



Round 9 June 14th 2025

RECORD





Community Bank
Gisborne & District, Lancefield and Romsey

Continuing to keep playing costs down

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UPCOMING FIXTURE 2025

SENIOR MENS FOOTBALL AND NETBALL

ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



SENIOR WOMENS FOOTBALL

ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



ROUND 9 - JUNE 14TH



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ACROSS MY DESK

by Football Operations Cameron Pope

Senior Football Recap Round 8 delivered some decisive results as teams start to firm their positions leading into the second half of the season.

· Macedon secured their second win of the year, defeating Woodend-Hesket 10.11.71 to 6.5.41.

· Wallan was too strong for Melton Centrals, running away 16.17.113 to 5.6.36.

· Diggers Rest recorded their fourth consecutive win and sixth for the season, comprehensively beating Lancefield 18.22.130 to 3.7.25.

· Melton South held off Kyneton 12.15.87 to 10.6.66 in a crucial win that intensifies the race for finals.

· Riddell delivered a commanding performance against Gisborne Giants, winning 30.22.202 to 7.3.45.

The percentage boost places Riddell outright second on the ladder, just half a game behind league-leaders Diggers Rest.

Senior Women's Football – Round 8 Results

It was another strong showing from the RDFNL women with some standout performances:

· Romsey edged out Melton in a tight contest, winning 5.2.32 to 4.5.29.

· Macedon overcame Lancefield 10.4.64 to 7.4.46 in a quality contest.

· Riddell dominated Mount Alexander, cruising to a 11.9.75 to 0.1.1 victory.

Junior Interleague Football took place over the long weekend, both the male and female RDFNL junior interleague teams competed against some of the region's best talent.

Our RDFNL sides showed marked improvement, pushing their opponents in several close matches.

The players gained valuable experience and demonstrated the growing depth and quality of RDFNL's junior football programs. We are all very proud of what they were able to achieve representing the RDFNL.

The RDFNL would like to thank the coaches, players and parents who supported the program again in 2025.

Shout out to Rob Beatson who was at a venue every day keeping an eye on all the up and coming stars of the RDFNL and hopefully players who will one day make it into the talent pathway via the Coates Talent League.

The RDFNL will commence the 2026 program at the end of this year. If you would like to be involved please reach out to Grant vis grant@rdfnl.com.au.

JUNE EVENTS

@ MELTON ENTERTAINMENT PARK



FRIDAY 13 JUNE

ULTIMATE TRIBUTE SHOW

Free Entry Starts 9:30pm +18's Event #LIVEATTHEBAR

HARNESS RACING

JUNE RACE MEETINGS

Friday 6th June - Night Meeting
 Saturday 7th June - Night Meeting
 Saturday 14th June - Night Meeting
 Friday 20th June - Night Meeting
 Saturday 21st June - Night Meeting
 Saturday 28th June - Night Meeting

Contact our team about Race Night Dining

WIN

2 TICKETS

TO MEDALLION CLUB

EVERY WEEK IN THE SPORTS BAR

AT MARVEL STADIUM OR MCG EVERY WEEK!
 Open Wednesday - Sunday

* Conditions Apply.



MONDAY
BRAND NEW GAME

TUESDAY
REGULAR TUESDAY NIGHT

7PM REGISTRATION | IN THE SPORTS BAR

COMING UP IN JULY

THE PIANO MEN

The songs of Elton John and Billy Joel
 WITH 7 HOUR AFTERNOON



SONGS OF ELTON JOHN & BILLY JOEL

JOIN US FOR A FABULOUS EVENING OF ENTERTAINMENT AND 2 COURSE DINNER
 \$60 Non Members | \$65 Members
SATURDAY 5TH JULY
 Bookings Essential - Call 0800 8000

CHRISTMAS In July

WITH MICHAEL BUBLE TRIBUTE SHOW

SATURDAY 26TH JULY

HARNESS RACING 3 COURSE BUFFET AND SHOW.
 \$160 | Members \$165
 Kids under 12 - \$10pp



SIREN TO SIREN

HAPPY HOUR

IN THE SPORTS BAR

SCHOONERS \$8
 SPIRITS \$7
 HOUSE WINE \$5

All AFL Games
 (Except Saturday Race Nights)

GAMMALITE SPORTS BAR

MONDAY

BURGER & PASTA NIGHT
\$20

TUESDAY NIGHTS

STEAK SPECIAL
 250G PORTERHOUSE \$25

PLUS 25% OFF ALL STEAKS ON THE MENU

PORK RIBS

\$25 for 500g
 \$45 for 1kg

Includes Chips & Slaw
 Available from 17 March

WEDNESDAY

PARMA SPECIALS

9 PARMA FLAVOURS TO CHOOSE FROM
\$20

Golden Reign Rewards Members
 Receive a Free Drink *

THURSDAY

MEMBERS NIGHT

25% OFF BISTRO MEALS
 PLUS YOUR CHANCE TO WIN WEEKLY PRIZES

Simply swipe your membership card at the kiosk to receive your entry



MELTON ENTERTAINMENT PARK

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Community Bank
Gisborne & District
Lancefield and Romsey

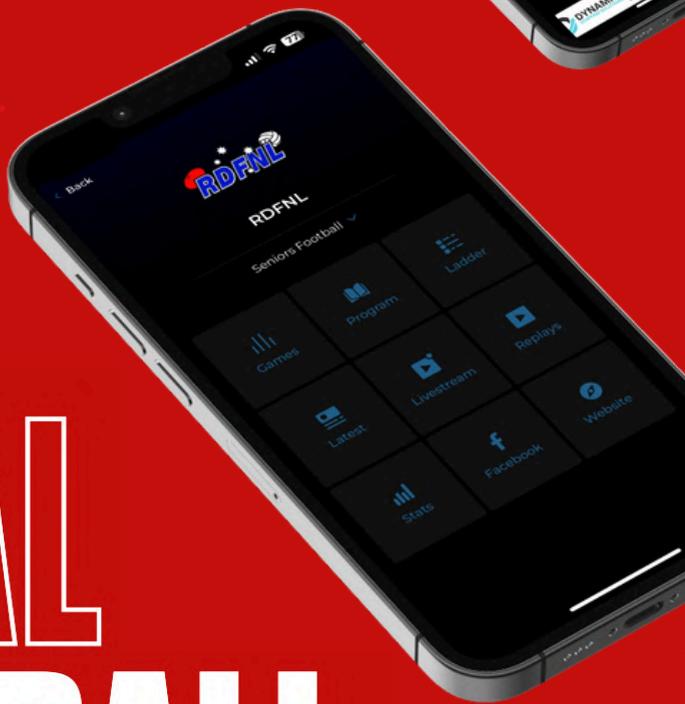


PLAYER OF THE WEEK

TOMMY ALKEMADE

41 DISPOSALS | 13 TACKLES | 15 SCORE INVOLVEMENTS
14 MARKS | 85% DISPOSAL EFFICIENCY | 234 RANKING POINTS

LOCAL
FOOTYHUB.COM.AU



LOCAL FOOTBALL

Like Never Before



TOP PLAYER STATS

Most CONTESETED POS for Round 8 - MENS

1	DYLAN TARCZON	28	
2	CAMERON FREAKE	25	
3	DANIEL TOMAN	23	
4	BRODEN COLLINS	18	
5	TOMMY ALKEMADE	17	
6	SHAUN CAMPBELL	16	
6	BRODIE HOYNE	16	
6	SAM DARLEY	16	
6	LACHLAN HAY	16	
10	MITCH FINO	15	



Community Bank
Gisborne & District
Lancefield and Romsey





RDFNL Senior Mens Football Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Football Tipping							
NAME	Woodend Heskett vs Melton South	Lancefield vs Riddell	Kyneton vs Romsey	Melton Centrals vs Macedon	Wallan vs Diggers Rest	Last Week	Season Total
Brenton Knott	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	3	27
Courtney Alexander	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	5	32
Terry Kernan	Melton South	Riddell	Romsey	Melton Centrals	Wallan	5	30
Brian McNabb	Melton South	Riddell	Romsey	Melton Centrals	Wallan	5	28
Jordan Doyle	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	4	32
Richard Thwaites	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	4	26
Grant McMillan	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	4	34
Tara Murray	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	4	34
Ben Higgins	Melton South	Riddell	Kyneton	Macedon	Wallan	5	33
Grace Bibby	Melton South	Riddell	Kyneton	Macedon	Diggers Rest	5	33



Active Living CENSUS



Live in Greater Bendigo, Campaspe, Central Goldfields, Loddon, Macedon Ranges or Mount Alexander Shire?
We're calling on **YOU** to have your say!

What is the Active Living Census?

The ALC is a community survey that asks about:

- ✓ Physical activity participation
- ✓ Fruit and vegetable consumption
- ✓ Barriers to being healthy and active

Why does your voice matter?

Your input will help guide decisions about programs, recreation spaces, and services in your community. Whether you're active or not, it's your chance to shape the health and wellbeing of your community – and it only takes 15-20 minutes.

Participate, don't wait!

- ✓ Quick and confidential
- ✓ WIN your share of \$10,000 in prizes!
- ✓ Open to everyone! No matter your health or activity level, we want to hear from you

Help shape a healthier tomorrow,
one answer at a time!



Opens
MONDAY
MAY 26

Scan here!



Complete the census at go.healthyloddoncampaspe.au/alc

RDFNL Senior Mens Previews

By Grace Bibby



VS



VS



Woodend Hesket will be looking to bounce back from a disappointing performance against arch rival Macedon while Melton South will be hoping to continue on their winning ways following an impressive win over Kyneton.

Woodend Hesket just couldn't make any inroads forward of centre and dispute Daniel Toman racking up plenty of the football it wasn't enough for the Hawks to compete.

Toman and Marcus Stapleton have been two shining lights this season but they need some more assistance if they are going to get 2025 up and going.

At the minute there is too much work being left to too few.

For Melton South Goodson slotted another four goals and their skipper Broden Collins has been dominating in the middle of the ground but is suspected to have picked up a hamstring injury prior to the long weekend bye.

Melton South have been the surprise packet of the season so far and if they are serious they should win this one, but Gilbert Gordon isn't an easy ground to play.

Prediction: Melton South to have a strong win over Woodend Hesket.

Lancefield have had a rough start to the season and remain winless in the senior men's competition and in terms of challenges they will be up against it again this weekend when they take on Riddell.

On the back of a thrashing against Diggers Rest they will have to regroup quickly to avoid a similar result against the Bombers.

Miles is doing a good job between the arcs for the Tigers racking up inside and rebound 50s but they just don't have a reliable big target in the forward fifty.

They managed just three goals in their last outing and all were single goal kickers. For Riddell they trounced Gisborne Giants on the back of their first loss in almost 12 months.

Tommy Alkemade and his mate Dylan Tarczon ran riot in the middle of the ground and Dean Galea got on the end of seven majors while Lachie Hay is proving to be a good recruit kicking five.

Riddell are a proud team and they wouldn't have liked the loss to the Burra and Giants felt every ounce of it.

Prediction: Hard to see the Bombers losing this one but it wasn't that long ago Lancefield knocked them off in similar circumstances.

