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Round 6

20TH MAY 2023



ACROSS MY DESK by Football Operations Manager Aaron McLean

Round 5 Men's Football

Congratulations to the winners in Round 5:

- Macedon
- Diggers Rest
- Romsey
- Woodend-Hesket

RDFNL Women's

Another terrific round of the Rookie Me RDFNL Women's competition was held last weekend, congratulations to the following winners:

- Macedon
- Woodend-Hesket
- Kyneton

Round 5 Netball

Congratulations to the winners in Round 5:

- Macedon
- Riddell
- Woodend-Hesket

Plus a thrilling draw was played between Western Rams and Romsey!

Supporters, Players and Officials Behaviour

Unfortunately, we've started to see an increase in poor supporter, player and officials behaviour and language, whether directed towards umpires, players, officials or volunteers. This won't be tolerated by the RDFNL and I ask that everyone treats each

other with respect as everyone is doing their best.

RDFNL TV

RDFNL TV was launched in 2021 and thanks to our great friends at Adcell Group / Red Onion Creative for their coverage of the RDFNL continuing in 2023. Each RDFNL Football Senior match and 2 A Grade Netball matches are filmed each round and all matches are uploaded to RDFNL TV each Sunday. In addition, we have highlights packages on our socials and a top 5 plays of the week. These tools are invaluable to the RDFNL and we hope that our followers and supporters are enjoying the extra coverage each weekend. Find it all at rdfnl.tv

Live Scoring and Team Sheets

A reminder to all Clubs that live scoring is compulsory for RDFNL Senior matches. Please assist us in marketing our League with up-to-date live scores of all our Senior matches each weekend. Please ensure all team sheets are accurate online at the beginning of the match. With umpires now completing the votes online, the team sheets must be accurate to allow umpires to select their 3-2-1.

Round 6

Best of luck to all teams in Round 6.

Aaron McLean
Football Operations
Manager

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ROUND 6 RDFNL PREVIEWS

with Grace Bibby

Diggers Rest vs Western Rams

It's a battle of the early premiership favourites and the winless Rams this weekend. Diggers Rest are battling with a few injuries and we know Western Rams are developing and coming from a long way back. There is some mutual respect between these two clubs and a kind gesture from Diggers Rest to Western Rams in the off season has not been forgotten.

From the Coaches:

Diggers Rest: It was good to go up to Riddell and win up there. It is never easy. We played some good football and we played some ordinary football we definitely have things to work on which is always good. We felt like we were on top for most of the game. This weekend we want to make sure we continue to play good football we have some tough games coming up and we have areas we are holding the players accountable in.

Western Rams: The day was great to help raise funds, the goal of the charity is aimed at until there's a cure... there's care for those people who have MND. The charity that we support is focused on care and support programs to improve the lives of thousands of Victorian families impacted by MND for the last 42 years. They are the only not-for-profit organisation providing direct care to all Victorians living with the devastating disease, at no cost to them. As far as Diggers Rest goes, they are a great club with great people, an example of that was during the pre-season our club rooms were vandalised and they were straight on the phone and offered their facilities for us to train on when they saw it on our social media. I hope we put in a great effort against Diggers and our boys continue to keep being competitive and we continue to grow.

Players to watch

Diggers Rest: Mitch Day is ready to have a day out and we have a good feeling a big bag may be on the cards today.

Western Rams: Fitzroy Greenwool is capable

of kicking magical goals and on the smaller ground turn overs can often lead to scores

Prediction: Diggers Rest to put another strong performance together.

Melton Centrals vs Macedon

Macedon got their first win on the board and will be looking to restart their season and make it two in a row. Centrals have had some really competitive games of football to start their season but haven't been able to get the results. If they are to compete for a finals spot this year they need to get a few scalps under their belt and this would be a good start.

From the Coaches:

Melton Centrals: We really can't fault our effort. It is just our disposal letting us down. We know the style of game we are playing. It is high pressure and its always going to be a bit scrappy which we are fine with but we do need to find some composure moving forward. If you play good football in this league though you're always a chance of getting the result. Win lose or draw I think we have Jas Cooke coming back to the club to work the bar which should create some interest.

Macedon: It was great to get a win on the board. It was a good win where quite a number of our players really stood up especially Gov. It is satisfying for the players to get some nourishment. It will be a big challenge over at Arnolds Creek to continue the improvement pathway to belief and build confidence.

Players to watch

Melton Centrals: Will Thornton-Gielen sent Melton Centrals into attack on nine occasions last weekend. He will be a key play maker for the Centrals if they are to be competitive against the Cats.

Macedon: Zach Smedley is starting to find some of his best form since returning from a leg injury that has seen him miss a lot of football.



ROUND 6 RDFNL PREVIEWS

with Grace Bibby

Prediction: Macedon to get back on track with a second win.

Wallan vs Lancefield

There is no tougher task in the RDFNL that meeting Wallan on their home deck and the Lancefield Tigers are keen for the challenge. The Magpies are fresh off the bye but for the first time this season Lancefield got through the game with no notable injuries. They were disappointed with patches of their game against Macedon and are looking forward to redeeming themselves.

From the Coaches:

Wallan: This week is really special for our club with our captain playing his 300th game. Mick is so well liked by everyone. We still have a few injuries but hopefully we start to get them back over the next few weeks. Lancefield have been impressive this year and improved a lot. We certainly respect them and it will be another challenge for us. Hopefully our main ground is ready as we are yet to train or play on it this season.

Lancefield: The result last week wasn't what we hoped for. It is always hard to lose. We didn't man up well and they got it out too easy and went coast to coast. We played good football at times and we just need to make sure we maintain that for four quarters. If you let good sides get on top then they run away and destroy you. We know they use the footy well. We need to be right on top of our game to make sure we are competitive.

Players to watch

Wallan: Michael Mannix has been a regular down back for Wallan for the best part of eight seasons and today he celebrates his 300th senior game of football.

Lancefield: Riley O'Meara gets plenty of the football and makes life tough for the midfielders from the opposition. Expect him to lay plenty of tackles today.

Prediction: Wallan to remain on top of the ladder with a big win over Lancefield.

Romsey vs Woodend Hasket

We don't pay too much attention to the ladder in the early parts of the season as teams find their way but its hard to ignore this third versus fourth battle. Both teams have had strong starts to the season and look like featuring in the point end of the season.

A win for either team will set them up nicely as they look to the mid way point of the season.

From the Coaches:

Romsey: Good sides don't allow teams to have lapses and we need to be able to go the distance against Woodend Hasket this weekend. Last weekend we got a good result, we had a chance to rest a few and come into this week fresh and ready to go. They have recruited some fantastic players and we think we are up to the challenge. We will need to be at our best for four quarters. We want to be a really good consistent four quarter team. That's our focus.

Woodend Hasket: Last weekend was far from a free-flowing game both teams were really tough in the contest. We had a few late changes which meant some young kids came in and credit to them they played their role. Romsey have some really quality players across all three lines of the ground and Jack Jedwab being arguably the most dangerous key forward in the league at the minute. Our back 6 or 7 have been really good and consistent so far this season but no doubt they will have their work cut out this weekend. We are super pumped for the challenge.

Players to watch

Romsey: Aaron Paterson is a player who cracks in and gives his all each week and his one percenters are what all coaches love.

Woodend Hasket: Tim Martin had 39 hit outs and seven clearances in a best on ground performance last weekend.

Prediction: Romsey to win in a nail biter.



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2023



FOOTY TIPPING 2023

Each week throughout the 2023 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Diggers Rest v Western Rams	Romsey v Woodend-Hesket	Wallan v Lancefield	Melton Centrals v Macedon	Last Week	Season
Brenton Knott RDFNL President	Diggers Rest	Woodend-Hesket	Wallan	Melton Centrals	3	14
Sarah Barton Bendigo Bank	Diggers Rest	Romsey	Wallan	Macedon	3	17
Terry Kernan OnTime Delivery Solutions	Diggers Rest	Romsey	Wallan	Macedon	4	15
Brian McNabb Melton Toyota	Diggers Rest	Romsey	Wallan	Macedon	4	18
Jordan Doyle RDFNL CEO	Diggers Rest	Romsey	Wallan	Macedon	3	16
Aaron McLean RDFNL Footy Ops	Diggers Rest	Woodend-Hesket	Wallan	Macedon	3	17
Grant McMillan AFL Victoria	Diggers Rest	Woodend-Hesket	Wallan	Macedon	4	15
Tara Murray Star Weekly	Diggers Rest	Romsey	Wallan	Macedon	4	16
Ben Higgins Leader	Diggers Rest	Woodend-Hesket	Wallan	Macedon	3	16
Grace Bibby RDFNL Media & Netball	Diggers Rest	Romsey	Wallan	Macedon	4	15
Tara Nolan RDFNL Admin	Diggers Rest	Woodend-Hesket	Wallan	Macedon	3	17

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<p>SAVE MONEY</p> <p>Most social media networks allow you to set up a profile for free. However, if you decide to pay for promotion you can, for a lower price than traditional marketing including television, radio, and newspaper.</p>	<p>INCREASE ENGAGEMENT</p> <p>As opposed to radio and TV advertisements, social media marketing allows customers to converse and connect with a brand directly, in real-time and on a recurring basis.</p>

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Round 6

20TH MAY 2023

RDFNL TRIBUNAL RESULTS

Kade Sexton (Western Rams) has been suspended for 1 match for attempting to strike another person

- ✓ **NEW Venue.**
- ✓ **NEW Uniform.**
- ✓ **NEW Season.**

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MELTON CENTRALS FOOTBALL NETBALL CLUB*Club Notes*

CLUB NOTES NOT PROVIDED

SPONSORS**MACEDON FOOTBALL NETBALL CLUB***Club Notes*

Round 5 was a mixed bag of results for our netballers as they took on Lancefield at their home court. U19's tried their hardest, but the Tigers proved too strong for them on the day, final scores were 38-17.

C Grade turned the tables, scoring an impressive 44 goals to 23. Ilic shot 30 while Eastman added 14 to her tally. B Grade had a tough game and battled hard; it just wasn't their day going down by 5 at the final siren. It was up to our senior girls to make their mark and they certainly did just that! Donoghue dominated with a lazy 35, Williams 15 and Stewart 7, winning by 26, A Grade are happily sitting on top of the ladder.

Reserves: The smiling assassin – coach Chad Walker, was riding high on the previous round win and wanted the taste of victory again. His boys dug deep for him; Nick Scholes dominated, there wasn't an inch of ground he didn't cover. At half time Cats led by 4 goals 5, the second half saw Macedon runaway with the game. Faria kicked



3 goals while Lord and Royal added 2 apiece, Walker also got into it, slotting through a superlative goal that has now come under review for goal of the year. Keep that lucky smile going - Chad it's a sure winner.

Seniors: Al Meldrum joined the smile club when his boys took out the first win of the season. Govan was nothing short of impressive kicking 3 goals and taking out Best on Ground, Smeds & Sims both played a hard and tough game, while Dyer dominated in the ruck. Well done lads.



Congratulations to our Women's team who took out their second win last Friday night.

