill
Sub	Amanda Su'a	Sub	Sheridan Jones	Sub	Alannah Judd				
Sub		Coach	Emma Stalenberg	Sub	Ella Moore				
Sub		Sub	Alannah Judd	Sub	Dezrye Paiti				
Coach	Lucas Bennett-Hullin	Coach	Sharon Ashworth	Coach	Sharon Ashworth	Coach	Genevieve Carboon	Coach	Lucas Bennett-Hullin



# WODEND HESKET

## Team List



SENIOR FOOTBALL					
SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Dean Bramley	24	Jesse Coe		Woodend Heskett will have a bye in the Under 19.5s as Melton Centrals do not affiliate a team.
2	Luke Butcher	25	Jack Tadd		
3	Sam O'Loughlin	26	Marcus Stapleton		
4	Oliver Watt	29	Jack Binns		
5	Brendan Butler	31	Hud Elmawey		
6	James Schmidt	33	Hamish McDonald		
7	Daniel Toman	34	Ethan Gove		
8	Miles Miranda	35	Jock Brasell		
9	Matthew Doody	36	Liam Tierney		
10	Luke Cuffe	37	Elliott Beckett		
11	Campbell Barton	38	Joachim Liaw		
12	Jack Duggan	39	Ethan Rowe		
13	Will Wiseman	41	Jacob Stewart		
14	Toby Duff-Tytler	44	Riley Ferguson		
16	Jesse Sheppard	47	James Chettle		
17	Xavier Tad	49	Louis Mitchener		
18	Luke Bourke	50	Austin Lidgerwood		
19	Cody Bowen	52	Aaron Cerone		
20	Alistair Rae	55	Patrick Haddad		
21	Cooper Newton	65	Ted Watts		
22	Caelen Templeton	76	Paul Podbury		
23	Saxon Gardner				
Coach	Alistair Rae (Seniors)	Coach		Coach	

SENIOR NETBALL									
A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Kaia Giles	GS	Beth Barry	GS	Zara Conway	GS	Hannah Dwyer (vc)	GS	Meg Norman
GA	Charlee Duff-Tytler	GA	Zoe Phillips (c)	GA	Matilda Robinson	GA	Courtney Chettle (vc)	GA	Louise Merendez
WA	Laura Carland (vc)	WA	Kearley Stone	WA	Angelique Doherty	WA	Karlie Plowman (c)	WA	Rachael Norman
C	Sarah Duff (vc)	C	Mackenzie Brown (vc)	C	Olivia Lee	C	Georgia Fitt	C	Hayley Rogers (c)
WD	Hayley Rogers (c)	WD	Ruby Robinson	WD	Kendra Crocker	WD	Natalie McCarthy	WD	Emily White
GD	Jess Martin	GD	Eliza Bell	GD	Torah Dowling	GD	Jess Seddon	GD	Sophie Conlan (c)
GK	Georgia Bowkett	GK	Kate Bartlett	GK	Lenni McCarthy	GK	Makenzie Coop	GK	Melissa Rundie (vc)
Sub	Natalie McDonald	Sub	Kate Phillips	Sub	Leilah Meadows	Sub	Olivia Beattie	Sub	Anna Moloney
Sub	Tayissa Coppinger	Sub	Caroline Morgan	Sub	Minty Taylor	Sub	Lucy Munro	Sub	Monique Hassett
Sub	Samantha Coppinger	Sub	Charlzee Mumford	Sub	Lucy Tobin	Sub	Lia McQualter		
				Sub	Grace Blackam				
				Sub	Isabelle Nicholson				
Coach	Tayissa Coppinger	Coach	Tayissa Coppinger	Coach	Kellie Duff	Coach	Lia McQualter	Coach	Brenda McDonald