RDFNL Senior Mens Previews

By Grace Bibby



Kyneton taking on Romsey is this weeks match of the round.

It is crucial for both teams to get the four points.

Kyneton started the year strong but have slipped away in recent weeks and they will be looking for a scalp of a team inside the top five to really cement themselves in the mix.

Romsey haven't had any howlers yet but also haven't come out all guns blazing against some quality opposition.

This will be a good indication of where they both sit.

Angus Nolte has been in good touch in front of goals kicking another three against the Panthers while the ball winners have and will no doubt continue to be Caleb Fisher and Danny Grmusa.

For Romsey they are fresh of the bye and then the long weekend bye so it's been a considerable amount of time since their last game.

They will be hoping there are no cobwebs and they can get a good start against Kyneton.

Prediction: Kyneton in a close one.



Melton Centrals were smashed by Wallan prior to the break and they will need to

bounce back to be competitive against Macedon who had a strong win over the Hawks. Centrals recruits are doing everything they can but their depth is an issue and would be concerning for the coaching group.

Layton and Brancatisano were their goal kickers kicking three and two respectively and were ranked one and two in terms of the ranking points.

For Macedon Nippa Wright kicked a couple of fantastic goals to feature not once but twice in the plays of the week.

Jason Cooke kicked three and it was good to see Matt Dick in the side and playing well with 24 disposals.

The positive for Macedon was they completely dominated and had many more scoring shots than the Hawks.

Macedon had a tough draw but will need to win this one to stay in touch with finals.

For Melton Centrals Cats on the back of the bye will be an opportunity for them to sneak a win from a finals contender.

Prediction: Macedon to win this one comfortably.



Rounding out the weekend of mens football is the clash between Wallan and Diggers Rest. It is no secret these clubs love beating each other whether it's in the reserves or the seniors there is always a lot on the line.

Both teams are in good form having recorded big wins prior to the Kings Birthday Bye.

Prediction: Diggers Rest to remain undefeated.

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BUFFALO

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- BASKETBALL



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TACKLE YOUR FEELINGS

‘Be a Champ’

- Tackle Your Feelings ambassador Nathan Buckley and social media larrikins the Shepmates have teamed up to create a humorous video celebrating local football club culture and encouraging players and coaches to help support the mental health of their footy mates
- Watch the video
- As part of the campaign, Tackle Your Feelings is looking to celebrate and recognise those local ‘champs’ who go above and beyond when it comes to investing in mental health
- Being referred to as a ‘champ’ is not always cast in a positive way, so Tackle Your Feelings is looking to reclaim the phrase and spin it around to celebrate these people who often don’t get the recognition they deserve with the role they play at their clubs
- We want players, coaches, committee members, support staff and umpires to be a champ and book their club in for a Tackle Your Feelings workshop
- Clubs can register for a workshop at **tyfo.tackleyourfeelings.org.au/login/**.

Adam Baldwin, Program Manager said: “Clubs are beginning to understand their responsibility to create an environment which supports the mental health of their players. We want clubs to prioritise mental health in the same way they currently do physical health. Tackle Your Feelings is a free program that can help clubs kick-start the development of their own mental health game plan.”

Book a @tyf_au workshop today.



What is Tackle Your Feelings?

- Tackle Your Feelings is a FREE mental health program for community football/netball clubs
- The program was formed by the AFL Coaches Association, AFL Players’ Association and Zurich Insurance in 2018 following the death of Adelaide coach Phil Walsh
- The program is delivered by a local psychologist and aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health.
- The program is based on the education delivered to the AFL industry and is led by high-profile player and coach ambassadors
- Since 2019, the TYF program has been delivered to more than 10,000 participants in every Australian state and territory and it’s available to your club in 2024
- Quote from TYF ambassador Nathan Buckley: “It’s an awesome program. It’s so succinct and gives you really good strategies... it’s a really good conversation starter.”

To book a session in for your club contact **Grant McMillan via grant@rdfnl.com.au**



DIGGERS REST

Club Notes



DIGGERS REST FOOTBALL NETBALL CLUB
ACKNOWLEDGE OUR VALUED SPONSOR



WE WOULD LIKE TO THANK BRIAN AND
THE TEAM FROM METLAM AUSTRALIA
FOR THE VALUABLE AND LOYAL
COMMITMENT TO OUR CLUB IN
SEASON 2025.
YOUR UNWAVERING SUPPORT IS SO
GREATLY APPRECIATED.





GISBORNE GIANTS

Club Notes



Before the bye for the long weekend, the Giants travelled to Riddell achieving mixed results across both the footy field and netball court.

In the footy, our 19.5's had a hard fought victory, before both the reserves and seniors were well beaten. Over on the netball court, victories to our 19's, D grade, C grade and A grade. Our B grade girls went down in a close one.

We have another opportunity for rest this weekend, before heading over to Macedon on 21st June.

Our next function is the Wimbledon table tennis tournament being held on June 28th after our next home game against Melton Centrals. To register for the tournament, please click here:

<https://form.jotform.com/251606717956870>





KYNETON

Club Notes





LANCEFIELD

Club Notes



A big day at Lancefield Park where the Tigers take on Riddell. This is always a significant game as Riddell played their first ever game as a club in 1888 against none other than Lancefield. The Lancefield team, in their maroon jumpers with a light blue sash, were too strong and experienced for the new Riddell side who were laying the foundations that day of a great new club that continues to this day. It was a significant year for Lancefield too as they would go on to win their first ever premiership or, 'Champions of the District', as it was then known against the Rose of Kilmore side. For 137 years since Lancefield and Riddell have continued to match their best against each other, not just in the home and away games but playing against each other in some great Grand Final clashes. Good luck to both clubs and let's hope we are still locking horns for another 137 years.

Men's Football: Lancefield go in to today as rank outsiders sitting on the bottom of the ladder without a win and taking on the reigning premiers Riddell. That doesn't mean the Tigers will be rolling over without a fight. The last time Lancefield won in the seniors it was against the Bombers on this ground so hope springs eternal and you'll never know if you don't have a go.

Women's Football: What a clash this looks set to be! These 2 teams sit 3rd and 4th on the ladder and the last time they met the margin was just 2 points. Expect this one to go right down to the wire again.

Netball: Hopefully the weather holds out because these will be standing room only affairs. In B Grade it's Lancefield, top of the ladder and undefeated, against Riddell 2nd on the ladder and also undefeated! Grab a spot and enjoy the 2 top teams in B grade test each other out at 12.20. In A grade it's Lancefield, 2nd on the ladder, against Riddell 3rd. The Tigers have gone from zero wins in 2023 and 2 wins in 2024 to having their eyes on the finals in 2025. This game starts at 1:45 and the winner of this can just about lock their spot in the finals away.

BACK TO
SCHOOL  **SATURDAY 14TH JUNE**
SCHOOL STARTS @ 6:30
SCHOOL FEES \$15

COME PLAY AT 'THE MEADOWS' THIS SEASON

– THE RDFNLs HOME TRACK –

The Melbourne Greyhound Racing Association and our venue 'The Meadows' are a long-time sponsor of the RDFNL. It's a partnership we're very proud of and continues in 2025.

We invite all RDFNL Clubs to take advantage of our hospitality by hosting a function or event at our state-of-the-art **Conference and Events Centre** this season. You're also welcome to join us on a race night for a unique night out. Entry to our track on both Wednesday and Saturday race nights is FREE. On Saturday evenings our **City View Bistro** is open for Race Night Dining. It's elevated dining room location offers stunning Melbourne city skyline and track views and serves inspired bistro classics starting from just \$22, making it the perfect option for a great night out with teammates, friends or the family.

We look forward to seeing many of you at your leagues home race track this season. For bistro bookings and function enquiries please visit melbournegreyhounds.org.au or call us on (03) 9355 5222

MELBOURNE GREYHOUNDS

– THE MEADOWS –

80 Northcorp Blvd, Broadmeadows VIC 3047



MACEDON

Club Notes





MELTON BLOODS

Club Notes



The Bloods had a close game against Romsey but couldn't get across the line. Romsey brought some strong players in which the Bloods found hard to match. The final score being 29-32.

The best players for Round 8 were Jordyn Syme, Pauline Hutchins, Linda Morren, Kandise Mallinson, Amy Hibbert & Vivian Lam. Congratulations ladies on a great game played. Our goal kickers for the game were Pauline kicking 2 and Dani & Helen kicking 1 each.

The Bloods used the week off to regroup and address our team strengths and weaknesses in our mid season review with our coaches. The team found it very beneficial and have been working hard on the training track.

This week we head up to Harcourt to face Mount Alexander at 2:30pm. We know the vibes are always good up at the Falcons home and we are sure it will be a fun competitive game for both clubs.

Another banner for this week as we have Claudia Sierra playing her 50th game. Claudia started at the Bloods as a Junior back in 2018 and played through to 2022 before joining our Senior team this season. We were so excited when she decided to come aboard the Senior club. Claudia has a strong mark and is a positive presence around the club always smiling and bringing positive energy to the team. Congratulations on 50 Clauds, we know you will have a great game.





MELTON CENTRALS

Club Notes





MELTON SOUTH

Club Notes

It's all happening at the club! Don't miss our \$3000 Draw on Saturday 21st June – kicking off at 6pm. Your \$50 ticket gets you into the draw plus 2 hours of free beer, wine, and soft drinks.

Thanks to everyone who's been supporting the club on and off the field – your energy keeps us going strong each week.

Go Panthers!





Event STAGE HIRE



As seen at all RDFNL
Grand Finals in 2024!



[Click Here](#)



MOUNT ALEXANDER

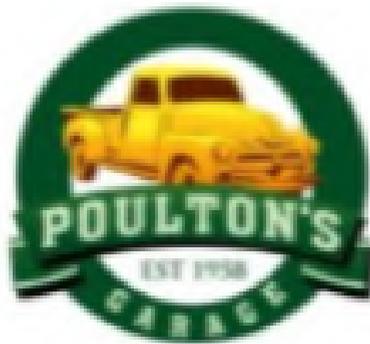
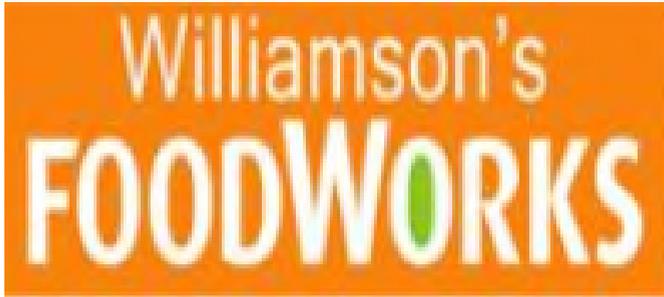
Club Notes





RIDDELL

Club Notes



GISBORNE
TYRE & AUTO CARE
5400 7158





ROMSEY

Club Notes



EST. 1927



Proud supporters of the Romsey FNC in Season 2025



WALLAN Club Notes

Round 8 - Wallan travelled to Arnolds Creek to play Melton Centrals at home. The weather was not what we had expected, it turned out to be a beautiful sunny day. The day started late for Football with Under 19.5 having a bye. Reserves had a strong win with Blaide Dickson kicking 8 goals, and our Seniors won by 77 points with Matt Perri kicking 5 goals.