Events:

Sat 27 May 'Frat Party' 5.30pm Social rooms Tony Clarke, featuring DJ Lunch Planner

Sat 1st July 'Mid-Season Ball' to be held at Baringo Food & Wine New Gisborne

GO CATS!**SPONSORS**



MELTON CENTRALS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Matthew Sproule

Reserves Coach: Shannon Dean

Under 19.5 Coach: Kayne Mason

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
2 Jake Charge		16 Evan Donoghue		29 Joshua Spry		1 Evan Donoghue	
3 Jarrod Spry		17 Dylan Clarke		32 Brodie Butt		2 Ben Tyson	
4 Jared Scott		18 Jarrod Underwood		33 Peter Akech		3 Dylan McDonald	
5 Connor Charge		19 Jarrod Johns		34 Arieke Lual		4 Liam Heimann	
6 John Ferri		20 Kyle Rodgers		35 Paul McNamara		5 Travis Stark	
8 Jake Armistead		21 Will Thornton Gielen		38 Thomas Unterderborn		6 Connor Sidari-Alley	
9 Jay Culhane		22 Jake Sygidus		41 David Aleksov		7 Kane Williams	
10 Hayden Graf		23 Jacob Thornton Gielen		52 Travis Stark		8 Jesse Ryan	
11 Kirk Fenton		24 Dylan Jobson		69 Justin Aiulu		9 Blake Dascola	
12 Sam Apineru		25 Jordan Lindsay				10 Oscar Seinafo	
13 Hayden Payne		26 Matthew Eberle				11 Austin MacBeth	
14 Hayden Sproule		27 James Roberts				12 Tyson McDonald	
15 Jacob Sinclair		28 Adam Tomac				13 Liam Rodgers	
						14 Christian Meguerditchian	
						15 Lochlan McKenzie	
						16 Jacob McKenzie	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Avana Hobson	GS	Jessica Clayton	GS	Natasha Lacey	GS	Giselle Puru
GA	Emma Winzar	GA	Rebecca Morabito	GA	Tahlia Lee McCauley	GA	Livinia Walsh
WA	Lauren Creed	WA	Abbey Grant	WA	Lisa Drake	WA	Mackenzie Payne
C	Mariah Vankerkevoort	C	Emily Mitchiner	C	Chelsea Lapsley	C	Chelsea Pivk
WD	Faith Malasia	WD	Sarah Moghazy	WD	Kiera Evans	WD	HollyRose Te Maro
GD	Hayley Hill	GD	Kara Zwartveen	GD	Marce Penne	GD	Presley Johns
GK	Romina Barbutto	GK	Natalie Roberts	GK	Briah Mackay	GK	Atiana Nui
		Sub	Trinity Carroll	Sub	Naomi Klaassen	Sub	Tehana Aitu
		Sub	Maddi Stewart	Sub	Taegan Moore		
				Sub	Ashlee Cochrane		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



MACEDON FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Al Meldrum

Reserves Coach: Chad Walker

Under 19.5 Coach: Jason Cooke

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 James Wright	1	20 Chad Walker	1	41 Josh Whatman	1	1 Hud Elmaway	
2 Jarrod Bulluss	1	21 Will Gray	1	42 Nic Scholes	1	2 Angus Lynch	
3 Dylan Johnstone	2	22 Aaron Morham	3	43 Matt Jehu	1	3 Jake Williams	
4 Chris Kendall	3	23 James Ciarlo	1	44 Jordan Reeves	1	4 Alec McGregor	
5 Hamish Govan	4	24 Jack Kernan	1	45 Will Kennedy	1	5 Ed Ferguson	
6 Tom Hildebrand	1	25 Cody Manniche	1	46 Matt Dettmann	1	6 Bradley Cooke	
7 Zach Smedley	1	26 Ryan Hickingbotham	1	47 Joe Slatter	1	7 Charlie Ozzanne	
8 Jordan Dyer	1	28 Lachy Hay	4	48 Lewy Thomas	1	8 Brodie Bauer	
9 Jason Cooke	1	29 Ed Morrissey	1	50 Josh Muir	3	9 Lachie Hay	
10 Declan Phylard	2	30 Ned O'connell	4	51 Tyson Christensen	1	10 Fintan Light	
11 Nathan Bridgland	4	31 Jacob Gough	3	52 Nigel Bloomfield	1	11 Brayden Boothey	
12 Zac Baggs	2	32 Leo Webb	1	53 Matt Faria	1	12 Fintan Burnell	
13 Toby Sims	1	33 Jack Lord	1	54 Jacob Micallef	1	13 Ollie Richards	
14 Brodie Hoyne	1	34 Max Ramsay	3	55 Dan Lowe	1	14 Will McKay	
15 Sam Indian	4	35 D'arcy Bishop	1	56 Aaron Christiansen	1	15 Michael Rutledge	
16 Ollie Monaghan	1	36 Sean Harwood	1	57 Kev Royal	1	16 Chirs Speers	
17 Joe Barham (S)	1	37 Josh Blake	1	58 Dan Royal	1	17 Joe Barham	
17 Carson Haynes (R)	1	38 Tristyn Nicholls	1	59 Josh Walter	1	18 Indy Sherwood	
18 Jack Hassett	2	39 Dan Salpietro	1	60 Brett McKay	1	19 Ollie Coppin	
19 Wilhem Mackay	1	40 Cam Toll	1			20 Flynn McIvor	
						21 Robbie Armour	
						22 Cooper Brendish	
						23 William Gray	
						24 Alexander Monaghan	
						25 Riley Nolan	
						26 Callum Power	
						27 Jacob Floreani	
						28 Zac Waddington	
						29 Ollie Monaghan	
						30 Lewis Potter	
						31 Leo Webb	
						32 Dylan Johnstone	
						33 Oscar Barry	
						34 Xavier Thorburn	
						35 Tom Greenshields	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Hetty Donoghue	GS	Eliza Petherick	GS	Susan Eastman	GS	Izzy Moyes
GA	Chloe Williams (VC)	GA	Georgia Fearn	GA	Amy Illic	GA	Abbey Lambert
WA	Chelsea Kemp	WA	Demi Fitzsimmons	WA	Steph Ferrier (VC)	WA	Stella Vaughan
C	Karlee Bruno	C	Demi Young	C	Beth Barry	C	Georgie Thompson
WD	Hayley Birch	WD	Briarley Delaney	WD	Janayah Chamra	WD	Gemma Keen
GD	Janelle Birch (C)	GD	Bella Klaaysen	GD	Emily Robinson	GD	Bailey Blim
GK	Kate Clarke (VC)	GK	Aleisha Walters	GK	Allira Egan (C)	GK	Eloise Williams
Sub	Alex August-Leifi	Sub	Georgia Hutchinson	Sub	Sarah Titchmarsh		
Sub	Bronte Green	Sub	Nellie Wilson	Sub	Georgie Thompson		
Sub	Ciara Stewart	Sub	Taylah Chamra	Sub	Abbey Lambert		
		Sub	Ashlee Coxhell	Sub	Shanae Brundell		
				Sub	Sheridan Jones		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

DIGGERS REST FOOTBALL NETBALL CLUB*Club Notes*

DIGGERS REST FOOTBALL NETBALL CLUB
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WESTERN RAMS FOOTBALL NETBALL CLUB*Club Notes*

CLUB NOTES NOT PROVIDED

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DIGGERS REST FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Jamie Lobb

Reserves Coach: Jeff Heritage

Under 19.5 Coach: Thomas Schwazenberg

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Dylan Hannan (R)		25 Joshua Wallace (S)		61 Harrison Wilson (S)			
1 Jaycob Hickey (S)		25 Aidan Scott (R)		63 Jakob Kennerley (R)			
2 Austin Cicero (S)		27 Taylor Hine (S)		66 Kyeden Taylor (R)			
2 Joseph Piccolo (R)		27 Andre Headberry (R)		74 Tom Evans (R)			
3 Ryan Mullen (S)		28 Steven Fogarty (R)		79 Nicholas Reaburn (R)			
5 Benjamin Hannan (R)		29 Ben McMahon (S)		90 Thomas Orr (S)			
7 Mitchell Jensen (S) CAP		29 Robert Tabone (R)		98 Jordan McGregor (R)			
7 Jeff Heritage (R)		30 Jack Wilson (R)		Stuart Clarke			
8 Jaidyn Caruana (S)		31 Sam Morganti (R)		Deven Costigan			
8 Blake Pretty (R)		32 Brandon Sarich (R)		Chris Payne			
9 Jamie Lobb		33 Lachlan Meyers (S)		Craig Thompson			
9 Mark Orr (S)		35 Jamie Elliott (R)		John Ryan			
10 Mitchell Day (S)		36 Justin Tenaglia (S)		Nathan Crosland			
11 Lachlan Hickey (S)		38 Jarrod Rowan (S)		Phillip Lobb			
12 Marcus Calvaresi (S)		39 Glen Stewart (R)		Robert Ryan			
13 Joshua Flower (S)		40 Matthew Webber (S)		Shaun Sims			
14 T Schwarzenberg (S)		41 Hayden Davis (S)		Stephen Ruane			
14 Brad Sluggett (R)		43 Nathan Pinder (R)		Tom Gleeson			
15 Zander Te Brugge (R)		44 Dylan Prozzo (R)		Thomas Hartmann			
16 Mitchell Brockwell (S)		45 Braydon Cicero (R)		Ben Merrigan			
17 Zac Fisher (R)		49 Jake Howells (R)		Alessandro Munro			
18 Jake Brown (S)		50 Jai White (S)		Jordan Theodore			
20 C. Goddard-Callans (R)		51 Scott Lobb (R)		Murray Middleton			
21 Christopher Lawton (S)		52 Benjamin Tocci (R)		Rocco Scuteri			
22 Matthew Krul (S)		53 Daniel Rodger (R)					
23 Cole Laurie (S)		60 Joshua Sette (R)					

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Leona Hristovska	GS	Maille Whelan	GS	Teagan Dowsett	GS	Jenai Denys-White
GA	A. Marko-Rawlings	GA	Erin Wallace (C)	GA	Tabitha Ellis	GA	Darcy Fitzgerald
WA	Meg Hogan	WA	Shelby Strong	WA	Peta Kendall	WA	Catherine Tabone
C	Molly Shannon	C	Caithlin Mitchell	C	Lauren Ashford	C	Taryn Pierce (C)
WD	Kali Hinemoa	WD	Ashley Marshall	WD	Maddison Ashford	WD	Claire Forbes (VC)
GD	Michelle Cliffe	GD	Jorgia Leonard	GD	Kayla Theodore	GD	Skye Peake
GK	Maggie Payne ©	GK	Ellie Fellows	GK	Rebecca Atherton (C)	GK	Shylah Fleming
Sub	Brigitte Linares	Sub	Brooke Seidel	Sub	G Vicendese (VC)	Sub	Katelyn Richmond
Sub	Anica Scherer	Sub	Chloe Seidel	Sub	Skye Peake	Sub	Lucy Paterson
		Sub	Tayla Behan (VC)	Sub	Bridie Keogh	Sub	Alannah Jones
				Sub	Emma Scilini		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



WESTERN RAMS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Leighroy Sporle

Reserves Coach: Michael Walsh

Under 19.5 Coach:

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Fitzroy Greenwood		27 Anthony Close		53 Luke Roberts			
2 Ashley Gray		28 Jake Meires		54 Beau Williams			
3 Bo James		29 James Fareilly		55 Luke McLaughlin			
4 Quintien Shandley		30 Kade Sexton		56 Christian Azzopardi			
5 Peter Boyd		31 Anthony Yakai		57 Jamie Austin			
6 Ryan Tyson		32 Rayden Yob		58 Nik Gillie			
7 Harley Cameron		33 Zach Meiers		59 Brad McNamara			
8 Tyson Szkudlarski		34 Sean Hoskins		60 Jack Wilson			
9 Dean Galea		35 Nathan Xerri		61 Ash O'Neill			
10 Ethan Boylan		36 Saxon Woodroffe		62 Lochie White			
11 Ricky Cameron		37 Bailey Rhodes		63 Hayden Wilson			
12 Gordon Chruchill		38 James De Blasi		64 Teddy Gerbru			
13 Charlie Patullo		39 Hayden Hunt		65 Dylan Azzopardi			
14 Chris Arnold		40 Tim Fisher		66 David Scholes			
15 Anthony Bowyer		41 Brent Taylor		67 Jordan James			
16 Cain Shaw		42 Mitchell Withers		68 Michael Walsh			
17 Stephan Lalli-Caffini		43 Mitchell Seath		69 Daniel Sapulovic			
18 Corey Goforth		44 Tristan Van Delft		70 William Tyquinn			
19 Geoff Jolly		45 Brandon Watts					
20 Michael Motta		46 Liam Mcgarity					
21 Matthew Voigt		47 Ryan Dorling					
22 Shaun Griffiths		48 Kaide Manning					
23 Mark Lalli-Caffini		49 James Preist					
24 Laughie Orr		50 Josh Casey					
25 Terrance Dawson		51 Kayne Teeken					
26 Adam McDonald		52 Brandon Devlin					

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Malia Seumanutafa	GS	Miranda Budde	GS	Jessica Christie	GS	Helen Aumua
GA	Sanita To'o	GA	Nadia Aumua	GA	Stevie Gray	GA	Jaeda Utoasega
WA	Nyibal Akec	WA	Christina Mamaia	WA	Chervonne Katipa-maikuku	WA	Nikita-jaye Faa
C	Ashlee Bertocci	C	Hannah Ramsey	C	Toni Gray	C	Elsa Butterworth Gonebale
WD	Lucia Fauonuku	WD	Marie Bolitho	WD	Bishanpreet Kaur	WD	Honor Brodie
GD	Aleisha Tainui	GD	Jessica Lenehan	GD	Sara Tangaroa	GD	Tyra Gray
GK	Sanonu Robertson	GK	Ahyless Williams otutaha	GK	Christina Afoa	GK	Florina Lam-peresetene
Sub	Beyonce Palavi	Sub	Keely-Shayla Teariki	Sub	Ro Paulo	Sub	Miranda Budde
Sub	Elsa Butterworth-Gonebale	Sub	Jada Paasi	Sub	Stacey Radbron	Sub	Brooke Lofe
Sub	Te Pono Aukaha			Sub	Lagi Faale	Sub	Hannah Ramsey
						Sub	Bishanpreet kaur
						Sub	Teshana Munro

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

WALLAN FOOTBALL NETBALL CLUB

Club Notes

Congratulations to Michael Mannix on 300 Senior football games from everyone at Wallan FNC, we have been so fortunate to have you as part of the Wallan FNC!