Romsey  Dental  
FAMILY DENTAL CARE



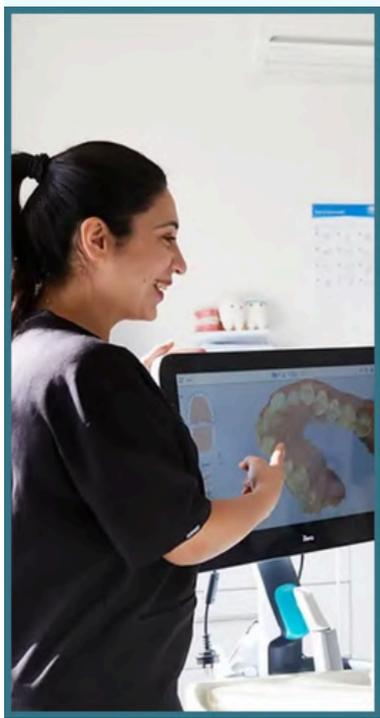
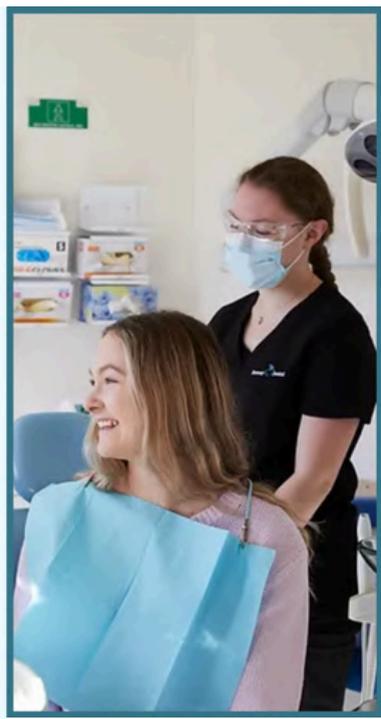
# Cash Back

## \$25 RETURN FOR YOUR CLUB

RDFNL Cash Back offer to Clubs for \$25 per Club member that goes to Romsey Dental for a check-up. Maximum of 5 per Club.



MORE INFORMATION



Romsey  Dental  
FAMILY DENTAL CARE



# Gift VOUCHER

## 10% OFF



MORE INFORMATION

\*RDFNL Club members and those associated with the RDFNL will receive a 10% discount on treatment at Romsey Dental.

\*SUBJECT TO PROOF OF CLUB/LEAGUE INVOLVEMENT

# DOME

## GROUP OF COMPANIES

AN ARM of Dome Security – Dome Traffic – Dome Contracting- Dome Rentals

Providing Services for the following

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CONCERTS • MAJOR EVENTS • CONSTRUCTIONS SITES • ROAD MAINTENNACE SITES • UTILITY VEHICLES

### Security

For all your Security Needs, Public events, Shopping Centres.

Please contact

Rebecca May  
(Operations Manager)  
0438 550 902

Fred Reinking  
(Managing Director)  
0418 397 907

### Contracting

For all Earthworks, Concreting, Bobcat & Excavation Work, Retainer Walls, Landscaping & Site clean-ups

Please contact Clayton Reinking 0429 847 737

### Traffic

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Vic Roads approved Traffic Controllers.

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Available to work 24/7.

Please contact Debra Maher on 0400 891 625 or 8746 9000

### Rentals

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# PLAYER OF THE WEEK

MACEDON  
CITY

# LILLI COLLINS

37 DISPOSALS | 11 GROUND BALLS | 6 CLEARANCES  
6 SCORE INVOLVEMENTS | 130 RANKING POINTS

# TOP PLAYER STATS

Most TACKLES for Round 14 - WOMENS

1	MADISON LAWER	15	
2	JORDYN SYME	11	
2	MOLLY LIBARDI	11	
4	MADY BROWN	10	
4	ELLA HAYES	10	
6	VIVIAN LAM	9	
7	LILLY BROMLEY	7	
8	MAISY CROWTHER	6	
8	RUBY WATTS	6	
8	KASEY MCAULIFFE	6	