On the netball court, the D Grade ladies tried their best but were not good enough against Melton. C Grade took the win with Cassandra Leech shooting 31 goals and Ailish Donegan great in defence. Under 19's proved too strong for Melton, with all players doing their job to get the win. B Grade fought hard in the last quarter, not quite getting there, with Melton winning by 4 goals in the end. The final game of the day saw both teams left with that strange feeling when the game ended in a draw for A Grade.

We welcome Diggers Rest to Greenhill Reserve this Saturday, Big games in football with Diggers on top in the Seniors, and 1 v 2 play in Reserves. The weather is looking a bit cold, but the football and Netball should be great.

WALLAN FOOTBALL NETBALL CLUB

\$5000 REVERSE DRAW

SATURDAY, 12TH JULY

6.30PM - LATE

DRAW STARTS AT 7PM

FOOD, BEER, WINE & SOFTDRINK BETWEEN 6.30PM - 9.30PM

Greenhill Clubrooms, Wallan

\$60 PER TICKET
TICKET ADMITS ONE PERSON OVER 18 ONLY EVENT

Contact Jenni Wood 0438 411 147 or Stephen Shephard 0407 411 148 or clubrooms Thursday night

\$5000 DRAW – SATURDAY 12TH JULY.
Buy a ticket, enjoy a great night, support the club and try your luck. Contact Jenni Wood, Stephen Shephard or committee for a ticket.



WOODEND - HESKET

Club Notes

JESSE SHEPHERD

WOODEND HESKET FNC

“One of the greatest to ever pull on the brown and gold.

From Under 18s in 2005 to 200+ senior games, Jesse has led by example on and off the field:

- 156 consecutive senior games
- Senior Captain (2011-2015)
 - Life Member
- Under 18s Captain (2007)
- A loyal, fearless, respected Hawk through and through

You don't want to miss this one.
Legends like Shep don't come around often
- let's celebrate him the way he deserves!"

-Paul Podbury



300 CLUB GAMES

ROUND 9



Let's fill GG with brown & gold and make it a game to remember!

- Bring your mates
- Wear your colours
 - Cheer loud
- Show Shep how much he means to this club!

You don't want to miss this one.

Legends like Shep don't come around often - let's celebrate him the way he deserves!

GISBORNE DRIVING SCHOOL



Are you looking for some lessons
before getting your license?
Contact Brian - 0409 636 821



RDFNL TRIBUNAL RESULTS

Jackson Wadden - Riddell Seniors- 22.2.2 (a) intentionally or carelessly (v) engaging in rough conduct against an opponent). - 3 Weeks



TEAM STAFFING

We are always looking for new staff to work in our football gates and bar and catering teams across the State.

If you've got a customer service focus and an ability to work well with a team, please feel free to email us your resume and we will be in touch before we start our next round of recruitment.

We service Horse Racing Clubs throughout Country Victoria with the provision of a variety of casual bar, catering and general raceday staff roles and also service over 20 Football Leagues over the State with the provision of gate staff for finals.

CONTACT Brendan E: info@teamstaffing.com.au or P: 0407 352 399

RDFNL RESULTS

Saturday, 05 April 2025

 Melton South Seniors  Diggers Rest Seniors Diggers Rest Seniors won by 62 points	49 7.7 FINAL 111 17.9	02:15 PM, Sat, 05 Apr 25 Melton Recreation Reserve / Melton Recreation Reserve 1
 Gisborne Giants Seniors  Kyneton Seniors Kyneton Seniors won by 110 points	31 4.7 FINAL 141 21.15	02:15 PM, Sat, 05 Apr 25 Macedon Ranges Sports Precinct / Macedon Ranges Sports Precinct Oval 1
 Lancefield Seniors  Romsey Seniors Romsey Seniors won by 68 points	45 7.3 FINAL 113 17.11	02:15 PM, Sat, 05 Apr 25 Lancefield Park / Lancefield Park 1
 Riddell Seniors  Macedon Seniors Riddell Seniors won by 36 points	101 15.11 FINAL 65 10.5	PUKA UP CUP 02:15 PM, Sat, 05 Apr 25 Riddells Creek Recreation Reserve / Riddells Creek Recreation Reserve 1
 Woodend-Hesket Seniors  Melton Centrals Seniors Melton Centrals Seniors won by 16 points	34 5.4 FINAL 50 7.8	NIGHT GAME 06:00 PM, Sat, 05 Apr 25 Gilbert Gordon Reserve / Gilbert Gordon Reserve 1

Click Here for ladders. match details, best players and goal kickers.

Guiding Growing Minds PD

Join us for a powerful and practical session designed for professionals working with young people.

In this 90-minute professional development session, we'll explore the rising issue of anxiety in young people, unpack the contributing factors, and provide you with clear, actionable strategies to support the children and adolescents you work with.

Featuring Guest Facilitator: Rebecca Harris

Rebecca is a counsellor, psychotherapist, education consultant, and author with over 20 years of experience supporting young people and those who care for them. A pioneer in trauma-informed educational practice, Rebecca brings a wealth of knowledge drawn from her background in developmental trauma, youth mental health, behaviour and regulation, and inclusive education. She is the author of *Safe to Learn: Embedding Trauma-Informed Student Wellbeing Practices* (2023), a practical guide for understanding behaviour through the lens of trauma and adversity.

In this engaging session, Rebecca will share:

- The latest insights on youth anxiety and resilience
- Practical, trauma-informed strategies for everyday use
- Tools to better support neurodivergent and LGBTIQ+ young people

Free to attend | Light refreshments provided

Places are limited – registration essential.

RSVP by Friday 13th June

Proudly presented by Guiding Growing Minds, founded by developmental paediatrician Dr Billy Garvey.



Dates & location

Friday 20th June

Time: 2 - 3.30pm

Macedon Ranges Health
5 Neal St, Gisborne

Bookings essential

 kristen.holding@benetas.com.au

 03 5428 0300

 5 Neal St, Gisborne



DIGGERS REST

Team List

SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Branden Lester (S)	35	Jordy Brown (R)	15	Jalen Fasham
1	Dylan Hannan (R)	36	Justin Tenaglia (S)	17	Kye Sheedy
2	Austin Cicero (S)	37	Nick Reaburn (R)	20	Seth Cornish
2	Joey Piccolo (R)	38	Jarrold Rowan (R)	60	Jack Azzopardi
3	Ryan Mullen (S)	39	Glen Stewart (R)	63	Riley Iatrou
4	Jesse Varsamakias (S)	41	Tye Browning (S)	66	Jaxon Delaney
5	Jaidyn Caruana (S)	43	Nathan Pinder (R)	67	Logan Carroll
5	Ben Hannan (R)	44	Dylan Prozzo (R)	73	Jack Klooster
6	Nathan Aidonis (S)	45	Corey Goforth (R)		Kai Anderson
7	Campbell Wearne (S)	46	Cam Collett (R)		Ryan Lewis
7	Jeff Heritage (R)	48	Sam Kenndy-Lampough		Jeremy Martin
8	Mark Anderson (S)	49	Jake Howells (R)		Lucas Neil
8	Mark Freeth (R)	50	Jai White (S)		Ryan Pierce
9	Jamie Anderson (S)	51	Scott Lobb (R)		William Rousch
10	Mitchell Day (S)	52	Ben Tocci (R)		Ethan Sultana
11	Shaun Campbell (S)	53	Daniel Rodger (R)		Ryley White
12	Marcus Calvaresi (S)	60	Kyeden Taylor (R)		David Wilson
13	Robbie Mullen (S)	64	Jacob Steele (R)		
14	James Waters (S)	66	Corey Goforth (R)		
15	Jordan Theodore (S)	69	Mate Mandic (R)		
16	Mitchell Brockwell (S)	77	Mitchell Sheilds (R)		
17	Daniel Paulete (S)	88	Lucas Olivieri (R)		
18	Jake Brown (R)	99	Aidyn Antczak (R)		
19	Lochlan Jones (S)		Luke Baron (S)		
20	Sam Morganti (R)		Brayden Cicero (R)		
24	Hayden Davis (S)		Steven Fogarty (R)		
25	Josh Wallace (S)		James Sheahan (R)		
26	Brodie Meyers (S)		Patrick Strahan (R)		
26	Camdyn White (R)		Chris lawton (S)		
30	Jack Wilson (R)		Aiden Scott (R)		
32	Brandon Sarich (S)		David Tyquin (R)		
33	Lachlan Meyers (R)		Liam Watson (R)		
34	Harry Wilson (S)				
Coach	Shaun Campbell (Seniors)	Coach	Jeff Herrytage (Reserves)	Coach	Corey Goforth

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Isobel Robertson	GS	Leah Cannon (C)	GS	Amelia Sacco (C)	GS	Ava Giddens	GS	Rebecca Wallace (C)
GA	Leona Hristovska (C)	GA	Alana Ellis	GA	Keira Wilson	GA	Caitlin Leader	GA	Harper Steele
WA	Brigette Linares	WA	Hayley Routley	WA	Harper Steele	WA	Amy McConnell	WA	Peta Kendall
C	Lexie Lieschke	C	Tayla Morley	C	Catherine Tabone (C)	C	Frankie Dune	C	Trinity Watts
WD	Hanna Levin	WD	Scarlett Ellis	WD	Skye Peake	WD	Rebecca Atherton	WD	Maddie Palmer
GD	Anica Wilson	GD	Kara Zwartseven	GD	Erin Kelly	GD	Teegan Swinden	GD	Shylah Flemming
GK	Alice Sacco	GK	Lauren Toy	GK	Olivia Kimball	GK	Georgia Vicendese (C)	GK	Grace Miglans
Sub	Kara Zwartseven	Sub	Tabitha Ellis	Sub	Alyssa Denman	Sub	Amy Vandernham	Sub	Taryn Cairnes
Sub	Olivia Marris	Sub	Skye Peake	Sub	Shylah Flemming	Sub	Breanna Liddicoat		
Sub	Stacey Gannon	Sub	Catherine Tabone	Sub	Chloe Johnson	Sub	Claire Forbes		
				Sub	Grace Miglans				
				Sub	Trinity Watts				
Coach	Anica Wilson	Coach	Anica Wilson	Coach	Peta Kendall	Coach	TBC	Coach	Peta Kendall
Coach	Rachel Reeves	Coach	Rachel Reeves						