A few words from Daniel Nolan: Congratulations to Michael Mannix on playing 300 games. It has been an absolute pleasure to be his Senior Coach at Wallan for the previous 8 years. He has been my Senior Captain since day one and continues to be an outstanding leader of the club. He is well respected by his teammates and

opposition players. Michael is also a Premiership Captain at Pascoe Vale and won a Senior flag at Reservoir. He has made multiple "Team of Year" awards and is a regular in the top 5 in club Best and Fairests. Michael is also a wonderful family man and is loved by everyone. He is smart, loyal, dedicated and a role model for the younger players. He truly deserves the recognition and I am proud to call him a mate. Congratulations Mannix on 300 sensational games, one of the greatest ever.



SPONSORS



LANCEFIELD FOOTBALL NETBALL CLUB

Club Notes

It was a fantastic day for our first ever night game hosting Macedon there was a big crowd of vocal supporters cheering on both sides. In the netball the 19's played a great team game to come away with a convincing win, the C grade team tried hard and had a loss our B grade team had a 8 goal turnaround in the last quarter to come away with a morale boosting 3 goal win whilst our A grade team worked hard but couldn't match Macedon on the day. In the football the reserves were really keen with a full team to pick from which was a fantastic result and although they tried hard were no match for Macedon this time round whilst the seniors game had plenty of feeling as both sides tried to get the ascendancy with Macedon prevailing.

It was fantastic to see so many Lancefield supporters old and new plus a number of

our sponsor's at the game it made for a great night as we continue to build into our 150 year celebrations.

Our next home game is on the 27th of May against our arch rival Romsey this is going to be a particularly special game with our 150 year book launch and our senior footballer's running out in a special heritage jumper whilst our A grade side taking the court in a replica of the original colour uniform from our first netball team. There will be a special afternoon tea for the many book sponsors who have helped make the book a reality book sales, guest speakers and a special framed and signed heritage jumper up for auction after the game. For book sales go to lancefieldfnc@gmail.com

We are encouraging everyone to come on down and get involved in the day.

SPONSORS



RDFNL 2023 FIXTURE

ROUND 1

Saturday 1 April

Western Rams 2.2-14 **def by** Melton Centrals 11.6-72

Saturday 15 April

Romsey 5.11-41 **def by** Wallan 7.12-54Riddell 12.8-80 **def** Macedon 5.4-34Diggers Rest 14.12-96 **def** Woodend-Hesket 8.8-56

Lancefield BYE

ROUND 2

Saturday 22 April

Riddell 18.8-116 **def** Western Rams 6.3-39Melton Centrals 7.4-46 **def by** Wallan 12.9-81Woodend-Hesket 18.9-117 **def** Lancefield 13.8-86

ANZAC Day - Tuesday 25 April

Macedon 8.6-54 **def by** Diggers Rest 13.11-89

Romsey BYE

ROUND 3

Good Friday - Friday 7 April

Woodend-Hesket 8.7-55 **def** Riddell 2.7-19

Saturday 29 April

Diggers Rest 16.18-114 **def** Lancefield 6.3-39Melton Centrals 9.4-58 **def by** Romsey 13.9-87Wallan 24.24-168 **def** Western Rams 3.4-22

Macedon BYE

ROUND 4

Saturday 6 May

Lancefield 6.9-45 **def** Melton Centrals 5.5-35Romsey 10.5-65 **def** Riddell 6.6-42Macedon 3.5-23 **def by** Wallan 9.12-66Western Rams 1.1-7 **def by** Woodend-Hesket 12.16-88

Diggers Rest BYE

ROUND 5

Saturday 13 May

Lancefield 6.3-39 **def by** Macedon 9.14-68Riddell 7.6-48 **def by** Diggers Rest 9.9-63Western Rams 4.3-27 **def by** Romsey 20.12-132Woodend-Hesket 8.10-58 **def** Melton Centrals 2.7-19

Wallan BYE

ROUND 6

Saturday 20 May

Diggers Rest Western Rams

Romsey Woodend-Hesket

Wallan Lancefield

Melton Centrals Macedon

Riddell BYE

ROUND 7

Saturday 27 May

Lancefield Romsey

Wallan Diggers Rest

Macedon Woodend-Hesket

Melton Centrals Riddell

Western Rams BYE

ROUND 8

Saturday 3 June

Woodend-Hesket Wallan

Romsey Diggers Rest

Western Rams Macedon

Riddell Lancefield

Melton Centrals BYE

BYE - KINGS BIRTHDAY

ROUND 9

Saturday 17 June

Diggers Rest Melton Centrals

Lancefield Western Rams

Macedon Romsey

Wallan Riddell

Woodend-Hesket BYE

ROUND 10

Saturday 24 June

Melton Centrals Lancefield

Wallan Romsey

Western Rams Riddell

Woodend-Hesket Diggers Rest

Macedon BYE

RDFNL 2023 FIXTURE

ROUND 11

Saturday 1 July

Wallan Macedon

Riddell Woodend-Hesket

Lancefield Diggers Rest

Melton Centrals Western Rams

Romsey BYE

ROUND 12

Saturday 8 July

Western Rams Wallan

Romsey Melton Centrals

Macedon Riddell

Lancefield Woodend-Hesket

Diggers Rest BYE

ROUND 13

Saturday 15 July

Wallan Melton Centrals

Woodend-Hesket Western Rams

Diggers Rest Macedon

Riddell Romsey

Lancefield BYE

ROUND 14

Saturday 22 July

Diggers Rest Wallan

Melton Centrals Woodend-Hesket

Macedon Lancefield

Romsey Western Rams

Riddell BYE

ROUND 15

Saturday 29 July

Diggers Rest Riddell

Macedon Melton Centrals

Western Rams Lancefield

Woodend-Hesket Romsey

Wallan BYE

ROUND 16

Saturday 5 August

Lancefield Wallan

Riddell Melton Centrals

Romsey Macedon

Western Rams Diggers Rest

Woodend-Hesket BYE

ROUND 17

Saturday 12 August

Diggers Rest Romsey

Lancefield Riddell

Macedon Western Rams

Wallan Woodend-Hesket

Melton Centrals BYE

ROUND 18

Saturday 19 August

Melton Centrals Diggers Rest

Riddell Wallan

Romsey Lancefield

Woodend-Hesket Macedon

Western Rams BYE

Finals Week 1

Saturday 26 August

Qualifying Final

Sunday 27 August

Elimination Final

Finals Week 2

Saturday 2 September

Semi Final 1

Sunday 3 September

Semi Final 2

Finals Week 3

Saturday 9 September

Preliminary Final

Finals Week 4

Sunday 17 September

Grand Final



WALLAN FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Daniel Nolan
Reserves Coach: James Christall
Under 19.5 Coach: Christian Birch

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Matthew Perri (S)	1	17 Blaide Dickson	1	39 Jayden Wright	1	1 Luke Young	
1 Damien King	1	18 Michael Tinkler	4	39 Grant Williams (C18)	1	2 Shane Lawrence	
2 Brenton Cox (S)	1	18 Michael Wilson	1	42 Jacob Cincotta	1	3 Campbell Fowler	
3 Todd Muldoon	1	19 Brayden Bynre	1	43 Brok Wightman	1	5 Jack Charlton	
3 Matt O'Connor (R&C18)	1	20 Sean Morris	1	43 Brian Lawrence	1	6 Jett Kennedy	
4 Alex Crnko	1	20 Jake Neilson	1	46 Connor Voss	1	7 Matthew Carroll	
5 Steven Callanan	4	21 Hayden Gill	5	47 Mathew Caminiti (C18)	1	8 Owen Folwer	
5 Daniel Perkins	1	22 Brandon Muldoon	1	47 Johnathon Brew	1	10 Jordan Stewart	
6 Corey Viani (S)	1	22 Callum Langborne	2	48 Jordan Roberts	1	11 Marcus Datson	
6 Mitchell Toes	1	23 Mason Bowden	1	49 Daniel Costa	1	12 Sebastian Pretty	
7 Graeme Torney	1	23 Josh Watson	1	50 Spencer Whittingham	1	13 Ben Tuite	
7 Alex Crawford	1	24 Kaiden Broomfield	1	55 Adrain Palmieri (C18)	1	14 James Hawkins	
8 Brenton Hanson	1	25 Michael Mannix	1	55 Ben Telford	1	15 Rick Chlopek	
8 Jacob Langborne	1	26 Owen Fowler	1	56 Brad Gordan	1	16 Max Russell	
9 Daniel Mackertich	1	27 Matt Bell	1	58 Ayden Easdale	1	17 Archie Moore	
9 Daniel Nolan	1	27 Riley Gilchrist	1	63 Josh Anderson	1	18 George Davis	
10 Jake Layley	1	28 Steve Bell	1	67 Alex Tomskey	1	19 Cohen Slade	
10 Ryan Kennedy	1	29 Mitchell Kermath	1	74 Riley Evans	1	20 Jack Dejong	
11 Damian Korp	1	29 Cameron Selvaggio	1	88 Steve Boyall	1	22 Codi Church	
12 Kobey Christall	1	30 Luke Zerella	1			25 Tarkyn Lennox	
12 Michael Baccari	4	30 Nash King	1			26 Zac Wilson	
13 Patrick Baccari	4	31 Josh Ruth	1			27 Riley Gilchrist	
13 Riley Voss	1	32 Matthew Traynor	1			28 Jack Whitfield	
14 Jamie Morris	1	33 Jordan Port	3			30 Nash King	
14 Josh Villinski	5	34 Angelos Sidhom	2			43 Brian Lawrence	
15 Patrick Mahoney	1	35 Rhys Frost	1			44 Ryan Allison	
16 Brodie Gilchrist	1	36 Shuan Harrison	1			50 Spencer Whittingham	
16 Alex Potocnik (R&C18)	1	37 Angus Love	1			78 Randall Whittingham	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Maeve Donegan	GS	Georgia Stevenson	GS	April Hazelwood-Smith	GS	Alisha Izemek
GA	Rebekah Konstantopoulos	GA	Emma Stalenberg	GA	Ashleigh Grindlay	GA	Chloe Head
WA	Genevieve Carboon	WA	Dakota Lister	WA	Alex Byrnes	WA	Anieike Matthey
C	Gemma Grimmond	C	Lauren Parkinson	C	Johanna Tighe	C	Dakota Lister
WD	Teagan Walker	WD	Anneike Matthey	WD	Nicki Bradley	WD	Claudia Bedrinca
GD	Amanda Rothwell-Hisscock	GD	Alysha Shephard	GD	Emma Brooking	GD	Isabella Mifsud
GK	Georgia Stevenson	GK	Karleigh Whyte	GK	Ella Mahoney	GK	Jayla McDonald
Sub	Loz Parkinson	Sub	Macey Byrnes	Sub	Sarah Dore	Sub	Madison Head
		Sub	Amanda Su'a	Sub	Megan Taylor	Sub	Tufooua Amanda Su'a
				Sub	Brittany O'Toole	Sub	Lily Donavan

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



LANCEFIELD FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Tim Bannan
Reserves Coach: Nathan Scott
Under 19.5 Coach: Lucas Jowett