# RDFNL RESULTS

ROUND **1** 2 3 4 5 6 7 8 9 10 11 12 13 14 15 FR1 PF GF

 Sync to Calendar

## Round 1

Saturday, 05 April 2025

 <b>Melton Women</b>  <b>Mount Alexander Falcons Women</b> Melton Women won by 37 points	<p><b>44</b> 6.8 FINAL</p> <p><b>7</b> 1.1</p>	<p> 03:30 PM, Sat, 05 Apr 25</p> <p> Macpherson Park Oval / Macpherson Park Oval 1</p>
 <b>Lancefield Women</b>  <b>Romsey Women</b> Lancefield Women won by 44 points	<p><b>65</b> 9.11 FINAL</p> <p><b>21</b> 3.3</p>	<p> 05:00 PM, Sat, 05 Apr 25</p> <p> Lancefield Park / Lancefield Park 1</p>
 <b>Riddell Women</b>  <b>Macedon Senior Women</b> Macedon Senior Women won by 70 points	<p><b>0</b> 0.0 FINAL</p> <p><b>70</b> 10.10</p>	<p> 05:00 PM, Sat, 05 Apr 25</p> <p> Riddells Creek Recreation Reserve / Riddells Creek Recreation Reserve 1</p>

**Click Here for ladders. match details, best players and goal kickers.**



# RDFNL Senior Womens Football Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend’s senior womens matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Womens Football Tipping					
NAME	Romsey vs Lancefield	Macedon vs Riddell	Mount Alexander vs Melton	Last Week	Season Total
Brenton Knott	Lancefield	Macedon	Melton	2	29
Courtney Alexander	Lancefield	Macedon	Melton	2	26
Jacqui Green	Lancefield	Macedon	Melton	1	26
Jordan Doyle	Lancefield	Macedon	Mt Alexander	2	28
Grant McMillan	Lancefield	Macedon	Mt Alexander	2	28
Tara Murray	Lancefield	Macedon	Melton	2	26
Ben Higgins	Lancefield	Macedon	Melton	2	28
Grace Bibby	Lancefield	Macedon	Melton	2	27
Richard Thwaites	Lancefield	Macedon	Melton	3	29





# How healthy is your home loan?

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All loans are subject to the Bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions, available online at [www.bendigobank.com.au](https://www.bendigobank.com.au) or upon request from any Bendigo Bank branch, before making a decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879 (2083101- 2126290) (02/25)



# LANCEFIELD

## Team List



SENIOR WOMENS					
SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Caitlyn Ager	15	Maddison Coates Cowley	30	Eliza Consiglio
3	Gemma Murphy	20	Carolyn Cusack	31	Michelle Murphy
4	Emily O'Brien	21	Layla McShane	32	Kayla Azidis
5	Harriet Ziedaitis	23	taleeya robotham	33	Tara Quigley
7	Ashleigh Coates	25	Milika Fortune	34	Georgia Champion
8	Meaghan Lyons	26	Hailee Donovan	37	Molly Libardi
11	Kirsty Albert ©	27	Emily Consiglio	38	Luzanne Paeglitis
12	Abbie Sarginson	28	Em Condron	40	Alice Bromley
14	Caitriona Goldsworthy	29	Keiley Walker		
Coach	Cash Ferguson	Ass	Colin Bromley		



# MACEDON

## Team List



SENIOR WOMENS					
SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Ruby Watts	15	Clytie Deering	26	Laura Wilkinson
5	Adie Ward	16	Amy Miles	29	Shakira Parker
6	Sarah Miles	17	Tiane Rymer	30	Bridie Kinghorn
7	Ninna Harbinson	18	Lilli Collins	31	Alex Cairney
8	Hayley Stewart	19	Tamara Collins	32	Amber Coy
9	Tilly McDonald	20	Tamsin Muller	33	Ciara Reeves
10	Steph Jones	21	Sam Pointer	34	Charlotte Noonan
11	Kit Collins	22	Sian Andrews	41	Grace Savage Sanders
12	Lily Prater	23	Kalea Brodie	66	Jessy Unger
14	Bri Woodburn	25	Kaitie Muller		Taya Konias
Coach	Chris Nolan	Coach	Bevan Uren	Ass	Tamara Collins



# MELTON Team List



## SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Kandise Mallinson	12	Kaitlyn Rust	23	Shontaine Barker
4	Coby Savage	13	Ashley Zahra	25	Talia Bozinovski
5	Indiana Girgis	14	Mariah Conder	27	Amy Hibbert
6	Danielle Rocznik	15	Lina Farrugia	28	Belinda Dolheguy
7	Jordyn Syme	16	Claudia Sierra	36	Pipe Ryan
8	Vivian Lam	17	Jodie Willis	43	Molly Kirkman
9	Kasey McAuliffe	18	Alayna Morren	91	Alice Masters
10	Linda Morren	20	Pauline Hutchins	99	Natasha Coombs
11	Jessica Dowdy	21	Helen Hutchins		
Coach	Ryan White	Ass	Josh Fikret		