GISBORNE GIANTS

Team List



SENIOR FOOTBALL

SENIOR/RESERVES		SENIOR/RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Angus McSwiggan	28	Daniel Nutt	1	Lachlan McNair
2	Cooper Moore	29	Jordan Arthurson	2	Lucas Mousley
3	Dylan Cunningham	30	Aiden McCarthy	3	Zach McKenzie
4	Matthew Quigley	31	Declan Woods	4	Nick Lacey
5	James O'Connor	32	Rory Barker	5	James McKerral
6	James Hall	33	Will Gray	6	Caden Simpson
7	Aaron Campbell	34	Will Kennedy	7	Jonah Camilleri
8	Ethan Wellby	35	Tom Doyle	8	Ben Dellar
9	Sam Van Taarling	36	Mal Walsh	9	Harrison Anderson
10	Matt Wallace	37	Lachie Phillips	10	Ethan Cruickshank
11	Zac Ploog	38	Ryan Bant	11	Cooper Kristitz
12	Nathan Congram	40	Jakob Feist	12	Xavier Holt
13	Jiaya Mitchell	42	Darcy Martland	14	Will Watson
14	Cameron Freaque	43	Jack Bourne	15	Xavier Watson
15	Jack Clough	45	Brad Mangan	17	Hunter Wellington
16	Oscar Schnoor	49	Chris Maiuolo	18	Bailey Mooney
17	Jarroed Rose	50	Austin Burnell	20	Owen Maitland
18	Archie Forrester	51	Jesse Evans	21	Lachlan Judd
19	James Hester	54	Will Thomas	22	Lachlan Hall
20	Seth Warren	59	Ryan Baines	24	Logan Chandler
21	Josh Lee	60	Tom Heagney	26	Noah Gauci
22	Tom Rochester	63	Rowan Jolly	28	Olu Olalekan
23	John Claassen	64	Matt Bruce	29	Brandon Bish
24	Hayden Da Cruz	65	Max Dalton	30	Tyson Lamb
25	Blake Tirchett	66	Brodie Andrews	31	Will Grech
26	Sam Scarlett	67	Aidan Kerry	35	Lachlan Dixon
27	Wil Jackson			39	Jack Magris
Coach	Andrew Hall (Seniors)	Coach	Tom Heagney (Reserves)	Coach	Jarroed Dixon

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Olivia Craske	GS	Holly Mason	GS	Niamh Rosendale	GS	Rebecca Newberry	GS	Colleen Siphthorp
GA	Emma Winfield	GA	Chloe McKenna	GA	Stella McDonald	GA	Simone Trevillian	GA	Charlie Gauci
WA	Jade Fisher	WA	Ruby Taylor	WA	Mia Mason	WA	Genaya Bourke	WA	Sophie Maxwell
C	Maddy Rustem	C	Mackenzie West	C	Zoe Kucic	C	Tayla Behan	C	Jorja Kristitz
WD	Bronte West	WD	Dacey Cole	WD	Carys Hancock	WD	Charlotte Dempsey	WD	Emma Rogers
GD	Emma Vitalone	GD	Isabelle Clarke	GD	Isabelle Clarke	GD	Stacey Griffin	GD	Kate Scerri
GK	Jacqui Mitrevski	GK	Pippa Rodda	GK	Zoe Thornton	GK	Madeline Quigley	GK	Kitty McKenna
Sub	Morgan Bleszcz	Sub	Daphne Piper	Sub	Jess Kucic	Sub	Charlotte Taylor	Sub	Keira Simpson
Sub	Niamh Rosendale	Sub	Sammy Jeffrey	Sub	Mackenzie West	Sub	Bridie MacPherson	Sub	Eloise Maxwell
Sub	Zoe Kucic	Sub	Charlotte Davies	Sub	Olivia Craske	Sub		Sub	
Sub		Sub		Sub		Sub		Sub	
Sub		Coach	Jade Fisher	Coach	AJ Craske	Coach	Genaya Bourke	Coach	Karina Locke
Coach	AJ Craske	Coach	AJ Craske	Coach	Eliza McDonald	Coach	Karina Locke	Coach	Brad Gauci

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KYNETON Team List



SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Ryan Pretty	30	Nathan Fisher	1	Lachlan Sheahan
2	Ryan Jerara	31	Sam Pyers	2	William Armstrong
3	Ethan Foreman	32	Mak Ganim	3	Brady Muir
4	Angus Nolte	33	Josh Willmott	4	Fletcher Lewis
5	Caleb Fisher	34	Bailey Ryan	5	Will Martin-Alcaide
6	Haydn Smith	35	Matthew Hanna	6	Lachie Thompson
7	Danny Grmusa	36	Jared Sonneman	7	Sam Pyers
8	Isaac Barassi	37	Tim Ciardullo	8	Dempsey Roberts
9	Jimmy O'Sullivan	38	Max McLeish	10	Matthew Black
10	Jake Safstrom	39	Nick Tunzi	11	Nick Clapham
11	Kristian Adorno	40	Jesse Smith	12	Xavier Felice
12	Dan Davie	41	Archie Neylon	13	Bailey Ryan
13	Dylan Holden	42	Ryan Dubens	15	Alex Thomson
14	Ethan Turner	43	Mitchell Wearne	16	Jacob Grinter
15	Ben Cass	44	Nash Webster	17	Angus Mills
16	Jack Hamilton	45	Brandan Sliwczynski	18	Dan Goddard
17	Harry Huntley	46	Oliver Plunkett	20	Matthew Wall
18	Lachie Thompson	47	Lachie Crean	21	Ben Thompson
19	Francis Randall	48	Jacob Street-Glasson	22	Hagan Freeman
20	James Gaff	49	Zac Ryan	23	Gab Yow Yeh
21	Frankie Ellis	50	Cormac Sutton	24	Murphy James
22	Cody Young	52	Josh Johnston	25	Josh Gray
23	Louis Thompson	53	Hayden Ingleton	26	Frankie Ellis
24	Will Martin-Alcaide	54	Lachlan Randle-Hewitt	27	Jackson Siphorth
25	Calan Bowman	55	Bradley Dobell	28	Jhye Welfare
26	Evan Davie	58	Rory Healy	29	Conno Munro
27	Dom Bennington	60	Alex Saliba	30	Oscar Traits
28	Charlie Thompson	63	Harrison Lidgerwood		
29	Jacob Plowman	64	Jacob Grinter		
Coach	Ethan Foreman (Seniors)	Coach	Ryan Pretty (Reserves)	Coach	Brad Ryan

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Matilda Candy	GS	Brittany Nitschke	GS	Abbey Thomson	GS	Ashleigh O'Gara	GS	Hayley Redpath
GA	Michelle Fletcher	GA	Baylee Eve	GA	Emily Cumming	GA	Alison Cumming	GA	Nikki Young
WA	Lauren Anglin	WA	Charlotte Zan	WA	Lucy Foster	WA	Tahlia Tobin	WA	Kristy Torney
C	Maddison Kirk	C	Katelin Grant	C	Charlotte Sevier	C	Poppy Mills	C	Hayley Brentnall
WD	Lauren Girvan	WD	Kelsey McColl	WD	Grace Tremayne	WD	Darby Kelly	WD	Emily Dellios
GD	Laura Bennie	GD	Hayley Bourke	GD	Amelia Gunther	GD	Madelyn Keeping	GD	Karly Shae
GK	Tilly Shepherd	GK	Miriam McIntyre	GK	Charlotte Jones	GK	Rachelle Wagner	GK	Katie Fish
Sub	Nexandra Strawhorn	Sub	Jessica Bourke	Sub	Mara Bone	Sub	Ally Gibbs	Sub	Shae Mills
Sub	Kristy Viète	Sub	Hannah Steel	Sub	Jennifer Girvan	Sub	Danielle Bourke	Sub	Angelica Fox
Sub		Sub		Sub	Ashleigh O'Gara	Sub	Hannah Williams	Sub	Hannah Collinson
Sub		Sub						Sub	Lexie Clark
Sub		Sub						Sub	Kyla Sutton
Coach	David O'Hare	Coach	David O'Hare	Coach	Laura Bennie	Coach	Loryn Savoia	Coach	Alisha Turner



LANCEFIELD

Team List



SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Rueben Schembri	28	Brayden Stewart	1	Zane Steel
2	Ned O'Connell	29	Corey Reid	2	Jerome Ristevski
3	Mathew Bowden	30	Jack Foster	3	Harry Behan
4	Max Taylor	31	Zachary O'Hallaran	4	Flynn O'Meara
5	Noah Smallacombe	32	Rhys Barber	5	Cameron Logie
6	William Wright	33	Jack Woodburn	6	Walter Choate
7	Jack Dalgleish	34	Ben Bryant	7	Noah Weber
8	Riley O'Meara	35	Jack Thomson	8	Ben Sankey
9	Harry Behan	36	Alex Shepherdley	10	James Ryan
10	Andrew Richardt	41	Anthony Pacers	11	Jack Brooks
11	Callan Randall	44	Darren Robinson	12	Hamish Mullavey-Clark
12	Leroy Ristevski	45	Ethan Elkin	13	Tyreese Sefer-Govender
13	Tom Jackson	46	William Smith	14	Huon Wells
14	Jake O'Meara	47	Rhys Carmen	15	Tristan Cavello
15	Mathew Higgins	49	Jackson Cornish	17	Kyle Lech
17	Ashley-James Graham	51	Matt Dunbar	18	Scott Jowett
18	Liam Briant	53	Matt Sankey	19	Sam Benfold
19	James Falcone	57	Tynan Howard	20	Toby Cacia
20	Ollie Bryant	62	Aaron Andrews	21	Doc Nichols
21	Isaac Smithwick	63	Will O'Connell	25	Thomas Ogden
23	Elliot Cotes-Cowley	64	Tom Sayers	28	Mitchell Crosland
25	John Morgan	71	Tom Filipovic		
26	Adam Miles	72	Jerome Ristevski		
27	Daniel Reynolds	73	Kieran Cooke		

Coach Ryan O'Meara Coach Callan Randall (Reserves) Coach Jason Tully

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Tarnee Hammond	GS	Renee Sari	GS	Piper O'Meara	GS	Ellie Torney	GS	Khaliyah Meader
GA	Shanae Brundell	GA	Ciara Stewart	GA	Emmy O'Meara	GA	Elke Henson	GA	Kohibi Ellard
WA	Mia Daly	WA	Alyssah Chibnall	WA	Ruby O'Meara	WA	Kate Jackson	WA	Anita McMaster
C	Karlee Bruno	C	Meg Delgleish	C	Eliza Janky	C	Mollie Choate	C	Paula Broadstock
WD	Ella Stoward	WD	Jacqueline Warriner	WD	Lily Borg	WD	Ellie Kays	WD	Sherree Hermans
GD	Shaid Sasalu	GD	Stephanie Hammond	GD	Keira Mathlin	GD	Hayley Milner	GD	Alesha Laurie
GK	Bella Collodetti	GK	Trinity Drain	GK	Grace O'Meara	GK	Sharna Smith	GK	Baylee Beltrame
Sub	Darcee Ellard	Sub	Megan Berger	Sub	Ella Mathlin	Sub	Kirriyl Lumsden	Sub	Sarah Galea
Sub	Tyla Evans	Sub	Amber Winks	Sub	Sarah Huggins	Sub	Jaymee Egan-Ford	Sub	Kerry Hammond
Sub	Chloe Hodgson			Sub	Amy O'Meara				

Coach Ciara Stewart Coach Ciara Stewart Coach Kim Berger Coach Emma Stone Coach Alyssah Chibnall
 Coach Kerry Hammond Coach Kerry Hammond Coach Megan Berger