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Tom Waters	1	19 Leroy Ristevski	1	37 Xander Brown	1	2 Darcy Giles	
2 Ben Bryant	1	20 Ollie Extra	2	38 Chris Collins	1	3 Harry Beehan	
3 Matt Bowden	1	21 Jak Crook	1	39 Lachlan Mitchell	2	4 John Barlow	
4 Lachlan Giles	1	22 Alan Sinclair	1	40 James Lumsden	1	5 Leroy Ristevski	
5 Reuben Schembri	1	23 Thomas Doidge	2	41 Anthony Pacers	1	7 Brody Thrum	
6 Alex Simpson	1	24 Scott Stringer	2	43 Toby Walker	3	8 Ben Sankey	
7 Jack Dalgleish	1	25 John Morgan	1	44 Darren Robinson	1	9 Jack Freestone	
8 Riley O'Meara	1	26 Jett Crimmins	1	45 Nick Simpson	3	10 Jesse Harbinson	
9 Zach Webb	3	27 Daniel Reynolds	1	47 Bailey Griffin	1	11 Patrick Dynon	
10 Andrew Richardt	1	28 Nathan Scott	1	48 Lucas Jowett	1	12 Aythyn Robotham	
11 Ben Richmond	1	29 Ollie Bryant	1	49 Tyson Griffin	1	17 James Ryan	
12 Joel Regan	3	30 Jack Foster	1	50 Elliot Cowley	1	18 Scott Jowett	
13 Arii Rintala	3	31 Luke Fellows	1	52 Michael Conlan	3	19 Cody Sammut	
14 Alex Shepherdley	1	32 Rhys Barber	1	58 Lachlan Johnston-Bailey	1	20 Andrew McDonald	
15 Jack Radford	4	33 Jack Woodburn	1	59 Griffin Johnston-Bailey	1	21 Bradley Dobell	
16 Callan Randall	3	34 Aaron Andrews	1	61 Matt Merry	1	23 Blake Rix	
17 Luke Malone	1	35 Michael Braszell	1			24 Darcy La Maison	
18 Darcy Giles	1	36 Jake O'Meara	1			25 Jake O'Meara	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Larissa Rix	GS	Tarnee Hammond	GS	Emma Stone	GS	Stephanie Hammond
GA	Darcee Ellard	GA	Georgia White	GA	Maddy Richards	GA	Elke Hanson
WA	Mia Daly	WA	Ebony Coulsell	WA	Jaymee Amellia	WA	Khaliah Meader
C	Chloe Hodgson	C	Matilda Hill	WD	Michelle Rix	C	Amber Winks
WD	Ella Stoward	WD	Meg Dalgleish	GD	Kayla Dyer	WD	Jayla Laffan-Zoch
GD	Kira Baldwin	GD	Bethany Lyons	GK	Meaghan Lyons	GD	Lauren Beuduger
GK	Amanda Bruce (captain)	GK	Ivy Harrop	Sub	Kate Jackson	GK	Clair Mustey
Sub	Stephanie Hammond	Sub	Keeley Holter	Sub	Sharna Smith	Sub	Amy O'Meara
Sub	Elke Hanson	Sub	Stacey Deimos	Sub	Hayley Milner		
Sub	Bethany Lyons			Sub	Carolyn Cusack		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

ROMSEY FOOTBALL NETBALL CLUB

Club Notes

The Romsey Latrodectus hasselti's welcomed Macedon to Romsey Park last Friday night for round 3, blessed with fine weather. With a large crowd and excitement in the air the teams took to the field.

Macedon fired out of the block's to score a goal with their first foray forward. The Romsey girls continued their improvement from last week competing solidly around the ground and at times pushed the ball deep into attack, some great running plays were high lights during the game with the crowd getting behind these efforts with raucous support. With the continued effort that has been growing every week these passages of play will soon start to link up and create good scoring opportunities.

Macedon proved too strong on the night with a comfortable win.

To assist the team we would like to have people volunteer for match day roles early in the week. (Time Keeper, Goal Umpire, Umpire Escort, water persons.)

Thanks for those who have helped in the first 3 games.

Playing against Woodend this Saturday at Romsey will be another first for these teams/clubs, following after the men's games as they warm up the crowd for the headline match, start time 5pm, this should create another level of excitement and support for the Latrodectus hasselti's.

Good luck girls, keep supporting each other and having fun.

SPONSORS



WOODEND-HESKET FOOTBALL NETBALL CLUB

Club Notes

Round 5 saw the weather turn it on at Gilbert Gordon Oval with an absolutely glorious day for football and netball. The Senior Women's football team played their first game at home and came away winners in a close contest against Melton. The team was able to use their pace and skill against a more experienced side. After the game, the team enjoyed chatting with Melbourne AFLW Premiership player Olivia Purcell who spoke about her journey to the AFLW, including her transition from junior to senior football.

The reserves and seniors enjoyed solid wins against Melton Centrals and both teams continue to work hard to play their best footy. In the netball, Centrals were too strong for our 19's and also scored very close wins in B grade and C grade, the latter being decided by one goal. It was great to see A grade get back on the winners list with a very strong performance against Centrals. It was the first time for the season that the full team played together.

More than 100 people joined in the Celebrating Women at the Nest event and it was a wonderful occasion. Congratulations to Kath Bourke, life member who was awarded the Julie Gove Medal for the 2023 Club Woman of the Year. Kath is the heart and soul of our club and a thoroughly deserving winner of this award.

This weekend we head to Romsey for the Brian 'Muscles' Lee Cup, the annual game which recognises the outstanding contribution that

Brian made at both Woodend-Hesket and Romsey. The club greatly appreciates the support of the Lee family on this day.

This round also celebrates Paul Podbury (Pods) playing his 250th game. A two-time senior premiership player in 2002 and 2007, Pods has seen the highs and lows of the club on field over a long career.

He has also played a significant role off the field as a two-time President he has played a huge role in all the major projects that have happened around the club in recent times. He was awarded Life Membership this year in recognition of his service to the club. Congratulations Pods, enjoy the game and thank you for everything you have done for the Hawks.

The club relies on sponsors to ensure we are able to provide the best experience possible for our players and supporters. We would like to sincerely thank our round sponsor, Hanging Rock Cafe. We would also like to thank local law firm Chinka (HEP) Steel Solicitor for their sponsorship of the senior women's team.



SPONSORS





ROMSEY FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Justin Sherman

Reserves Coach: Hamish Jedwab

Under 19.5 Coach: Michael Richardson

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Nathan Blair S	1	14 Kane Brinkhuis S	1	26 Luke Mitchell R		1 Charlie Jedwab	
2 Jack Slavick S	3	15 Angus Storey S	1	26 Aaron Paterson	1	2 Bailey Cecati	
2 Taylor Boorman R		16 Callum Sankey S	1	27 Mitchell Rees R		3 Jonah Emonson	
3 Bailey Salmon R		17 Jaxson Kinnear S	3	28 Ben Xirha R		5 Blake Carroll	
3 Darcy Lockens S	1	17 Jacob Martin R		29 Gavin Cathie S		10 Austin Tennant	
4 Corey Pertzel S	1	18 Luke Newnham S	1	31 Luke Chew R		13 Liam Muir	
5 Jarryd DeRose R		18 Benjamin Notman R		32 Aiden Smith S	2	16 Marcus Tucker	
6 Matthew Richardson R		19 Matthew Burkett	1	33 Billy Goodwin R		17 Seb Vale	
6 Nathan Hoy S	1	19 Daniel Kilkenny R		34 Sam Wilson S	1	19 Jason Coates	
7 Jack Jedwab S	1	20 Daniel Mutton R		36 Zacton Mussared R		20 Seamus Menner	
7 Joshua Martin R		20 Joel DeHaas S	1	36 Nathan Rayment S	1	23 Alex Lott	
8 Micheal Carroll R		21 Nathan Tessari S	1	40 Jack Thorsen R		24 Oscar Lobley	
8 Ben Way S	1	22 Lachlan Skinner R		42 Ali Khalil	5	26 Noah Emonson	
9 Chris Petraro S	1	22 Darcy Peavey S	1	43 Jack Robson R		28 Nathaniel McNeil	
10 William DiPietro S	1	23 Justin Gelsi		57 Aaron Chinn R		30 William Twining	
11 Matthew Chew R		24 Matthew Hoy R	1	64 Shaun Grey R		52 Jack Peavey	
11 Mitchell Adamson S	1	25 Darcy Peavey R	1			77 Kyle Brennan	
12 Daniel Paterson	1	25 Dean Walsh S	1				

U/19.5

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Emma Grech	GS	Hope Hamilton	GS	Rebecca Newbery	GS	Sophie Manton
GA	Christie Brinkhuis	GA	Klara Taylor	GA	Ellie Torney Co ©	GA	Bella Collins
WA	Cayley Blair ©	WA	Madeleine Legate	WA	Gladys Carlill	WA	Eliza Newnham ©
C	Sally Mitchell (VC)	C	Emily Newnham	C	Casey Rayment	C	Millie Coughlan
WD	Emily Miles	WD	Phoebe Mottram	WD	Hayley Sandlant	WD	Emily Muir ©
GD	Kendra Vann	GD	Josie Lepore	GD	Sarah Atkinson ©	GD	Josie Lepore (VC)
GK	Taleisha Snell	GK	Deanna Cooper	GK	Kirsten McKinney	GK	Elizabeth Farrell
Sub	Stacey Parks	Sub	Yas McGregor	Sub	Allison Haseltine	Sub	Tahlia Binney
				Sub	Amy Miles	Sub	Jakira Bowen-Duarte
				Sub	Maddison Boorman	Sub	Emma McCalman
				Sub	Melanie Gibson	Sub	Grace Marr
				Sub	Sarah Gaeta	Sub	Lily Dowsett

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



WOODEND-HESKET FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach:

Reserves Coach:

Under 19.5 Coach:

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Dean Bramley		22 Frank Fazzolari		56 Kieran Haddad		1 Xavier Tadd	
2 Harley Giddings		23 Ethan Gove		58 Oscar Ziolkowski		2 Monte White	
3 Jack Arceri		24 James Hicks		62 Jordan Matthews		3 Brody Plant	
4 Tyson Chapman		25 Josh Pound		76 Paul Podbury		4 Jobe Dowling	
5 Tom Gawthrop		26 marcus Stapleton				5 Hayden Ryan	
6 James Wiseman		27 Tayte Pears				6 Mackenzie Shanahan	
7 Daniel Toman		28 Justin Rodda				7 Diesel Lewis	
8 Miles Miranda		29 Amos Ward				8 Riley Ferguson	
9 Rupert Miranda		30 Caleb Dumper				9 Hamish McDonald	
9 Tom O'Loughlin		31 Ben Toman				10 Nic Johnson	
10 Sam Medland		33 Nathan Stephens				11 Jack Tadd	
11 Tim Martin		36 Lachlan Randle-Hewitt				12 Ben Sangali	
11 Max Ambler		39 Ethan Rowe				13 Louis Mitchener	
12 Taylor Kelly		41 Jacob Stewart				14 Saxon Gardener	
14 Tobi Duff Tylter		42 Daniel Harrison				17 Oscar Macfarlane	
15 Riley patterson		43 Harrison Rowe				21 James McGrath	
16 Jesse Sheppard		44 Ethan Minns				22 Caelan Templeton	
17 Jayden Bullard		46 Josh Styles				23 Mac Forbes	
18 Luke Bourke		47 James Chettle				24 Brayden Farrugia	
19 Tom Pound		49 Cody Bowen				25 Stefan Pondeljak	
20 Alister Rae		52 Aaron Cerone				26 James Hargrave	
21 Kyle Baker		53 Jake Borg				28 Jackson Cornish	
						30 Austin Lidgerwood	
						33 Brody Brown	
						35 Matthew Johnson	