# MOUNT ALEXANDER Team List



## SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Tash Ross-Harris	20	Peta Godfrey	40	Carys Chalklin-McDonald
3	Tess O'Brien	22	Ruby Fiedler	41	Meg Randles
5	Sophie Foster	23	Sam Downing	43	Alana Wearne
6	Libby Baker	24	Emily Baldwin	44	Lil Waters
7	Mary Koeko	25	Gabe Smith	47	Alex Kelly
8	Nicole Tadpole	26	Rachel Winterton	50	Hayley Johnson
9	Meredith Johnson	27	Jesse Boylan	51	Alex Burgess-Norris
10	Ella Brook	28	Bonnie Cummings	54	Lauz Cady
12	Amy Downing	29	Lainie Sutton	55	Gabi Bridge
13	Sophie Burke	30	Georgia Harvey	57	Miranda Johnson-Jones
14	Sashi Douglas	33	Casey Sowula	58	Jane Furze
17	Helena Holmes	35	Emma Hemsley	64	Nicole Lord
18	Sissy Austin	37	Nicole Woodman	66	Alicia Beauchamp
19	Louise Ainscough	38	Lou Napolitano		
	Coach		Louise Ainscough		



# RIDDELL Team List



## SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
1	Indianna Power	11	Brianna Dehaas	21	Ava Osborne
2	Chloe Smith	12	Jess Edwards	22	Ruby Taranto
3	Gemma Callinan	13	Ashley Unsworth	23	Abbey McDonald
4	Lara Turner	14	Lauren Shaw	24	Mariam Habib
5	Britt Layton	15	Emma Croft	26	Paige Tinworth
6	Tenille Cook	16	Molly Connell	28	Charrouf Habib
7	Paris Lee	17	Keely Wallace-Kilbane	29	Jess Sproule
8	Brianna Tarczon	18	Amanda Burt	43	Chrissy Robertson
9	Caitlin Broadfoot	19	Lauren Nolan	77	Ruby Ayers
10	Tess O'Donnell	20	Caitlan Wagstaff		
	Coach		Robert Bretherton		



# ROMSEY Team List



## SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
1	Georgia McGoven	9	Millie Hodgson	17	Maddison Lawer
2	Maddison Dutton-Johnson	11	Kaitlynn Paterson	18	Megan Delgleish
3	Megan Brundell	12	Liz Worthington	20	Bell Truswell
4	Laura Longergan	14	Chloe Trimble	21	Sarah Galea
5	Zoe Hardiman	15	Mackenzie Brown	22	Sam Tyrrell
6	Eylsse Brundell	16	Evenlyn Jacques	23	Jordyn Duff
7	Nicole Stewart	17	Maddison Lawer	26	Garbrielle Kassinidis
Coach	Matthew Brundell	Ass	Nicole Stewart	Ass	Glen Marshall



# RDFNL Senior Womens Previews

*By Cameron Pope*



Romsey, currently sitting in last place has taken significant strides in 2025 after going winless last year. Their improvement, led by Captain Madison Lawer and star player Nicole Steward, has been one of the feel-good stories of the season. On the other hand, Lancefield are eyeing more than just a routine win. Sitting in third place, a win here paired with a possible Riddell loss to the undefeated Macedon would see them lock in a top two finish and the all-important double chance. Despite the Tigers being a certainty for finals, expect Lancefield, led by superstar Alice Bromley to come out with the pedal to the medal.

**Prediction: Lancefield by 10 points**



Come gameday, it will have been 721 days since Macedon last lost a game—a run that stretches back to the 2023 Grand Final. In 2025, they now stand seven games clear on top of the ladder and locked in for yet another finals campaign, the Cats have been the benchmark of the competition all season. Sitting just below them in second place is their opponent this week, Riddell who currently share equal points with Lancefield. Expect Riddell's team leaders Molly Connell and Mariam Habib to be pivotal in halting Ruby Watts' and Taya Konias' dominant movement out of the middle, something that they have dominated at all season.