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MACEDON Team List



SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	James Wright	29	Zach Baggs	1	Oliver Coppin
2	Jarrold Bullus	30	Brad Cooke	2	Jackson Alabaster
3	Josh Blake	31	Jacob Gough	3	Finn Marsden
4	Jayden Cott	32	Leo Webb	4	Finn Burnell
5	Hamish Govan	33	Jack Lord	5	James Kinkead
6	Tom Hildebrand	34	Nathan Hynes	6	Baylee King
7	Zachary Smedley	35	Fintan Burnell	8	Brodie Clarke
8	Xavier Morgan	36	Aden Muir	9	Issac Farrelly
9	Jason Cooke	37	Fintan Light	11	Kohen McLaughlin
10	Sam Indian	38	Alec McGregor	12	Lachie Turner
11	Nathan Bridgland	39	Charlie Ozanne	13	Fletcher Coppin
12	Thomas Indian	40	Cameron Toll	14	Jacob Lilley
13	Toby Sims	41	CJ Brill	15	Riley Nolan
14	Brodie Hoyne	42	Ben Blake	16	Kobi Donaldson
15	Matthew Dick	43	Riley Nolan	17	Callum Power
16	Jonathon Bissell	44	Lachie Turner	18	Joshua Nolan
17	Joseph Barham	45	Angus Lynch	19	Marcus Trakosas
18	Michael Rutledge	46	Mitch Blake	20	Loius Krstev
19	Dylan MCDonald	47	Caine Brill	23	Flyn Awty
20	Chad Walker	48	Brodie Clarke	25	Jack Watson
21	Thomas Rutledge	49	Daniel Lowe	26	Rhodes Manakis
22	Aaron Morham	50	Nigel Bloomfield	27	Tate Wilson
23	Xavier Thorburn	52	Tristyn Nicholls		
24	Jack Kernan	53	Matthew Faria		
25	Blake Watson	54	Cody Manniche		
26	Charlie Rossetti	55	Jamie Faria		
27	Tate Wilson	59	Zac Leach		
28	Sonny Phelan	61	Ryan Fischer		
Coach	Al Meldrum (Seniors)	Coach	Chris Nemeth (Reserves)	Coach	Tom Hildebrand

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Hetty Donoghue	GS	Christie Brinkhuis	GS	Izzy Moyes	GS	Susan Eastman	GS	Sabbie Bryant-Jones
GA	Chloe Eyre	GA	Eliza Petherick	GA	Evie Nolan	GA	Nellie Wilson	GA	Lucy Duoba
WA	Chelsea Kemp	WA	Ashlee Blake	WA	Shiloh Minton	WA	Michelle Rix	WA	Jess Roan
C	Caitlyn Alifracco	C	Abbey Lambert	C	Emily Duoba	C	Tamika Bishop	C	Teesha Sadler
WD	Hayley Birch	WD	Deanna Cooper	WD	Georgia Weier	WD	Janayah Chamra	WD	Tamsin Muller
GD	Janelle Tate	GD	Brooklyn Anderson	GD	Sadie Hall	GD	Lauren Cross	GD	Sarah Titchmarsh
GK	Katie Clarke	GK	Michelle Cliffe	GK	Lucy Duoba	GK	Allira Egan	GK	Jane Coleman
Sub	Molly McGrath	Sub	Grace Boyd	Sub	Zoe Kays	Sub	Izzy Hollaway	Sub	Kaitie Muller
Sub	Taylah Chamra	Sub	Bronte Green	Sub	Mackenzie Shaw	Sub	Eloise Williams	Sub	Clytie Deering
Sub	Alex Cameron	Sub	Bec Ingleton	Sub	Bailey Bliem	Sub		Sub	
Sub		Sub	Emily Duoba	Sub		Sub		Sub	
Coach	Katie Clarke	Coach	Shiloh Minton	Coach	Abbey Lambert	Coach	Michelle Rix	Coach	Tanae Bannan
Coach	Michelle Rix	Coach	Teghan Butler	Coach		Coach	Steve Lambert	Coach	



MELTON CENTRALS

Team List



SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES	
#	Name	#	Name
1	Hisham Kerbatieh	24	Dylan Jobson
2	Evan Donoghue	25	Beau Hilbert
3	James Roberts	26	Luke Castle
4	Anthony Piva	27	Brad Layton
5	Josh Ullrich	28	Adam Tomac
6	John Ferri	29	Tom Taylor
7	Fabvian Brancatisano	30	Lochan McKenzie
8	Jake Armistead	31	Beau Arnautovic
9	Karl Ullrich	33	Joshua Thomas
10	Kahlan Williams	34	Harry McKay
11	Ryan McDonald	35	Kelson Holt
12	Sam Apineru	37	Jack Perks
14	Hayden Sproule	38	Lachie Stewart
15	Jacob Sinclair	39	Harrison Benbow
16	Ajdin Elkasovic	40	Mark Radford
17	Josh Borg	42	Tonga Matapule Otutaha
18	Caleb Higgins	43	Dean Franklin
19	Dylan McDonald	44	Michael Hevey
20	Brody Thrum	45	Jack Simpson
21	Hayden Payne	47	Brandon De Bono
22	Taygen Dennison	50	Phil Hevey
23	Lachlan Donoghue	52	Rabih Rachrache
Coach	Damien Zanic (Seniors)	Coach	Brandon DeBono (Reserves)

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Imogen Sexton	GS	Layla Pretorius	GS	Charlotte McVeigh	GS	Alexandra Psomadellis	GS	Jessica Tucker
GA	Jaeda Amato	GA	Rebecca Morabito	GA	Chelsea Lewis	GA	Prue Kirby	GA	Sarah Addis
WA	Elisa Butterworth-Gonebale	WA	Natasha Lacey	WA	Prue Kirby	WA	Ella Botteril	WA	Taegan Moore
C	Kahlan Suafoa Tanoi	C	Maeve Connally	C	Ella Botteril	C	Sarah Rozynski	C	Brittany Nicholson
WD	Hayley Hill	WD	Teshanna Munro	WD	Maeve Connally	WD	Presley Johns	WD	Indiana Hailes
GD	Manon Muir	GD	Mia Williams	GD	Jamie-lee Hussey	GD	Jamie-lee Hussey	GD	Paige Casley
GK	Avana Hobson	GK	Askani Pirihi	GK	Layla Pretorius	GK	Marce Pene	GK	Dot glesson
Sub	Charity Suafoa Tanoi					Sub	Chelsea Lewis	Sub	Jessica Tamati
Sub	Romina Barbuto							Sub	Danielle Smith
Sub	Mariah Vankervoort							Sub	Maddie Lewis
Coach	Remy Pirihi	Coach	Remy Pirihi	Coach	Remy Pirihi	Coach	Randy Pereira	Coach	Randy Pereira

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MELTON SOUTH

Team List

SENIOR FOOTBALL					
SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Cody Chapman	31	Michael Schiccitano	3	Brodie Leitch
2	Lachlan Pritchard	32	Jai Carlin	4	David George
3	Jesse Geddes	33	Sam Darley	5	Jack Siphthorp
4	Daniel Vasjuta	34	Jayden Vincent	6	Sean Banks
5	Matthew Notman	35	Jon Bell	7	Charlie Doran
6	Bryce Kerney	36	Shaun Lord	8	Jackson Quinlan
7	John Kovarik	37	Phil Hoyland	10	Jye Bates
8	Riley Theo	38	Jackson Reale	11	Jakob Lewer
9	Jake Charge	39	Jack Morrissey	12	Ahmed Abdelaziz
10	Will Thornton	40	Jayden Smoors	13	Will Smith
11	Joel Hodgson	41	Loughie Holt	14	Owen Ficheroux
12	Jake Thornton	42	James Dodds	15	Brodie Ryan
13	Mitch Fino	43	Jye Bates	16	Adam Mizzi
14	Brayden Wood	44	Shaun White	17	Declan Keenan
15	Brodie Ryan	45	Marcelo Vescio	18	Caleb Logan
16	Nathan Johns	46	Connor Charge	19	Cooper Cromie
17	Jarrold Bibby	47	Hayden Schultz	20	Ali Yassine
18	Daniel Schwarzenberg	48	Jordan Miller	21	Bailey Borg
19	Nathan Gemmell	49	Leigh Notman	22	Liam Clough
20	Broden Collins	50	Marlion Pickett	24	Dylan Radville
21	Sam Hurst	51	Luke Humphries	25	Connor Ashford
22	Ryan Holzer	52	Callum Mawson	26	Lucas Gilmore
23	Hudson Wilde	53	Cameron Lord	29	Tahj Craggil
24	Alec Goodson	54	Patrick Unsworth	30	Danny Rose
25	Logan Brett	55	Josh Oldfield		
26	Paul Bridges	56	Archer Doyle		
27	Jesse Muse	57	Daniel Hillier		
28	John Armstrong	58	Will Smith		
29	Dylan Millard	59	David George		
30	Caleb Logan	60	Dylan Nicholson		
		65	Mark Howden		
Coach	Travis Hodgson (Seniors)	Coach	Scott Carlon (Reserves)	Coach	Troy Sipworth

SENIOR NETBALL									
A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Tiarnah Lloyd	GS	Maria Tabi	GS	Jada Geddes	GS	Allanah Coward	GS	Anna Edmonds
GA	Florence Coleman	GA	Jorja Grant	GA	Florence Coleman	GA	Johanne Hunt	GA	Ally Morrissey
WA	Casey Smart	WA	Jess Watkins	WA	Charlie Mangan	WA	Chrissy Smeaton	WA	Mikayla Brett
C	Addison West	C	Erin Keenan	C	Tysha Samau	C	Samantha Morrissey	C	Mel Piccone
WD	Stella Coleman	WD	Mishayla Andrews	WD	Jazlynn Narula	WD	Patricia Braithwaite	WD	Caitlin Payne
GD	Klara Boyd	GD	Bonnie Cottam	GD	Stella Coleman	GD	Tiarna Chesser	GD	Sara Tangaroa
GK	Keeley Button	GK	Telia Coverdale	GK	Isabella Baxter	GK	Taliyah Andrews	GK	Taylor Decker
Sub	Sarah Missen	Sub	Erin Carlin	Sub	Amera Praise-Brown	Sub	Ellen Graham	Sub	Melissa Dawson
Sub	Helena Samardzija	Sub	Sandie Tahata	Sub	Meleanne Jackson-Mouga	Sub	Megan Humphries	Sub	Carly Decker
						Sub	Brooke Ihaka	Sub	Stacey Holmquest
						Sub		Sub	Paige Honey
						Coach	Ally Morrissey	Sub	Shontelle Cini
Coach	Anna Edmonds	Coach	Anna Edmonds	Coach	Anna Edmonds	Coach	Erin Carlin	Coach	Florence Coleman