U/19.5

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Matilda Lethlean	GS	Daphne Piper	GS	Emily Lindner	GS	Hannah Dwyer
GA	Charlee Duff-Tylter	GA	Rebecca Carland	GA	Courtney Chettle	GA	Lexie Ball
WA	Laura Carland	WA	Chloe Galakos	WA	Lia McQuaiter	WA	Monique Hassett
C	Mackenzie Brown	C	Amy Duff	C	Sophie Conlan	C	Ruby Robinson
WD	Hayley Rogers	WD	Jessica Martin	WD	Chelsey Jones	WD	Angelique Doherty
GD	Tayissa Coppinger	GD	Alex Harriman	GD	Karli Plowman	GD	Jessica Martin
GK	Meg Grbac	GK	Eliza Bell	GK	Melissa Rundle	GK	Prue Higgins
Sub	Brooklyn Leahy	Sub	Zoe Phillips	Sub	Louise Marendaz	Sub	Georgia Fitt
Sub	Abby Gilmore	Sub	Brittany Bowen	Sub	April Sims	Sub	Maddy Randle
Sub	Alex Harriman	Sub	Emily Barbour	Sub	Nicole Chappell	Sub	Charlotte Zan
Sub	Rebecca Carland			Sub	Abbey Dawkins	Sub	Coco Porter

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

RIDDELL FOOTBALL NETBALL CLUB

Club Notes



CLUB NOTES NOT PROVIDED

SPONSORS



RIDDELL FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Justin Belleville

Reserves Coach: Adrian Keltie

Under 19.5 Coach: Darren Ponton

NETBALL

A Grade Coach: Adam Boldiston

B Grade Coach: Adam Boldiston

C Grade Coach: Amy Schwegler

19 & U Coach: Amy Schwegler

SENIORS / RESERVES

U/19.5

No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER
1	Ben Sonogan	1	19	Hayden Ross	1	34	Mark Cadman	1	1	Murray Logan
2	Ben Said	3	20	Bryce Williamson	1	35	Jack Morganti	1	2	Jay Doolan
3	Matt Panuccio	1	21	Darcy McGrath	1	36	Joshua Lanyon	2	4	Declan Nitz
4	Dylan Tarczon (VC)	1	22	Jordan Reardon	1	37	Travis Martin	1	5	Xavier Sheppard
5	Trent Stead	3	23	Harrison Sloss	1	38	Mark Hocking	1	7	Oscar Besanko
6	Joshua Grabham (C)		24	Nicholas Bovezza	1	39	Thomas Eiszele	2	8	Kane Frew
6	Connor Hagan (Reseves)	2	25	Tom Belleville	1	40	Paolo Sosich	1	9	Matthew Vosper
7	Oscar Besanko	1	26	Oliver Powell	1	41	Nathan Mills	1	10	Mitchell Ponton
8	Tommy Alkemade	1	27	Alex Cruickshank	1	42	Tristan Martinuzzo	1	11	Hugh Tighe
10	Jarryd Gardiner	1	27	Ben Zarb	1	44	Michael Sammut	1	12	Jackson Wadden
11	Matthew Said	1	28	Brodie Miller	1	45	Guy Cilauro	1	13	Reuben Evans
12	Brad Mundy	4	29	Nic May	4	47	Max Webb	1	14	Edward Salopayevs
13	Callum Williamson	2	30	Jordan Williamson	2	48	Baillie Tatt	1	15	Daniel Bailey
14	Lachlan Tarczon	1	31	Alex Cruickshank	1	49	Michael Dullard	1	16	Jarred Apps
15	Jesse Horton	1	32	Rhys Hannan	1	50	Riley Fogarty	1	17	Daniel Ranieri
17	Nathan Croft	1	33	Toby Hazelden	1	55	Ailin Clarke		18	Charlie Young
									20	Daniel Bailey
									21	Hugh Tighe
									23	Jesse Dowson
									25	Bailey Goodman
									33	Thomas George
									39	Liam Debrincat

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Shelby Holter	GS	Tamieka Ploog (VC)	GS	Lex Climas	GS	Hayley Brown
GA	Ellen Close (C)	GA	Hayley Brown	GA	Tayla Mazzarella	GA	Taylah Mazzarella (vc)
WA	Lara Turner	WA	Emma Croft (C)	WA	Abbey Wright (c)	WA	Macey Besanko
C	Jacqui Harrington	C	Alex Matthews	C	Caity Campbell (vc)	C	Mady Brown (c)
WD	Chelsea Tobin	WD	Mikayla Broomfield	WD	Alex Mazzarella	WD	Alex Mazzarella
GD	Beck Anstey	GD	Keeley Wallace-Kilbane	GD	Sammi Burnside	GD	Sammi Burnside
GK	Lauren Nolan (C)	GK	Holly Mills	GK	Miah Nikki	GK	Miah Niki
Sub	Mady Brown	Sub	Lex Climas	Sub	Ruby Taranto	Sub	Ruby Taranto
Sub	Ruth Smith	Sub	Jemiah Niki	Sub	Laura Gallus	Sub	Mikayla Broomfield
				Sub	Macey Besanko	Sub	Holly Mills

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

GISBORNE GIANTS FOOTBALL NETBALL CLUB

Club Notes

With a league-wide bye for the senior division, we recognise the importance of continued training and development however, with National Volunteer Week 15-21st May, this is a timely opportunity to recognise those who keep the cogs turning.

Our committee of volunteers and extended volunteers have invested much personal time and energy to launch the senior U19.5s football team in 2022 and recently the inaugural senior U19s netball team. We are thankful for those who have

contributed during the leadup and now in the operations of our senior division, and the club as a whole.

We are also grateful and acknowledge the generosity of our sponsors of all capacities.

Without their contribution, we realise there would be greater limitations.

Gisborne Giants FNC are proud of their achievements to date and look forward to watching the progress of all our players and participants with the support of our valued volunteers.

SPONSORS:



SPONSORS



GISBORNE GIANTS FOOTBALL NETBALL CLUB

FOOTBALL

Under 19.5 Coach: Mark McKenzie

NETBALL

U19 & Under Coach: Genaya Bourke
U19 & Under Assistant Coach: Creina Lock

U/19.5

No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER	PPV
1	McSwiggan, Angus		13	Dalton, Max		27	Martland, Darcy	
2	Bant, Ryan		14	Hester, James		30	Ryan, Jack	
3	Coughlan, Ben		15	Hynes, Nathan		31	Bourne, Jack	
4	Scarlett, Sam		16	Schnoor, Oscar		34	Evans, Jesse	
5	Richards, Max		17	Baines, Ryan		35	Doyle, Tom	
6	Jackson, Wil		18	Parry, Casey		36	Walsh, Malachy	
7	Arthurson, Jordan		19	Forrester, Archie				
8	Andrews, Brodie		20	Kerry, Aidan				
9	Simpson, Sam		21	Burnell, Austin				
10	Russo, Vince		22	McCann, Jack				
11	Argus, James		23	Jolly, Rowan				
12	McCarthy, Aiden		24	Woods, Declan				

NETBALL

Pos	19 & Under
GS	Sasha Kerton
GA	Scarlett Ellis
WA	Amy De Young
C	Mackenzie Penney
WD	Natalie Valentine
GD	Bella Broomfield
GK	Pippa Rodda
Sub	Elyse Muster
Sub	Charlotte Dempsey
Sub	Jorja Kristitz

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
U/19.5				



ROUND 4 WOMENS PREVIEWS

with Grace Bibby

Melton vs Mount Alexander

Melton: Melton were a little conservative in their loss against the young fearless Hawks. They possessed the football but just couldn't get it the length of the ground and threaten on the score board. We know they have plenty of skill and they will be eager to bounce back this weekend.

Mount Alexander: Mount Alexander have a lot of smart footballers in their team. They read the ball extremely well and can pick off intercept marks where they have been falling down in their turnovers in the back half of the ground. If they turn the ball over in their defensive 50 Melton will be able to pounce.

Players to watch

Melton: Kareena Jacobsen- Logan was the best of the Melton forward line and probably had the most impact on the ground for the Bloods with her three goals. Can she kick a bag this weekend?

Mount Alexander: Laine Sutton was the Falcons best player last weekend racking up plenty of touches. Laine leads from the front and sets a great examples for the team of how to win the hard ball and apply pressure.

Prediction: Melton to bounce back with a win over the Falcons.

Kyneton vs Macedon

Kyneton: Kyneton are a very attacking team and last week against Mount Alexander they were able to dive on the loose ball and send their team into attack. They are one of the few teams that can link up and run with handballs and that's what leads to their high scores. If they can find the middle of the big sticks it is hard to see them getting beaten.

Macedon: Macedon do a really good job of getting their hands on the footy and despite having almost double the amount of possession they still led the tackle count. This is a side that works extremely hard and even though their efficiency sometimes lets them

down their work rate will keep them in match against the best in comp. They will be tested this weekend.

Players to watch

Kyneton: Alexandra Strawhorn found the football on 36 occasions. Finding the footy that much makes you pretty hard to miss.

Macedon: Francesca Stevens had an outstanding game last weekend. Her ability to gather the ball and send the Cats into attack in hugely underrated.

Prediction: Kyneton to be pushed for the first time this season but still take the points.

Romsey vs Woodend Hesket

Romsey: It has been a tough start for Romsey having not kicked a goal in their opening three rounds but they are starting to move the football better. They were a young inexperienced team but their improvement over three weeks despite not showing on the scoreboard is something that is really exciting. A goal isn't too far away. If they can limit their turnovers in their defensive 50 the margin won't blow out like it has in recent weeks.

Woodend Hesket: Woodend Hesket play a fast free flowing game and dominated the general play statistics against Melton. They often win the ball out of the middle and surge forward. While they do gain plenty of metres with kicks they do lack a strong marking presence. Most of their team are highly skilled and their class shone through against Melton.

Players to watch

Romsey: Elise Putyra isn't afraid to get her hands dirty. Last week she had 16 possessions and every single one of them was contested.

Woodend Hesket: Molly Connell does it all from hit outs, to clearances, tackles and even got a smother last week. She is a player to watch each week.

Prediction: Woodend to win this one comfortably but Romsey to kick their first goal.



WOMEN'S FOOTY TIPPING 2023

Each week throughout the 2023 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's women's football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Melton v Mount Alexander	Kyneton v Macedon	Romsey v Woodend-Hesket	Last Week	Season
Brenton Knott RDFNL President	Melton	Kyneton	Woodend-Hesket	3	7
Courtney Alexander Bendigo Bank	Melton	Kyneton	Woodend-Hesket	2	3
Michael Alvaro Rookie Me	Mt Alexander	Kyneton	Romsey	2	8
Peter Williams Rookie Me	Melton	Kyneton	Woodend-Hesket	2	8
Jordan Doyle RDFNL CEO	Melton	Kyneton	Woodend-Hesket	2	8
Aaron McLean RDFNL Footy Ops	Melton	Kyneton	Woodend-Hesket	2	8
Grant McMillan AFL Victoria	Melton	Kyneton	Woodend-Hesket	2	6
Tara Murray Star Weekly	Melton	Kyneton	Woodend-Hesket	2	6
Ben Higgins Leader	Melton	Kyneton	Woodend-Hesket	2	5
Grace Bibby RDFNL Media & Netball	Melton	Kyneton	Woodend-Hesket	2	8
Tara Nolan RDFNL Admin	Melton	Kyneton	Woodend-Hesket	2	5





MELTON WOMEN'S FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Michael Emery

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
2 Kandise Mallinson		10 Tanai Newman-Coverdale		23 Ebony Cole		33 Rebekah Duggan	
3 Nicki Karnilowicz		11 Linda Morren		26 Emily Porter		35 Kathryn Butler	
4 Coby Savage		12 Lucy Lenius		27 Madeline Rizzo		36 Casey Moore	
5 Tayla Debono		14 Rhiannon Carra		28 Belinda Dolheguy		40 Kareena Jacobson-Logan	
6 Danielle Rocznik		17 Jodie Willis		29 Amy Hibbert		43 Molly Kirks	
7 Jordyn Syme		18 Kacie Hallmark		31 Amanda Watson		91 Alice Masters	
8 Kim Bray		19 Jessica Dowdy		32 Melina Ciavarella			

MELTON WOMEN'S FOOTBALL NETBALL CLUB NOTES



For round 3 Melton Bloods took on Woodend on Saturday at the Woodend home ground. It was a competitive game and both teams were able to prove their abilities in tackling and snagging goals. The bloods worked closely as a team to work the ball up the field to our forward line where we saw some strong leads from Kareena who was able to get 3 goals for the bloods & Coby snagging a goal also.