**Prediction: Macedon by 20 points**



Win, and you're playing finals. Lose, and it's a long off-season of what-ifs. Mt Alexander and Melton enter Round 15 locked in a do-or-die battle, with the final spot in the top four up for grabs. The head-to-head history this season is dead even—one win apiece—only adding to the tension. Melton will lean heavily on Jordyn Syme and Danielle Rocznik to guide them through enemy territory at Harcourt Recreation Reserve, while Mt Alexander's leaders Jessie Boylan and Tash Ross-Harris will no doubt look to lead from the front as they aim to book their finals ticket. Expect intensity, desperation, and no shortage of physicality with everything on the line in the final game of the regular season.

**Prediction: Melton just.**





# NETBALL MANAERS REPORT

## by General Manager Operations Grace Bibby

Learning how to become a better athlete is a lifelong pursuit. There are a number of ways you can improve, and the methods at your disposal are changing all the time!

This list covers the fundamental techniques and strategies you can use to become a great athlete and find more success during competition. Take this to heart, and watch your performance improve!

### 1. Write Down Your Goals

Setting long-term goals is a great way to stay motivated and become a better athlete. Not only can you identify what it is you're trying to achieve, but you can figure out how you're going to make it happen.

### 2. Have a Good Diet

You can't expect to see improvements in your performance if you're not fueling your body right! While you might be working out more than the average person, a poor diet is going to have ill effects on your body just the same.

### 3. Master the Fundamentals

Athletes are notorious for wanting to dive head-first into an intense training regime. The effort is admirable, but it often leads to injuries! You need to have a good grasp of the fundamentals. Even if you're a seasoned athlete, you could benefit from exercises that are designed to improve your foundation.

### 4. Be Consistent and Don't Expect Results to Come Immediately.

Take your time and be precise with your routine to get to the end goal.

### 5. Improve Core Strength

It doesn't matter whether you're a cross-country runner or a football player, core strength is essential. Most don't realize it,

your core is easily one of the most important muscle groups in your body. It affects all other muscle groups and keeps your entire body in balance.

### 6. Push Your Limits

The longer you train, the easier your workouts are going to seem. While it might be satisfying to see that tangible progress, it's not a good thing! You should always aim to push your limits.

### 7. Improve Your Sports-Specific Strength

Fundamentals and overall body conditioning are important. However, you also need to focus on skills that are specific to your sport. Building strength in those key areas will improve your overall performance and decrease your chances of injury.

### 8. Train Your Brain

It's not just your body that you have to train to become a better athlete. No matter what sport you play, your cognitive abilities have a big impact on how you perform.

### 9. Warm Up Properly

This should go without saying, but warming up your body before training is a must! You need to prepare your body for the rigorous workout ahead. Warming up loosens the muscles and mobilizes your joints. This can help you perform better and prevent injuries.

### Conclusion

Finding out how to become a better athlete is both simple and complex. A lot of the fundamentals

are rather straightforward in principle, but tricky to implement in practice.

Use these techniques to guide you through training as you work to get better each and every day. Maintain the progress, stay consistent, and you'll certainly be successful.



# PLAYER OF THE WEEK

## SARAH DUFF

31 FEEDS | 9 PRESSURE ACTS | 3 DEFELCTIONS



# RDFNL Netball Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior netball matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Netball Tipping							
NAME	Diggers Rest vs Woodend Hesket	Gkyneton vs Gisborne Giants	Romsey vs Lancefield	Wallan vs Macedon	Melton Centrals vs Macedon	Last Week	Season Total
Brenton Knott	Woodend-Hesket	Gisborne Giants	Lancefield	Macedon	Riddell	4	53
Krissy Clement	Woodend-Hesket	Gisborne Giants	Lancefield	Macedon	Riddell	5	52
Ben Higgins	Woodend-Hesket	Gisborne Giants	Romsey	Macedon	Riddell	4	46
Tara Murray	Woodend-Hesket	Gisborne Giants	Lancefield	Macedon	Riddell	4	56
Jordan Doyle	Woodend-Hesket	Gisborne Giants	Lancefield	Wallan	Riddell	4	53
Grace Bibby	Woodend-Hesket	Gisborne Giants	Romsey	Macedon	Riddell	5	57
Grant McMillan	Woodend-Hesket	Gisborne Giants	Lancefield	Macedon	Riddell	4	43
Courtney Alexander	Woodend-Hesket	Kyneton	Romsey	Macedon	Riddell	4	44
Richard Thwaites	Woodend-Hesket	Gisborne Giants	Romsey	Macedon	Riddell	5	54
Lauren Nolan	Woodend-Hesket	Gisborne Giants	Romsey	Macedon	Riddell	5	56