RIDDELL Team List



SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Ben Sonogan	21	Harry Sloss	1	Shaun Briscoe
2	Luke Cannon	22	Jordan Reardon	2	Todd Poulton
3	Matt Panuccio	23	Lachlan Hay	3	Lachlan McCarthy
4	Dylan Tarczon	24	Nicholas Bovezza	4	Memohis Faulkner
5	Matt Darby	25	Dylan Podalczak	5	Max Murden
6	Josh Grabham (C)	26	Jack Hammerling	6	Andreas Bouk
6	Connor Hagan (Res)	28	Brodie Miller	7	Logan Murray
7	Oscar Beasanko	29	Sean Duggan	8	Josh Power
8	Tommy Alkemade	30	Jordan Williamson	9	Matt Vosper
9	Dean Galea	31	Jackson Taylor	10	Kristian Savage
10	Brent Swallow	32	Rhys Hannan	11	Tobie Smith
11	Kamen Olgilvy	34	Mark Cadman	12	Jack Ali
12	Jackson Wadden	35	Tim Rowsell	13	Jack Butler
13	Callum Williamson	36	Bailey Goodman	14	Mick Gray
13	Ryan Cleaver (res)	37	Trav Martin	15	Oli Baird
14	Lachlan Tarczon	38	Ben Donnelly	18	Luke Cardillo
15	Ben Borg	39	Ben Zarb	19	Jack McGovern
16	Jacob Chahine	41	Nathan Mills	20	cooper Lofts
17	Connor Flynn	43	Kane Frew	22	Harry Johnson
18	Josh Lanyon	44	Jarrod Apps	25	Jacob Tinwoth
19	Hayden Ross	45	Guy Cilauro	26	Lincoln Brauman
19	Nic May (res)	46	Jaye Doolan	27	Jahn Wallace
20	Bryce Williamson	49	Josh Gray	29	Tom Greenwood
20	Bailey Daniel (res)	53	Jarrod Mckee	30	Jordan Brewer
				33	Brodie Thompson
				36	Darcy Ryan
Coach	Arron Bray (Seniors)	Coach	Nic May (Reserves)	Coach	Paul Murden

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Bec Colwell	GS	Shelby Holter	GS	Tilly Allen	GS	Lex DeRuiter	GS	Simone De Haas
GA	Ellen Close ©	GA	Keely Holter	GA	Hayley Brown ©	GA	Tameika Ploog	GA	Naomi Klaassen
WA	Sahara Ball	WA	Hayley Brown	WA	Macey Besanko	WA	Keely WK	WA	Nicole Steward
C	Mady Brown	C	Lindsay Ward ©	C	Holly Poyser	C	Alex Matthews	C	Christina Ianno
WD	Lara Turner	WD	Meikah Johns	WD	Lily Wadden	WD	Caitlin Cambell	WD	Jess Ponton ©
GD	Brianna De Haas	GD	Laura Gallus	GD	Lila Lowther	GD	Caitlin Mitchell	GD	Taylor Brogan
GK	Xara Burge	GK	Holly Poyser	GK	Charlotte Masoudi	GK	Briannah Thompson	GK	Eliza Lee
Sub	Lauren Nolan	Sub	Karli McIntosh	Sub	Sara Mazzaralla	Sub	Emma Croft ©	Sub	Mackenzie Brown
Sub	Finn McKeoghney Stubbs	Sub	Sienna Phelan-Smith	Sub	Indi Byrne	Sub	Bridget OSullivan		
Sub	Georgia Shattock			Sub	Ava McGrath				
Coach	Emily Ktona	Coach	Chris OSullivan	Coach	Naomi Klaason	Coach	Emma Barbour	Coach	Naomi Klaason

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OPTIONS FOR KIDS**



Join the
movement



It's lunch time and our partners Macedon Ranges Health have a program they want to share with us all. Vic Kids Eat Well is an exciting new state-wide movement to boost healthy eating in Victoria so kids can thrive. It's working with schools, sports clubs and other community organisations to:

-  Refresh the fridge
-  Switch up the snacks
-  Change up the menu
-  Put the 'fun' into fundraising and marketing

What snacks are you eating today?

Learn how you can join the movement here:

www.vickidseatwell.health.vic.gov.au

[#VicKidsEatWell](https://twitter.com/VicKidsEatWell)



ROMSEY Team List

SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	NATHAN BLAIR	18	BENJAMIN NOTMAN	1	JED PERTZEL
1	BAILEY CECATI	18	CHARLIE JEDWAB	2	KLEM EVANS
2	TAYLOR BOORMAN	19	JULIAN BRENNAN	3	BRODIE LOCKENS
2	ETHAN BEER	19	MATTHEW BURKETT	4	CHARLIE BEER
3	AARON FLAVEL	20	AYDEN TESSARI	5	COOPER O'BRIEN
3	DARCY LOCKENS	21	CONNOR LEVER	6	TOM SHARP
4	MACCA FORBES	21	NATHAN TESSARI	7	MATTHEW MILBURN
4	CORY PERTZEL	22	LACHLAN SKINNER	8	HARRY BRYANT
5	SAM WILSON	22	DARCY PEAVEY	9	JOSH DIXON
5	DANNY HARRISON	23	CALLUM LEVER	10	NATHAN DE CAROLIS
6	MATTHEW RICHARDSON	23	NATHAN STEPHENS (C)	11	NOAH WALKER
6	ASH MILLANE	24	MATTHEW HOY	12	BILLY STEWART
7	STEPHEN BURLAK	25	JOE STAPLETON	13	NICK JOHNSTON
7	JACK JEDWAB ©	26	AARON PATERSON	14	COOPER MUIR
8	ALEX LOTT	27	MITCHELL REES	15	RYDER BODENKO
8	CONNOR BILLS	28	SEAMUS MENNER	16	DANIEL TUCKER
9	BRAYDEN SMILEY	29	HAMISH GALEA	17	DYLAN KENYON
9	CHRIS PETRO	30	HARRISON NOTMAN	19	JACK EDDY
10	AUSTIN TENNANT	33	JAKE BRAY	20	JASPER SCHNOOR
10	WILLIAM DiPIETRO	36	NATHAN RAYMENT	21	NED BUDDLE
11	MITCHELL ADAMSON	36	SAM STEPHENS	22	JETT LIDDICOAT
12	PHILLIP ROMERIL	37	TRAVIS THOROGOOD	23	LIAM SEAGRAVES
12	JUSTIN WALDRON	41	JUDD RADEMAKER	24	JAMES WILLIAMS
13	LIAM MUIR	43	NED EVANS	25	PATRICK KEOGH
14	MARCUS TUCKER	44	EAMON WHELAN	26	OCCY CUTHBURT
14	KANE BRINKHUIS	48	ASH McNAUGHTON	41	JUDD RADEMAKER
15	LUKE NEWNHAM	50	MICHAEL CARROLL	43	HARRISON CRIBBES
15	ANGUS STOREY	55	JASON COATES		
16	JACK THORSEN	57	AARON CHINN		
16	CALLUM SANKEY	64	SHAUN GRAY		
17	JACOB MARTIN	66	CHARLIE JEDWAB		
17	JAX KINNEAR	77	KYLE BRENNAN		
16	Nathan Blair (Seniors)	Coach	Hamish Jedwab (Reserves)	43	Michael Richardson

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Charlie Bellette	GS	Elizabeth Crump	GS	Scheldon Forbes	GS	Rachael Scholfield	GS	Scarlett Stephens
GA	Emma Grech	GA	Klara Taylor	GA	Elizabeth Crump	GA	Isobella Collins	GA	Megan Smith
WA	Cayley Blair	WA	Danni Davidson	WA	Maisie Wilson	WA	Maddison Randle	WA	Kammernyn Forbes
C	Amelia Cini	C	Natalie Kearney	C	Josie Lepore	C	Emily Muir	C	Laury Harper
WD	Brooklyn Leahy	WD	Emily Newnham	WD	Emily Beveridge	WD	Tahlia Binney	WD	Isobella Stephens
GD	Josie Lepore	GD	Ava Binney	GD	Charli Taylor	GD	Amy Miles	GD	Danielle Battersby
GK	Laura Neo	GK	Kayley Coulsell	GK	Ave Binney	GK	Koby Rademaker	GK	Edie Langman
Sub	Maddison Thompson	Sub	Phoebe Mottram	Sub	Taylah Evans	Sub	Kirsten McKinney	Sub	Millie Coughlin
		Sub	Charli Taylor	Sub	Ella Woods	Sub	Brie Phillips	Sub	Taylah Evans
		Sub		Sub	Millie Coughlan	Sub		Sub	Scheldon Forbes
								Sub	Jessica Lockens
Coach	Justin Philby	Coach	Justin Philby	Coach	Leigh Miles	Coach	Cayley Blair	Coach	Tracey Newnham



WALLAN Team List

SENIOR FOOTBALL

SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Matthew Perri	22	Shaun Stewart	1	Cooper Ramsay
1	Luke Young	22	Marcus Datson (R)	2	Shane Lawrence
2	Harley Short	23	Bailey Fowler	3	Blake Patterson
2	Blair Dewar	24	Kaiden Broomfield	4	Logan Kemp
3	Jordan Port	25	Michael Mannix	5	Jaiden Studd
3	Matt O'Connor	20	Jake Neilson	6	Liam O'Connell
4	Connor Voss	26	Jesse Nelson	7	Matthew Carroll
4	Josh Vilinskis	27	Matt Bell	8	Zac Bell
5	Victor Micaffe	27	Mitchell Toes	9	Wil Rice
5	Daniel Perkins	28	Stevie Bell	10	Jordan Stewart
6	Corey Viani (S)	28	Max Russell	11	Oliver De Jong
6	Jett Kennedy	29	Mitchell Kermath	12	Joel Yendall
7	Graeme Torney	29	Kale Frost	13	Ryley Callaghan
7	Alex Crawford	30	John Bellino	14	Cameron Thomson
8	Tom Knight	31	Josh Ruth	15	Dylan Coldrey
9	Sean Morris	32	Matthew Traynor	16	Cody Tucker
10	Jake Layley	33	Cameron Cloke	17	Archie Moore
11	Damian Korp	34	Angelos Sidhom	19	Michael Keratianos
11	Jeremy Hayes	35	Rhys Frost	20	Jack De Jong
12	Chris Stewart	36	Shaun Harrison	21	Casey Simpson
12	Kobey Christall	37	Angus Love	22	Liam Ottema
13	Marcus Datson	38	Mitchell Van De Dium	24	Thomas Mathieson
13	Riley Voss	39	Jayden Wright	27	Kade Bell
14	Jake Carlisle	39	Grant Williams	28	Cooper Sirianni
14	James Hawkins	41	Regan Somers	33	Kade Jensen
15	Patrick Mahoney	43	Brok Wightman	59	Omar Khoder
15	Jack Charlton	44	Jaime Rogasch	78	Randall Whittingham
16	Brodie Gilchrist	45	Luke Chapman		
16	Casey Nelson	48	Jordan Roberts		
17	Blaide Dickson	50	Spencer Whittingham		
17	Nash King (S)	58	Ayden Easdale		
18	Lachlan Inness	63	Josh Anderson		
19	Brayden Byrne (S)	67	Alex Tomsky		
19	Cohen Slade (R)	74	Riley Evans		
		88	Steve Boyall		
Coach	Daniel Nolan (Seniors)	Coach	Matt Bell (Reserves)	Coach	Tim Yendall