Melton Bloods played a strong 4 quarters of football holding a lead on the scoreboard in the first quarter, however Woodend were able to secure the win by 16 points. With this game being our first loss for the season we will use it as a learning curb for our next game which will be at the Bloods home ground, Macpherson Park on Saturday the 20th of May against Mt. Alexander.

SPONSORS



MOUNT ALEXANDER FALCONS FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Lil Waters

Assistant Coach: Lainie Sutton

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Harriet Wilson		16 Emma Crosier		32 Mitch Nivalis		48 Brylee McVicar	
3 April Bravington		18 Zoe Scoglio		33 Casey Sowula		77 Alice Taylor	
6 Alix Edquist		19 Louise Ainscough		36 Beela Martin		99 Kate Freston	
7 Bronte Ashworth		23 Samantha Downing		37 Lucy Taylor			
8 Nicole McIvor		25 Gabrielle Smith		38 Mariam Meite			
10 Blossom Symon D'Onofrio		27 Amethyst Kludas		41 Meghan Randles			
12 Amy Downing		31 Eunice Rigo		47 Alex Kelly			

MOUNT ALEXANDER FALCONS WOMEN'S FOOTBALL NETBALL CLUB NOTES



Game Report 20 May (Round 4)

Call out for Volunteers: We are seeking expressions of interest for volunteer positions on an available basis. If you're interested in participating on game days and can spare a few hours please sign up for a game at <https://www.volunteersignup.org/M4T3B>.

AusKick: Falcons Auskick is back for 2023. It's the best way to introduce kids to the great game of Aussie Rules Football! No AFL experience? No worries! Mt Alexander Falcons will be running all-gender Auskick for everyone aged 5 - 12 at any skill level to play.

Saturdays 10:15 - 11:15am | Western Reserve, Castlemaine

Thanks to you and our Sponsors! Finally, we would like to take a moment to thank our generous sponsors for their continued support. We couldn't do what we do without them, and we encourage all of our fans to show their appreciation by checking out their logos at the bottom of this message.

Want to become a member? Join as a 2023 social member for \$50 and be an integral part of the Falcon's 2023 season. Every dollar goes towards making footy more accessible in our region.





KYNETON TIGERS FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Phil Hawkes

Assistant Coach: Kylie Munro & Belinda Hateley

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Teagan Ainslie ©		8 Emily Gibson		15 Jenny Daly		23 Skye Sinclair	
2 Natalie Korinsky (VC)		9 Belinda Hateley (VC)		16 Ellie Blume		25 Taylah Moore	
3 Rachael Williams		10 Rebecca Evans		17 Marnie Love		27 Jacyntha Cochrane	
4 Shannon White		11 Peta Turnbull		18 Maddy Stott		29 Beth Whiffem	
5 Rebecca Janitis		12 Emma Williams		19 Terri Overstead		31 Charlie Bracey	
6 Jordan Savoia		13 Caitlin Nash		20 Stacey Randall		35 Nikita Jamson	
7 Heidi Erasmus		14 Courtney Johns		22 Bree Meadows		36 Alexandra Strawhorn	

KYNETON WOMEN'S FOOTBALL NETBALL CLUB NOTES



CLUB NOTES NOT PROVIDED



MACEDON FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Damien Slater

Assistant Coach: Jeremy Miles

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Anastasia Fisher		10 Lily Prater		17 Donna Parsons	
2 Deanne Mills		11 Scarlett Lynch		18 Lilli Collins	
5 Adie Ward		12 Rebecca Lester		19 Tamara Collins	
6 Sarah Miles		13 Marion Maxted		22 Ashlee Knight	
7 Lulu Slater		14 Caitoriona Goldsworthy		23 Laura Roberts	
8 Bronwyn Slater		15 Clytie Deering			
9 Chek Stevens		16 Amy Miles			

MACEDON WOMEN'S FOOTBALL NETBALL CLUB NOTES



Round 5 was a mixed bag of results for our netballers as they took on Lancefield at their home court. U19's tried their hardest, but the Tigers proved too strong for them on the day, final scores were 38-17.

C Grade turned the tables, scoring an impressive 44 goals to 23. Ilic shot 30 while Eastman added 14 to her tally. B Grade had a tough game and battled hard; it just wasn't their day going down by 5 at the final siren. It was up to our senior girls to make their mark and they certainly did just that! Donoghue dominated with a lazy 35, Williams 15 and Stewart 7, winning by 26, A Grade are happily sitting on top of the ladder.

Reserves: The smiling assassin – coach Chad Walker, was riding high on the previous round win and wanted the taste of victory again. His boys dug deep for him; Nick Scholes dominated, there wasn't an inch of ground he didn't cover. At half time Cats led by 4 goals 5, the second half saw Macedon runaway with the game. Faria

kicked 3 goals while Lord and Royal added 2 apiece, Walker also got into it, slotting through a superlative goal that has now come under review for goal of the year. Keep that lucky smile going - Chad it's a sure winner.

Seniors: Al Meldrum joined the smile club when his boys took out the first win of the season. Govan was nothing short of impressive kicking 3 goals and taking out Best on Ground, Smeds & Sims both played a hard and tough game, while Dyer dominated in the ruck. Well done lads.

Congratulations to our Women's team who took out their second win last Friday night.

Events:

Sat 27 May 'Frat Party' 5.30pm Social rooms Tony Clarke, featuring DJ Lunch Planner

Sat 1st July 'Mid-Season Ball' to be held at Baringo Food & Wine New Gisborne

GO CATS!



ROMSEY FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Aaron Paterson

Assistant Coach: Michael Richardson

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Georgia McGoven		9 Lisa Paterson		20 Tracey Norrie		44 Amy Brady	
2 Johanna Nadzelski		11 Kaitlynn Paterson		21 Sarah Galea		46 Bree Smith	
3 Tayla Hartwig		12 Elizabeth Worthington		22 Megan Delgleish		53 Eilish Flagg	
4 Laura Lonergan		15 MacKenzie Brown		23 Tarnee Hammond		69 Brooke Jordan	
5 Brittanylee Layton		16 Tayla Svendsen		24 Bethany Lyons			
7 Nicole Steward ©		17 Tarnisha Love		27 Tayla Rees			
8 Hayley Strange		19 Jess Calder		42 Hayley Fisher			

ROMSEY WOMEN'S FOOTBALL NETBALL CLUB NOTES



The Romsey Latrodectus hasselti's welcomed Macedon to Romsey Park last Friday night for round 3, blessed with fine weather. With a large crowd and excitement in the air the teams took to the field.

Macedon fired out of the block's to score a goal with their first foray forward. The Romsey girls continued their improvement from last week competing solidly around the ground and at times pushed the ball deep into attack, some great running plays were high lights during the game with the crowd getting behind these efforts with raucous support. With the continued effort that has been growing every week these passages of play will soon start to link up and create good

scoring opportunities. Macedon proved too strong on the night with a comfortable win.

To assist the team we would like to have people volunteer for match day roles early in the week. (Time Keeper, Goal Umpire, Umpire Escort, water persons.)

Thanks for those who have helped in the first 3 games.

Playing against Woodend this Saturday at Romsey will be another first for these teams/clubs, following after the men's games as they warm up the crowd for the headline match, start time 5pm, this should create another level of excitement and support for the Latrodectus hasselti's.

Good luck girls, keep supporting each other and having fun.



WOODEND-HESKET FOOTBALL NETBALL CLUB

FOOTBALL

Coach: Colin Bromley

Assistant Coach: Gavin Spring

WOMENS

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Maddison Dutton-Johnson		11 Lilly Bromley		19 Elizabeth Truswell	
2 Monique Moore		12 Charrouf Habib		20 Tahlia Connell	
3 Maisy Crowther		14 Chloe Trimble		21 Harmony Cassar	
4 Alice Bromley		15 Samantha McClenahan		22 Brittany Bowen	
6 Kim Jusic		16 Molly Connell		24 Mariam Habib	
9 Charlie Lindo		17 Katrina Bau			
10 Caitlan Wagstaff		18 Matilda Hay			

WOODEND-HESKET WOMEN'S FOOTBALL NETBALL CLUB NOTES



Round 5 saw the weather turn it on at Gilbert Gordon Oval with an absolutely glorious day for football and netball. The Senior Women's football team played their first game at home and came away winners in a close contest against Melton. The team was able to use their pace and skill against a more experienced side. After the game, the team enjoyed chatting with Melbourne AFLW Premiership player Olivia Purcell who spoke about her journey to the AFLW, including her transition from junior to senior football.

The reserves and seniors enjoyed solid wins against Melton Centrals and both teams continue to work hard to play their best footy. In the netball, Centrals were too strong for our 19's and also scored very close wins in B grade and C grade, the latter being decided by one goal. It was great to see A grade get back on the winners list with a very strong performance against Centrals. It was the first time for the season that the full team played together.

More than 100 people joined in the Celebrating Women at the Nest event and it was a wonderful occasion. Congratulations to Kath Bourke, life member who was awarded the Julie Gove Medal for the 2023 Club Woman of the Year. Kath is the heart and soul of our club and a thoroughly deserving winner of this award.

This weekend we head to Romsey for the Brian 'Muscles' Lee Cup, the annual game which recognises the outstanding contribution that Brian made at both Woodend-Hesket and

Romsey. The club greatly appreciates the support of the Lee family on this day.

This round also celebrates Paul Podbury (Pods) playing his 250th game. A two-time senior premiership player in 2002 and 2007, Pods has seen the highs and lows of the club on field over a long career. He has also played a significant role off the field as a two-time President he has played a huge role in all the major projects that have happened around the club in recent times. He was awarded Life Membership this year in recognition of his service to the club. Congratulations Pods, enjoy the game and thank you for everything you have done for the Hawks.

The club relies on sponsors to ensure we are able to provide the best experience possible for our players and supporters. We would like to sincerely thank our round sponsor, Hanging Rock Cafe. We would also like to thank local law firm Chinka (HEP) Steel Solicitor for their sponsorship of the senior women's team.



WOMEN'S FOOTBALL 2023 FIXTURE

ROUND 1

Friday 28th April

Romsey 0.1-1 **def by** Kyneton 19.14-128

Macedon 0.0-0 **def by** Melton 14.15-99

Saturday 29th April

Mt Alexander 0.1-1 **def by** Woodend-Hesket 5.21-51

ROUND 2

Friday 5th May

Melton 7.14-56 def Romsey 0.1-1 7pm

Saturday 6th May

Macedon 4.9-33 def Mt Alexander 1.5-11 5pm

Kyneton 13.9-87 def Woodend-Hesket 1.0-6 5:30pm

ROUND 3

Friday 12th May

Romsey 0.1-1 **def by** Macedon 9.15-69 7pm

Saturday 13th May

Mt Alexander 2.1-13 **def by** Kyneton 12.12-84 2pm

Woodend-Hesket 5.11-41 def Melton 4.1-25 10am

ROUND 4

Saturday 20th May

Kyneton Macedon 3:30pm

Melton Mt Alexander 10:45am

Romsey Woodend-Hesket 5pm

ROUND 5

Friday 26th May

Romsey Mt Alexander 7pm

Saturday 27th May

Kyneton Melton 5:15pm

Macedon Woodend-Hesket 5pm

ROUND 6

Saturday 3rd June

Mt Alexander Macedon 2pm

Romsey Melton 5pm

Woodend-Hesket Kyneton 5pm

KINGS BIRTHDAY BYE

Saturday 10th June

ROUND 7

Saturday 17th June

Macedon Romsey 5pm

Melton Kyneton 10:45am

Woodend-Hesket Mt Alexander 12:30pm

ROUND 8

Saturday 24th June

Kyneton Mt Alexander 5:15pm

Melton Macedon 10:45am

Woodend-Hesket Romsey 5pm

ROUND 9

Friday 1st July

Mt Alexander Romsey 2pm

Saturday 8th July

Macedon Kyneton 5pm

Melton Woodend-Hesket 10:45am

ROUND 10

Saturday 15th July

Kyneton Romsey 5:30pm

Mt Alexander Melton 2pm

Woodend-Hesket Macedon 5pm

QUALIFYING AND ELIMINATION FINALS

Saturday 22nd July

SEMI FINALS

Saturday 29th July

GRAND FINAL

Saturday 5th August



PLAYER/ COACH PROFILE

CLUB

Western Rams FNC

POSITION AT THE CLUB

Netball Head Coach

YEARS OF SERVICE

2 Years

FAVOURITE DRINK:

Soy Caramel Latte

FAVOURITE PERSON AT THE CLUB AND WHY?