# RDFNL RESULTS



Ielton South A Grade  50 : 50  Diggers Rest A Grade

Riddell A Grade  53 : 44  Macedon A Grade

Lancefield A Grade  56 : 43  Romsey A Grade

orne Giants A Grade  47 : 39  Kyneton A Grade

Woodend Hesket A Grade  59 : 38  Melton Centrals A Grade

Wallan A Grade  0 : 0  Bye

**[Click Here for ladders, match details, best players and goal scorers](#)**

# RDFNL Netball Previews

*By Grace Bibby*



This is a season defining game for both these clubs. Macedon currently sit a game clear of Wallan but if Wallan lose this one they could see themselves out of the top six. If Macedon lose this one they could fall to fifth and be in danger of missing finals also.

Macedon have has some injury and illness through their camp this weekend which seems to be a common theme this time of the year. Wallan have welcome back Rebecca Konstantopolus after a knee injury kept her sidelined for a few weeks in the middle stages of the season. With Maeve Donegan in good form the defence end of the Cats will be up against it and even more so if thats where they are depleted.

Molly McGrath played a ripper game last week and looks more and more comfortable in her new surrounds. This will be a great dual in the midcourt between Caitlyn Alifracco and Gen Carboon who have been great players in the league for a long time now.

**Prediction: Wallan to win this one...just.**

Lancefield were the fast starters of this season but have since come crashing back to the pack. Romsey have won and won well more often than not but have struggled to beat the teams above them.

If Romsey can cause an upset here they will jump above Lancefield and Lancefield could go from fifth on the ladder to seventh in the blink of an eye. Charlize Bellette has had a fantastic season and shot another 81 goals last weekend as the redbacks dismantled Melton South.

Lancefield went down to Wallan but it was good to see some of their familiar names back in the best including Mia Daly, Tarnee Hammond and Bella Colladetti.

Lancefield will need to stop the delivery into Bellette to stand a chance but they do save some of their best for this rivarly and this game has so much on the line.

**Prediction: Romsey to win in a tight physical encounter.**



# RDFNL Netball Previews

*By Grace Bibby*



Woodend Hesket will start this one as short priced favourites and unless Diggers Rest can produce a miracle it is hard to see them taking the four points. Lilly Florance is a new name in the mixed of best players for the Burra last week while for the Hawks Sarah Duff was our player of the week who has stepped up in the absence of Sam Coppinger.

**Prediction: Woodend Hesket haven't put a foot wrong on court all season and will win this one comfortably.**



After a strong month of netball Kyneton fell to Macedon last weekend while the Gisborne Gants went down to Woodend Hesket in a game that most thought would have been more competitive. Gisborne Giants are currently in third spot in the ladder which is a fantastic effort in their first season in the RDFNL A Grade.

Key match up for the match should they both play will be Tilly Shepherd in Goal Keeper for the home side against Malia Suemanutafa from the Gisborne Giant. They may well have crossed paths in other competitions and are two stars of the competition. Emma Winfield and Emma Vitalone has been awesome for the Giants so they will start this one as the more fancied team.

**Prediction: Giborne Giants to potentially extend their lead on fourth placed Macedon with a win pending other results.**



While currently sitting in eight Melton Centrals are not out of finals contention but they must find an upset against one of the top placed teams. Riddell have been in good form and have barely been challenged in recent weeks but generally the two teams play tough netball.

**Prediction: Riddell to continue their good form and make finals a tough ask for Centrals with three games to go.**



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# PARTNER EXTENSION



**We are excited to announce Romsey Dental have extended their partnership with the league and will continue to be the naming rights sponsor of the entire netball program in season 2025.**



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