SENIOR NETBALL

A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Maeve Donegan	GS	Sam Nunan	GS	Ebony Leech	GS	Cassandra Leech	GS	Kyrstyn Newton-Slee
GA	Rebekah Konstantopoulos	GA	Georgia Fearn	GA	Chloe Head	GA	Chloe Head	GA	Rachel Livori
WA	Genevieve Carboon	WA	Macey Byrnes	WA	Chiara Rayner	WA	Catherine Taylor	WA	Katelyn Shephard
C	Dakota Lister	C	Loz Parkinson	C	Amella Haxby	C	Jodie Roach	C	Ellie Scott
WD	Alyssa Pearce	WD	Aneike Matthey	WD	Jamieson Turner	WD	Mia Ritter	WD	Emily Mathieson
GD	Jackie De Waele	GD	Jorden Fonua	GD	Armanda Su'a	GD	Georgia Mcvicker	GD	Alana Barany
GK	Georgia Stevenson	GK	Hayley Baker	GK	Haylie Baker	GK	Ailish Donegan	GK	Aimee Cook
Sub	Madison Head	Sub	Demi Fitzsimmons	Sub	Brooklyn Fonua	Sub	Megan Taylor	Sub	Chloe Gill
Sub	Amanda Su'a	Sub	Sheridan Jones	Sub	Alannah Judd				
Sub		Coach	Emma Stalenberg	Sub	Ella Moore				
Sub		Sub	Alannah Judd	Sub	Dezrye Paiti				
Coach	Lucas Bennett-Hullin	Coach	Sharon Ashworth	Coach	Sharon Ashworth	Coach	Genevieve Carboon	Coach	Lucas Bennett-Hullin



WODEND HESKET

Team List



SENIOR FOOTBALL					
SENIOR/ RESERVES		SENIOR/ RESERVES		UNDER 19.5s	
#	Name	#	Name	#	Name
1	Dean Bramley	24	Jesse Coe		Woodend Heskett will have a bye in the Under 19.5s as Melton Centrals do not affiliate a team.
2	Luke Butcher	25	Jack Tadd		
3	Sam O'Loughlin	26	Marcus Stapleton		
4	Oliver Watt	29	Jack Binns		
5	Brendan Butler	31	Hud Elmawey		
6	James Schmidt	33	Hamish McDonald		
7	Daniel Toman	34	Ethan Gove		
8	Miles Miranda	35	Jock Brasell		
9	Matthew Doody	36	Liam Tierney		
10	Luke Cuffe	37	Elliott Beckett		
11	Campbell Barton	38	Joachim Liaw		
12	Jack Duggan	39	Ethan Rowe		
13	Will Wiseman	41	Jacob Stewart		
14	Toby Duff-Tytler	44	Riley Ferguson		
16	Jesse Sheppard	47	James Chettle		
17	Xavier Tad	49	Louis Mitchener		
18	Luke Bourke	50	Austin Lidgerwood		
19	Cody Bowen	52	Aaron Cerone		
20	Alistair Rae	55	Patrick Haddad		
21	Cooper Newton	65	Ted Watts		
22	Caelen Templeton	76	Paul Podbury		
23	Saxon Gardner				
Coach	Alistair Rae (Seniors)	Coach		Coach	

SENIOR NETBALL									
A Grade Netball		B Grade Netball		19 & U Netball		C Grade Netball		D Grade Netball	
Position	Name	Position	Name	Position	Name	Position	Name	Position	Name
GS	Kaia Giles	GS	Beth Barry	GS	Zara Conway	GS	Hannah Dwyer (vc)	GS	Meg Norman
GA	Charlee Duff-Tytler	GA	Zoe Phillips (c)	GA	Matilda Robinson	GA	Courtney Chettle (vc)	GA	Louise Merendez
WA	Laura Carland (vc)	WA	Kearley Stone	WA	Angelique Doherty	WA	Karlie Plowman (c)	WA	Rachael Norman
C	Sarah Duff (vc)	C	Mackenzie Brown (vc)	C	Olivia Lee	C	Georgia Fitt	C	Hayley Rogers (c)
WD	Hayley Rogers (c)	WD	Ruby Robinson	WD	Kendra Crocker	WD	Natalie McCarthy	WD	Emily White
GD	Jess Martin	GD	Eliza Bell	GD	Torah Dowling	GD	Jess Seddon	GD	Sophie Conlan (c)
GK	Georgia Bowkett	GK	Kate Bartlett	GK	Lenni McCarthy	GK	Makenzie Coop	GK	Melissa Rundie (vc)
Sub	Natalie McDonald	Sub	Kate Phillips	Sub	Leilah Meadows	Sub	Olivia Beattie	Sub	Anna Moloney
Sub	Tayissa Coppinger	Sub	Caroline Morgan	Sub	Minty Taylor	Sub	Lucy Munro	Sub	Monique Hassett
Sub	Samantha Coppinger	Sub	Charlzee Mumford	Sub	Lucy Tobin	Sub	Lia McQualter		
				Sub	Grace Blackam				
				Sub	Isabelle Nicholson				
Coach	Tayissa Coppinger	Coach	Tayissa Coppinger	Coach	Kellie Duff	Coach	Lia McQualter	Coach	Brenda McDonald

Romsey  Dental
FAMILY DENTAL CARE



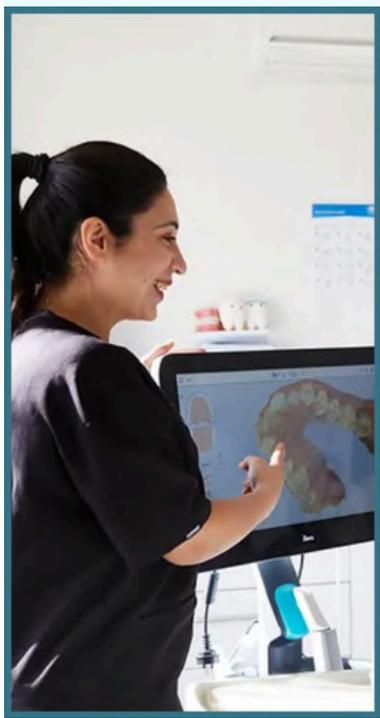
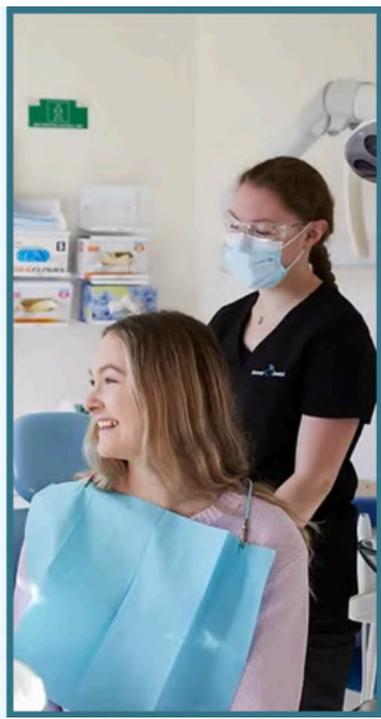
Cash Back

\$25 RETURN FOR YOUR CLUB

RDFNL Cash Back offer to Clubs for \$25 per Club member that goes to Romsey Dental for a check-up. Maximum of 5 per Club.



MORE INFORMATION



Romsey  Dental
FAMILY DENTAL CARE



Gift

VOUCHER

10% OFF



MORE INFORMATION

*RDFNL Club members and those associated with the RDFNL will receive a 10% discount on treatment at Romsey Dental.

*SUBJECT TO PROOF OF CLUB/LEAGUE INVOLVEMENT

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(Operations Manager)
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PLAYER OF THE WEEK

ALICE BROMLEY

28 DISPOSALS | 23 CONTESTED POSSESSIONS | 15 CLEARANCES
6 TACKLES | 1 GOAL | 142 RANKING POINTS

TOP PLAYER STATS

Most HIT OUTS for Round 8 - WOMENS

1	BRIDIE KINGHORN	41	
2	LAURA LONERGAN	27	
3	ABBIE SARGINSON	23	
4	MOLLY CONNELL	19	
5	RACHAEL WINTERTON	16	
6	KANDISE MALLINSON	12	
7	AVA OSBORNE	10	
8	ALICE MASTERS	4	
9	SHAKIA PARKER	3	
9	TIANE RYMAN	3	



RDFNL RESULTS

ROUND **1** 2 3 4 5 6 7 8 9 10 11 12 13 14 15 FR1 PF GF

 Sync to Calendar

Round 1

Saturday, 05 April 2025

 Melton Women  Mount Alexander Falcons Women Melton Women won by 37 points	44 6.8 FINAL 7 1.1	 03:30 PM, Sat, 05 Apr 25  Macpherson Park Oval / Macpherson Park Oval 1
 Lancefield Women  Romsey Women Lancefield Women won by 44 points	65 9.11 FINAL 21 3.3	 05:00 PM, Sat, 05 Apr 25  Lancefield Park / Lancefield Park 1
 Riddell Women  Macedon Senior Women Macedon Senior Women won by 70 points	0 0.0 FINAL 70 10.10	 05:00 PM, Sat, 05 Apr 25  Riddells Creek Recreation Reserve / Riddells Creek Recreation Reserve 1

Click Here for ladders. match details, best players and goal kickers.



RDFNL Senior Womens Football Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior womens matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Womens Football Tipping					
NAME	Mount Alexander vs Melton	Macedon vs Romsey	Lancefield vs Riddell	Last Week	Season Total
Brenton Knott	Melton	Macedon	Riddell	2	19
Courtney Alexander	Melton	Macedon	Lancefield	2	13
Jacqui Green	Melton	Macedon	Riddell	2	15
Jordan Doyle	Mt Alexander	Macedon	Lancefield	1	14
Grant McMillan	Melton	Macedon	Riddell	1	16
Tara Murray	Melton	Macedon	Lancefield	1	14
Ben Higgins	Melton	Macedon	Riddell	2	15
Grace Bibby	Melton	Macedon	Riddell	1	15
Richard Thwaites	Melton	Macedon	Riddell	2	16





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LANCEFIELD

Team List



SENIOR WOMENS					
SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Caitlyn Ager	15	Maddison Coates Cowley	30	Eliza Consiglio
3	Gemma Murphy	20	Carolyn Cusack	31	Michelle Murphy
4	Emily O'Brien	21	Layla McShane	32	Kayla Azidis
5	Harriet Ziedaitis	23	taleeya robotham	33	Tara Quigley
7	Ashleigh Coates	25	Milika Fortune	34	Georgia Champion
8	Meaghan Lyons	26	Hailee Donovan	37	Molly Libardi
11	Kirsty Albert ©	27	Emily Consiglio	38	Luzanne Paeglitis
12	Abbie Sarginson	28	Em Condron	40	Alice Bromley
14	Caitriona Goldsworthy	29	Keiley Walker		
Coach	Cash Ferguson	Ass	Colin Bromley		