Helena (President) she's brought so much energy, grit and love into the club since commencing her role as president.

FAVOURITE MOVIE:

Bring It On

FAVOURITE SPORTING MOMENT:

Making two GFs and winning the flag for U19s in 2022

WHO INSPIRES YOU?

The youth of our future! The unders coming through have so much passion that it fuels me to be able to play my role and ensure that they have the right tools to achieve their goals.

A PROFESSIONAL PLAYER WHO BEST RESEMBLES THE GAME YOU PLAY OR COACH?

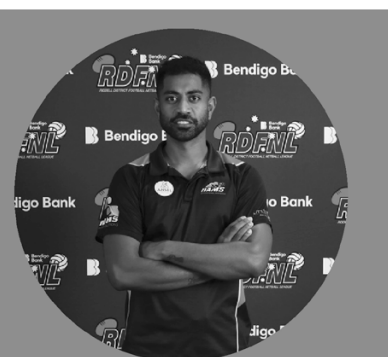
She no longer plays but Selena Gilsenan

INSPIRATIONAL QUOTE OR LIFE MOTTO:

If you're always trying to be normal you'll never know how amazing you can be - Maya Angelou

WHO WILL WIN THE 2023 LEAGUE BEST AND FAIREST?

Elisa Butterworth-Gonebale (Western Rams)



DEEPAK PATU

WESTERN RAMS FNC

PROFILE

Deepak is a very modest, funny, fun person who brings a smile to every netball court. Deepak has done some wonderful things since arriving at the Western Rams.



TACKLE YOUR FEELINGS



Essendon are partnering with the Tackle Your Feelings (TYF) program to make mental health training available to community coaches, in 2023. Tackle Your Feelings is a free mental health training program for community AFL coaches, as well as committee members and other club support staff. The program is delivered by a local psychologist and aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health in their players. In 2021, the program was delivered to more than 4000 community coaches from 352 clubs across every Australian state and territory. 'Tackle your Feelings' was inspired by mental health education developed for AFL professional coaches and players, consisting of a face-to-face presentation from a local psychologist and additional online learning. Ambassadors include Leon Cameron, Alastair Clarkson, Nathan Buckley, Neville Jetta, Kara Antonio and Dylan Buckley also feature throughout

the video content within the program. The program was formed by the AFL Coaches Association, AFL Players' Association and Zurich Insurance in 2018, after the tragic death of Adelaide coach Phil Walsh three years earlier.

How your club can get involved

Tackle Your Feelings is a free program and is available to your club in 2023.

Once coaches complete the training (workshop and online modules) they will have access to resources including blogs, podcasts and videos to assist with their ongoing learning. Participating clubs are eligible for the Tackle Your Feelings rewards program, which includes footballs, equipment and access to program ambassadors.

If your club wishes to get involved, please register your interest by contacting sabdilla@essendonfc.com.au



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Cameron Whyte – cameron@adcellgroup.com.au

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UMPIRES CORNER

by Paige Giles



As a part of Community Umpiring Week, it was great to have Matt Maclure from the AFL at training Wednesday night. Matt took the goal umpires through their paces and passed on tips to the crew to put into practice over the weekend. Riddell Umpires thanks Matt for taking the time to head out and put us through our paces.

#communityumpiringweek #umpiring #goalumpires #RDFNL #afl

Umpire AFL Riddell District Football Netball League



NETBALL TIPPING 2023

Each week throughout the 2023 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Diggers Rest v Western Rams	Romsey v Woodend-Hesket	Wallan v Lancefield	Melton Centrals v Macedon	Last Week	Season
Brenton Knott RDFNL President	Western Rams	Woodend-Hesket	Wallan	Macedon	2	13
Krissy Clement RDFNL Netball Director	Western Rams	Woodend-Hesket	Wallan	Macedon	3	13
Ben Higgins Leader	Diggers Rest	Woodend-Hesket	Wallan	Macedon	2	7
Tara Murray Star Weekly	Western Rams	Woodend-Hesket	Wallan	Macedon	3	15
Jordan Doyle RDFNL CEO	Western Rams	Woodend-Hesket	Wallan	Macedon	3	14
Grace Bibby RDFNL Media & Netball	Western Rams	Woodend-Hesket	Wallan	Macedon	3	13
Aaron McLean RDFNL Footy Ops	Western Rams	Woodend-Hesket	Wallan	Macedon	3	14
Courtney Alexander Bendigo Bank	Diggers Rest	Romsey	Wallan	Macedon	1	13
Tara Nolan RDFNL Admin	Diggers Rest	Woodend-Hesket	Wallan	Macedon	2	13



WESTERN WATER NETBALL REPORT

by RDFNL Netball Manager Grace Bibby

What can we do to help our players ensure they're switched on and ready to put strong netball out on court in the opening minutes of a game?

Here are a few simple ideas worth considering thanks to the netball coach blog:

BUILD THROUGH THE WARM-UP

This is arguably the most common contributing factor in teams that consistently start games slowly – they're simply not ready to go, and it all stems from the pre-game warm-up.

Does your team spend the first 10 minutes of warm-up chatting, doing their exercises at half-pace and stretching poorly, followed by more chatting while they warm up their passing, and then eventually lifting their heart rate a little when they move into a team drill?

If players have barely broken a sweat in warm-up, how do we then expect them to step out on court and instantly go from 0 to 100?

Try thinking of your warm-up as an extension of the game – the first of five quarters. Build the intensity through the warm-up, aiming to hit close to match intensity (both physically and in voice) in the last five minutes before the players step on court.

Encourage your players to get to the courts five minutes earlier and get their chatting out of the way before warm-up starts. Once you're in warm-up mode, try to ensure that any chat is game-specific.

As the coach responsible for a group of young players, it's up to you to set the tone.

MIX IT UP

While there's certainly value in having a set, structured team warm-up, changing up a drill or two every so often is a good way to ensure players aren't just going through the motions every week.

Add a different drill towards the end of the warm-up that they can perform well but also challenges them to think, and see if it helps them switch on.

GOALERS TAKE RESPONSIBILITY

Have you ever felt like you're dominating defensively and in general play during the first quarter of a game, but the scoreboard doesn't reflect it?

If your goalers aren't arriving early to put up shots for 10 minutes before the game (and practising throughout the week) don't expect them to be red hot right out of the gate.

Speak to your goalers about accountability and how putting up pre-game shots is part of the responsibility of having GS or GA on your bib, and let's loosen up those nervy shots before the game, rather than in the first quarter.

HAVE A SET PLAY

Ever had a team you have coached who had a habit of always conceding 3-4 goals before they'd finally wake up and put one on the board.

We tried everything during warm-up, to no avail, but the solution turned out to be having a strong set play on the centre pass to start each game (or even each quarter).

Every player on the team knew that that structure was the first thing we were going to set up, and nine times out of 10 we'd get a shot out of it, which got the scoreboard ticking over and helped everyone relax.

Find a set play your team can execute consistently and effectively, and give it a go.

ENCOURAGE YOUR PLAYERS TO THINK AHEAD

Often there's a good chance your players will know some of their opposition, and particularly later in the season once you've already played most teams.

Before the game, ask your players to tell you something about the other team or an opponent they might be playing on – a strength they'll need to combat or a weakness they can look to exploit.

For some players, it will be enough to help put their brain in game mode, and get them firing early.

PRACTICE THOSE GOOD STARTS

While it can be hard to replicate your match night at training, finishing a session with some matchplay scenarios that replicate the start of a game is a concept worth trying.

Pick four attackers in positions, and tell them they have five centre passes in which to score 3-4 goals (depending on their age and ability).

After five centre passes, change the combination and start again. While it's not quite the same as match night, it does force players to be on their game from the very first centre pass, and remain focused for 2-3 minutes, which can be the difference between getting off to a great start, or a poor one.

This is definitely one for the coaches and we hope you have found it useful.

Happy Netballing!

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WESTERN WATER NETBALL PREVIEW

by RDFNL Netball Manager Grace Bibby

Round 5 saw some powerhouse teams flex their muscles and assert some authority on the rest of the competition.

After week of close results, we witnessed our first draw for the season but we also witness three blow outs which no one likes to see.

I wonder what round 6 will deliver.

Melton Centrals vs Macedon

Melton Centrals have had an impressive start to the season but they will come up against the early premiership favourites in Macedon today.

Last week Melton Centrals were unable to stay with Woodend Heskett and for the first time in 2023 the final margin was considerable.

Melton Centrals have been in every game so far this season giving themselves a real chance but it just wasn't to be.

Macedon will be equally as tough.

Macedon had the luxury of making plenty of changes in their big win over Lancefield.

Unfortunately for the Cats Hetty Donoghue suffered what looked to be a serious injury in the third quarter from which she didn't return.

Chloe Williams stepped up and their dominance continued but it was Alex August-Leifi who dominated the stats in one of the more impressive halves of netball you will see.

With the class across the board and the depth on the bench it is hard to see Macedon losing this one but stranger things have happened.

Prediction: Macedon to record another string win.

Diggers Rest vs Western Rams

Diggers Rest and Western Rams should be. Tight contest.

We continue to talk about the Western Rams and how much their line-up changes from week to week and it will once again be a surprise when the first centre pass is taken.

Robertson looks to be a real find in their defence while Bec Hicks came to the party and shot 34 goals from 36 attempts.

Some frustrating errors to begin the first quarter allowed Romsey to get an early lead and despite getting their noses in front they surrendered in the last quarter and eventually split the points.

Diggers Rest never stood a chance against Riddell despite putting up a gallant fight.

They will be hoping for a more competitive result this weekend.

Marko Rawlings looks to be settling into her new RDFNL club after a few years away from the league.

Prediction: Western Rams should win this one.

Wallan vs Lancefield

Wallan are fresh of the by and have had a good start to the season. They are in for a tough few weeks of netball and a win against Lancefield will give them some confidence to take into two potential finalists.

Gemma Grimmond continues to lead from the front for Wallan.

Their attacking end are still trying to find their feet after a clear out following the elimination final loss last season.

Carboon has really stepped up this season is enjoying her netball.

For Lancefield they are now desperately looking for an A grade coach which would be challenging for any club.

Ella Stoward played well last weekend against very tough opposition.

Prediction: Wallan to record another win.

Romsey vs Woodend Heskett

Romsey keep finding a-list players but they are yet to find the four points.

Will this weekend be the time they pull it all together?

Maggie Lind was a power house player in centre this week but it was Faunoku who received the most attention.

We wonder if we will see Genie again in the red and black.

For Woodend Heskett their shooting percentage improved this weekend thanks largely to an impressive game by Abby Gilmore.

Ty Coppinger played a full game in defence and combining with coach Meg Grbac they were back to some of their best.

Woodend are capable of winning the whole thing but they are lacking consistency early in the season.

Prediction: Woodend Heskett to win comfortably.