MACEDON

Team List



SENIOR WOMENS					
SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Ruby Watts	15	Clytie Deering	26	Laura Wilkinson
5	Adie Ward	16	Amy Miles	29	Shakira Parker
6	Sarah Miles	17	Tiane Rymer	30	Bridie Kinghorn
7	Ninna Harbinson	18	Lilli Collins	31	Alex Cairney
8	Hayley Stewart	19	Tamara Collins	32	Amber Coy
9	Tilly McDonald	20	Tamsin Muller	33	Ciara Reeves
10	Steph Jones	21	Sam Pointer	34	Charlotte Noonan
11	Kit Collins	22	Sian Andrews	41	Grace Savage Sanders
12	Lily Prater	23	Kalea Brodie	66	Jessy Unger
14	Bri Woodburn	25	Kaitie Muller		Taya Konias
Coach	Chris Nolan	Coach	Bevan Uren	Ass	Tamara Collins



MELTON

Team List



SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Kandise Mallinson	13	Ashley Zahra	23	Shontaine Barker
4	Coby Savage	14	Mariah Conder	24	Chelsea Lapsley
6	Danielle Rocznik	15	Lina Farrugia	25	Talia Bozinovski
7	Jordyn Syme	16	Claudia Sierra	27	Amy Hibbert
8	Vivian Lam	17	Jodie Willis	28	Belinda Dolheguy
9	Kasey Mcauliffe	18	Alaynna Morren	36	Pipe Ryan
10	Linda Morren	19	Rebecca Dantonio	43	Molly Kirkman
11	Jessica Dowdy	20	Pauline Hutchins	91	Alice Masters
12	Kaitlyn Rust	21	Helen Hutchins	99	Natasha Coombs
Coach	Ryan White	Ass	Josh Fikret		



MOUNT ALEXANDER

Team List



SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
2	Tash Ross-Harris	20	Peta Godfrey	40	Carys Chalklin-McDonald
3	Tess O'Brien	22	Ruby Fiedler	41	Meg Randles
5	Sophie Foster	23	Sam Downing	43	Alana Wearne
6	Libby Baker	24	Emily Baldwin	44	Lil Waters
7	Mary Koeko	25	Gabe Smith	47	Alex Kelly
8	Nicole Tadpole	26	Rachel Winterton	50	Hayley Johnson
9	Meredith Johnson	27	Jesse Boylan	51	Alex Burgess-Norris
10	Ella Brook	28	Bonnie Cummings	54	Lauz Cady
12	Amy Downing	29	Lainie Sutton	55	Gabi Bridge
13	Sophie Burke	30	Georgia Harvey	57	Miranda Johnson-Jones
14	Sashi Douglas	33	Casey Sowula	58	Jane Furze
17	Helena Holmes	35	Emma Hemsley	64	Nicole Lord
18	Sissy Austin	37	Nicole Woodman	66	Alicia Beauchamp
19	Louise Ainscough	38	Lou Napolitano		
	Coach		Louise Ainscough		



RIDDELL Team List



SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
1	Indianna Power	11	Brianna Dehaas	21	Ava Osborne
2	Chloe Smith	12	Jess Edwards	22	Ruby Taranto
3	Gemma Callinan	13	Ashley Unsworth	23	Abbey McDonald
4	Lara Turner	14	Lauren Shaw	24	Mariam Habib
5	Britt Layton	15	Emma Croft	26	Paige Tinworth
6	Tenille Cook	16	Molly Connell	28	Charrouf Habib
7	Paris Lee	17	Keely Wallace-Kilbane	29	Jess Sproule
8	Brianna Tarczon	18	Amanda Burt	43	Chrissy Robertson
9	Caitlin Broadfoot	19	Lauren Nolan	77	Ruby Ayers
10	Tess O'Donnell	20	Caitlan Wagstaff		
		Coach	Robert Bretherton		



ROMSEY Team List



SENIOR WOMENS

SENIOR WOMENS		SENIOR WOMENS		SENIOR WOMENS	
#	Name	#	Name	#	Name
1	Georgia McGoven	9	Millie Hodgson	17	Maddison Lawer
2	Maddison Dutton-Johnson	11	Kaitlynn Paterson	18	Megan Delgleish
3	Megan Brundell	12	Liz Worthington	20	Bell Truswell
4	Laura Longergan	14	Chloe Trimble	21	Sarah Galea
5	Zoe Hardiman	15	Mackenzie Brown	22	Sam Tyrrell
6	Eylsse Brundell	16	Evenlyn Jacques	23	Jordyn Duff
7	Nicole Stewart	17	Maddison Lawer	26	Garbrielle Kassinidis
Coach	Matthew Brundell	Ass	Nicole Stewart	Ass	Glen Marshall



RDFNL Senior Womens Previews

By Grace Bibby



Mount Alexander and Melton will both be looking to bounce back from disappointing results prior to the bye. Mount Alexander were no match for Riddell while Melton fell short to Romsey who they defeated early in the season.

For Mount Alexander a lot rides on their player availabilities and at home they generally put a tough team on the park.

For Melton they will need to find another gear. Melton in recent years have had a lull in the middle of the season before they find good form late.

They will need the captain Syme to continue her strong season along side Mallison.

For Flacons Napolitano is a player to watch,

Prediction: Melton to win.



Macedon have been challenged the last two weeks and will want to continue their improvement if they are going to finish the season on top. They look to have taken their foot off the pedal and despite still getting the four points the opposition are coming. Romsey had their best win since their womens team was establish last week and with the likes of Snell and Crowther in the team they are a serious chance to do what noone else has been able to in the recent two season.

Charlotte Noonan currently leads the lead goal kicking race and will be a key for Macedon to kick a big score.

Prediction: Macedon to win in a close one. Romsey to really push the Cats for four quarters.



These teams have already met twice this season and each time they came has been a hard contest. Riddell are in slightly better form with the four points over Mount Alexander in commanding fashion but Lancefield played a great game to get within three goals of the reigning premiers.

Alice Bromley was the player of the week and Lilly Bromley has also been playing well.

For Riddell Ruby Taranto is a star up forward and Mariam Habib continues her dominance in the mid field. Getting first use of the football will be crucial for both teams.

Prediction: A high quality high scoring game of womens football with Riddell taking the points over Lancefield.





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PLAYER OF THE WEEK

MICHELLE FLETCHER

46 GOALS | 68 ATTEMPTS | 68% ACCURACY



RDFNL Netball Tipping

Each week throughout the 2025 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior netball matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Netball Tipping							
NAME	Woodend Hesket vs Melton South	Lancefield vs Riddell	Kyneton vs Romsey	Melton Centrals vs Macedon	Wallan vs Diggers Rest	Last Week	Season Total
Brenton Knott	Woodend-Hesket	Riddell	Romsey	Macedon	Wallan	5	30
Krissy Clement	Woodend-Hesket	Riddell	Kyneton	Macedon	Wallan	4	28
Ben Higgins	Woodend-Hesket	Lancefield	Kyneton	Macedon	Wallan	3	25
Tara Murray	Woodend-Hesket	Riddell	Romsey	Macedon	Wallan	3	32
Jordan Doyle	Woodend-Hesket	Lancefield	Romsey	Macedon	Wallan	4	30
Grace Bibby	Woodend-Hesket	Riddell	Romsey	Macedon	Wallan	4	31
Grant McMillan	Woodend-Hesket	Lancefield	Romsey	Macedon	Wallan	3	24
Courtney Alexander	Woodend-Hesket	Riddell	Romsey	Macedon	Wallan	2	22
Richard Thwaites	Woodend-Hesket	Riddell	Romsey	Macedon	Wallan	3	30
Lauren Nolan	Woodend-Hesket	Riddell	Kyneton	Macedon	Wallan	4	29

RDFNL RESULTS



Ielton South A Grade  50 : 50  Diggers Rest A Grade

Riddell A Grade  53 : 44  Macedon A Grade

Lancefield A Grade  56 : 43  Romsey A Grade

orne Giants A Grade  47 : 39  Kyneton A Grade

Woodend Hesket A Grade  59 : 38  Melton Centrals A C

Wallan A Grade  0 : 0  Bye

[Click Here for ladders, match details, best players and goal scorers](#)



RDFNL Netball Previews

By Grace Bibby



VS



VS



This game will be a tough for Melton South and their supporters.

Melton South have been struggling in the A grade competition and coming up against Woodend Heskett is no easy feat.

Woodend Heskett were challenged in their recent outing against the Cats but they still ran away winners.

They have the best defence in the competition with the combination of Ty Coppinger who is the playing coach alongside Hayley Rogers and Georgia Bowkett.

South suffered a big loss at the hands of Kyneton.

The Panthers seem depleted on each line despite some strong efforts from Bonnie Cottom and Charlie Mangan last week.

Bec Hicks continues to shine in her court time with the Hawks.

The competition know the Hawks will be missing players in the second half of the season so clubs will be hunting a few scalps of the undefeated team.

Prediction: Hawks to win comfortably.

Lancefield had a good hit out with the Burras before the King Birthday full competition bye. The week off will have given the Tigers the chance to freshen up and get some injured players back on court.

They have also picked up a couple of new players.

Tyla Evans is doing a fine job of filling the void of Shaïd Sasalu while Mia Daly has been dominating the mid court.

Having Chloe Hodgson back has giving Daly the support she needed to take her game to another level.

Riddell will have to bounce back after they lost to Gisborne Giants.

Riddell struggled to stop or put enough pressure on to created turn overs in their defensive half.

Mady Brown was the Bombers back and will be important this weekend if they are to nullify the impact of Daly and Hodgson.

The holding goal shooter didn't allow Riddell's defence to sag and read the play so Brundell will be another tough match up this weekend.

Prediction: Riddell to bounce back with a win.



RDFNL Netball Previews

By Grace Bibby



Kyneton will be hopeful that their big win prior to the by will be the start of a strong second half of the season.

Michelle Fletcher was outstanding against Melton South but it started with the amount of ball the Tigers were able to send inside the goal circle.

Fletcher was the player of the week for her 46 goals from 68 attempts.

Tilly Shepherd is always a tough match up for any of the attackers.

Charlize Bellette has her best year yet in the RDFNL and is currently second on the total goals scored.

We know Romsey lost a lot of their list in the off season and this is a younger less experienced line up.

This win is crucial for both teams to set up a confident second half of the season.

Prediction: Kyneton to win in a close one.

end along side Hayley Hill who's work rate is outstanding.

Macedon defence is always their strength with Clarke and Birch season campaigners.

For Melton Centrals they have a strong combination of youth and experience with Imogen Sexton and Bec Morabito.

For Macedon their attacking end is just youth. Chloe Eyre and Molly McGrath are both new to the club while Hetty has been on the rise for a little while now.

All three are fantastic players in their own right but working together will only get easier the more they play together.

This game will go down the wire like their last few encounters.

Prediction: Macedon to get the upper hand in this contest.



Wallan would have been disappointed to come up short after leading against Melton Centrals for the majority of the game. Diggers Rest were once again very competitive against Lancefield but again couldn't quite get the four points.

Alannah Judd had been a really good addition to the A Grade this season. AJ reads the ball well and is super athletic and will be a strong player over the years.

For Diggers Rest it is the same contributors each week in Leona Hristovska, Olivia Marris and the coach Anica Scherer. Diggers Rest need a few more contributors each week to turn close losses into wins.

Prediction: Wallan to record another win.



Melton Centrals and Macedon always shapes up as a big contest. It's clear neither team enjoy how the other play. Games have been physical and hard fought.

Avana Hobson is always the key player for melton centrals holding down the defensive



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