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2023 BENDIGO BANK ROUND 5 SENIOR RESULTS & LEADING GOALKICKERS



Diggers Rest 5.3, 6.5, 7.6, 9.9 **(63)**
Riddell 3.0, 3.4, 6.5, 7.6 **(48)**
GOALS

Diggers Rest :
 J. Caruana 3, M. Day 2, L. Hickey 1, M. Calvaresi 1, M. Krul 1, J. Wallace 1

Riddell :
 B. Sonogan 3, T. Stead 2, H. Ross 1, O. Powell 1

BEST

Diggers Rest :
 J. Caruana, T. Schwarzenberg, L. Hickey, J. White, H. Davis, T. Evans

Riddell :
 J. Horton, T. Alkemade, T. Stead, J. Grabham, C. Williamson, T. Eiszele

Romsey 5.3, 11.7, 14.8, 20.12 **(132)**
Western Rams 0.1, 1.3, 2.3, 4.3 **(27)**
GOALS

Romsey :
 J. Jedwab 8, L. Muir 2, S. Wilson 2, G. Cathie 2, B. Way 2, N. Hoy 2,
 D. Paterson 1, C. Sankey 1
 Western Rams :
 R. Dorling 2, D. Galea 1, F. Greenwool 1

BEST

Romsey :
 A. Paterson, N. Rayment, J. Jedwab, S. Wilson, J. Kinnear, S. Menner

Western Rams :
 B. Watts, D. Galea, W. Tyquin, P. Farrelly, P. Boyd, F. Greenwool

Woodend-Hesket 2.3, 3.5, 5.8, 8.10 **(58)**
Melton Centrals 0.0, 1.3, 1.5, 2.7 **(19)**
GOALS

Woodend-Hesket :
 R. Paterson 2, J. Pound 2, D. Toman 1, J. Arceri 1, S. Medland 1, J. Dowling 1
 Melton Centrals :
 J. Scott 1, C. Charge 1

BEST

Woodend-Hesket :
 T. Martin, A. Rae, H. Giddings, R. Paterson, J. Dowling, J. Pound

Melton Centrals :
 E. Donoghue, S. Apineru, W. Thornton-Gielen, K. Rodgers, J. Scott, K. Fenton

Macedon 1.0, 3.6, 8.10, 9.14 **(68)**
Lancefield 1.2, 2.2, 5.3, 6.3 **(39)**
GOALS

Macedon :
 H. Govan 3, D. Salpietro 3, D. Phyland 2, M. Rutledge 1
 Lancefield :

M. Conlan 2, L. Malone 1, T. Waters 1, S. Jowett 1, B. Bryant 1

BEST

Macedon :
 H. Govan, Z. Smedley, Z. Baggs, T. Sims, D. Phyland, J. Dyer

Lancefield :
 L. Fellows, R. O'Meara, T. Waters, L. Giles, B. Bryant, O. Bryant

LEADING GOALKICKERS

NAME	TEAM	WEEK	TOTAL
Jack Jedwab	Romsey	8	20
Dylan Jobson	Melton Centrals	0	13
Michael Baccari	Wallan	0	11
Haydn Ross	Riddell	1	9
Ethan Minns	Woodend-Hesket	0	9
Samuel Medland	Woodend-Hesket	1	8
Mitchell Day	Diggers Rest	2	8
Dylan Tarczon	Riddell	0	7
Jacob Langborne	Wallan	0	7
Jaycob Hickey	Diggers Rest	0	6
Darcy Lockens	Romsey	0	6
Sean Morris	Wallan	0	6
Mitchell Jensen	Diggers Rest	0	6
Mark Orr	Diggers Rest	0	6

2023 MELTON TOYOTA ROUND 5 RESERVES RESULTS & LEADING GOALKICKERS



Diggers Rest 1.0, 5.2, 7.3, 12.4 **(76)**
Riddell 1.1, 2.2, 3.4, 5.5 **(35)**
GOALS

Diggers Rest :
 T. Gleeson 6, A. Headberry 2, J. Elliott 2, S. Lobb 1, J. Howells 1

Riddell :
 J. Gardiner 2, C. Hagan 1, A. Cruickshank 1, M. Hocking 1

BEST

Diggers Rest :
 B. Sluggett, D. Hannan, J. Elliott, C. Goddard-Callins, A. Headberry, T. Gleeson

Riddell :
 T. Hazelden, M. Webb, R. Hannan, N. May, B. Faulkner, J. Curl

Romsey 4.2, 7.5, 8.8, 14.11 **(95)**
Western Rams 1.0, 1.1, 2.4, 2.5 **(17)**
GOALS

Romsey :
 A. Smith 4, J. Martin 2, J. Thorsen 2, J. De Haas 1, B. Goodwin 1, C. Lever 1,
 C. Jedwab 1, D. Kilkeny 1, L. Mitchell 1

Western Rams :
 L. Roberts 1, M. Withers 1

BEST

Romsey :
 J. Martin, A. Smith, C. Lever, B. Xiriha, J. De Haas, B. Smiley

Western Rams :
 J. Casey, R. Norris, J. Wilson, J. Mitchener, S. Griffiths, G. Jones

Woodend-Hesket 5.0, 8.3, 11.4, 13.6 **(84)**
Melton Centrals 1.4, 2.4, 4.6, 5.8 **(38)**
GOALS

Woodend-Hesket :
 M. Ambler 3, E. Davie 3, J. Wolff 2, K. Haddad 2, D. Harrison 1, N. Stephens 1,
 R. Miranda 1

Melton Centrals :

BEST

Woodend-Hesket :
 P. Romeril, D. Harrison, N. Stephens, P. Podbury, J. Wolff, M. Ambler

Melton Centrals :

Macedon 2.3, 6.5, 9.9, 12.13 **(85)**
Lancefield 2.0, 2.0, 2.1, 3.2 **(20)**
GOALS

Macedon :
 D. Royal 3, M. Faria 3, J. Lord 2, N. O'Connell 1, N. Scholes 1, J. Hassett 1,

C. Walker 1
 Lancefield :
 A. Richardt 2, D. Reynolds 1

BEST

Macedon :
 N. Scholes, D. Royal, J. Walter, J. Reeves, M. Ramsay, S. Harwood
 Lancefield :
 D. Reynolds, M. Higgins, W. Henson, W. McPherson, A. Shepherdley, E. Cowley

LEADING GOALKICKERS

NAME	TEAM	WEEK	TOTAL
Thomas Gleeson	Diggers Rest	6	14
Max Ambler	Woodend-Hesket	3	10
Shaun Harrison	Wallan	0	10
Matthew Traynor	Wallan	0	10
Kalden Broomfield	Wallan	0	10
Kieren Haddad	Woodend-Hesket	2	6
Andre Headberry	Diggers Rest	2	6
Daniel Royal	Macedon	3	5
Evan Davie	Woodend-Hesket	3	5
Nathan Stephens	Woodend-Hesket	1	5
Aiden Smith	Romsey	4	5
Rupert Miranda	Woodend-Hesket	1	5
Jesse Sheppard	Woodend-Hesket	0	5
Jack Wolff	Woodend-Hesket	2	5

2023 BUFFALO SPORTS ROUND 5 UNDER 19.5 RESULTS & LEADING GOALKICKERS



Last weekend was a bye for the Under 19.5's competition

LEADING GOALKICKERS

NAME	TEAM	WEEK	TOTAL
Nathan Hynes	Gisborne Giants	2	16
Maclaren Forbes	Woodend-Hesket	3	12
Jonah Emonson	Romsey	1	11
Jack Ryan	Gisborne Giants	1	10
Michael Rutledge	Macedon	4	10
Marcus Datson	Wallan	0	8
Jack Tadd	Woodend-Hesket	4	8
Charlie Jedwab	Romsey	3	8
Hayden Ryan	Woodend-Hesket	0	6
Lachlan Hay	Macedon	3	6
Brayden Farrugia	Woodend-Hesket	0	6

2023 ROOKIE ME ROUND 3 WOMEN'S RESULTS & LEADING GOALKICKERS

Macedon Women's 4.4, 5.6, 7.10, 9.15 **(69)**
Romsey Women's 0.1, 0.1, 0.1, 0.1 **(1)**
GOALS

Macedon Women's :
 F. Stevens 3, C. Goldsworthy 3, L. Roberts 2, D. Mills 1
 Romsey Women's :

BEST

Macedon Women's :
 F. Stevens, L. Slater, I. Collins, A.
 Ward, L. Roberts, A. Miles
 Romsey Women's :
 B. Lyons, E. Putyra, B. Layton, N.
 Steward, E. Flagg, M. Brown

Woodend-Hesket Women's 0.0, 0.0, 0.0, 5.11 **(41)**
Melton Women's 0.0, 0.0, 0.0, 4.1 **(25)**
GOALS

Woodend-Hesket Women's :
 B. Bowen 1, S. McClenahan 1, M. Connell
 1, M. Dutton-Johnson 1, A. Bromley 1
 Melton Women's :
 K. Jacobsen-Logan 3, C. Savage 1

BEST

Woodend-Hesket Women's :
 M. Habib, K. Bau, M. Connell, C.
 Wagstaff, B. Bowen, L. Bromley
 Melton Women's :
 D. Rocznik, L. Morren, J. Syme, T. Debono,
 K. Jacobsen-Logan, M. Rizzo

Kyneton Women's 1.4, 3.6, 4.1, 12.12 **(84)**
Mount Alexander Women's 0.0, 0.0, 2.0, 2.1 **(13)**
GOALS

Kyneton Women's :
 T. Moore 6, N. Korinsky 2, E. Gibson
 2, A. Strawhorn 1, E. Williams 1
 Mount Alexander Women's :

BEST

Kyneton Women's :
 H. Erasmus, E. Williams, A. Strawhorn,
 P. Turnbull, T. Ainslie
 Mount Alexander Women's :

LEADING GOALKICKERS

NAME	TEAM	WEEK	TOTAL
Taylah Moore	Kyneton Women's	6	21
Kareena Jacobsen-Logan	Melton	3	6
Coby Savage	Melton	1	5
Natalie Korinsky	Kyneton Women's	2	5
Rhiannon Carra	Melton	0	4
Melina Ciavarella	Melton	0	4
Breanna Meadows	Kyneton Women's	0	4
Francesca Stevens	Macedon	3	3
Caitriona Goldsworthy	Macedon	3	3
Jordyn Syme	Melton	0	3
Caitlin Nash	Kyneton Women's	0	3

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RDFNL 2023 NETBALL ROUND 5 RESULTS






RANKING POINTS

ROUND 5

	1 J JEDWAB	162
	2 B WATTS	152
	3 H GOVAN	133
	3 T WATERS	133
	5 T MARTIN	122

A GRADE

Western Rams A Grade 10, 26, 41, 49, **(49)**
Romsey A Grade 14, 27, 37, 49, **(49)**
BEST

Western Rams A Grade:
 Hidden Player 3 Hidden Player 2 Nyibol Akec 1
 Romsey A Grade:
 Hidden Player 3 Kendra Vann 2 Amalani Fauonuku 1
GOALS

Western Rams A Grade:
 Rebecca Hicks 34 Hidden Player 12 Hidden Player 3
 Romsey A Grade:
 Amalani Fauonuku 26 Emma Grech 23

Woodend Heskett A Grade 10, 24, 34, 53, **(53)**
Melton Centrals A Grade 7, 14, 21, 27, **(27)**
BEST

Woodend Heskett A Grade:
 Tayissa Coppinger 3 Megan Grbac 2 Abby Gilmore 1
 Melton Centrals A Grade:
 Colleen Lavea 3 Tahana Aitu 2 Emma Winzar 1

GOALS
 Woodend Heskett A Grade:
 Abby Gilmore 27 Charlee Duff-tytler 13 Matilda Lethlean 13
 Melton Centrals A Grade:
 Emma Winzar 17 Lauren Creed 7 Hidden Player 3
 Tahana Aitu 0

Riddell A Grade 13, 31, 44, 65, **(65)**
Diggers Rest A Grade 10, 13, 24, 29, **(29)**
BEST

n/a
GOALS
 Riddell A Grade:
 Shelby Holter 35 Amy Starzer 19 Ellen Close 11
 Diggers Rest A Grade:
 Michelle Cliffe 16 Alicija Marko Rawlings 13
Lancefield A Grade 9, 17, 26, 31, **(31)**
Macedon A Grade 12, 29, 40, 57, **(57)**
BEST

Lancefield A Grade:
 Ella Stoward 3 Kira Baldwin 2 Chloe Hodgson 1
 Macedon A Grade:
 Henrietta Donoghue 3 Katie Clarke 2 Chelsea Kemp 1
GOALS

Lancefield A Grade:
 Larissa Rix 15 Darcee Ellard 11 Jordan Furness 5
 Macedon A Grade:
 Henrietta Donoghue 35 Chloe Williams 15 Ciara Stewart 7

B GRADE

Woodend Heskett B Grade 11, 16, 25, 32, **(32)**
Melton Centrals B Grade 10, 19, 30, 36, **(36)**
BEST

Woodend Heskett B Grade:
 Chloe Galakos 3 Zoe Phillips 2 Daphne Piper 1
 Melton Centrals B Grade:
 Kara Zwartveen 3 Abbey Grant 2 Maddi Stewart 1
GOALS

Woodend Heskett B Grade:
 Zoe Phillips 20 Rebecca Carland 12
 Melton Centrals B Grade:
 Jessica Clayton 13 Kara Zwartveen 12 Hidden Player 6 Hidden Player 5

Western Rams B Grade 8, 16, 21, 31, **(31)**
Romsey B Grade 8, 15, 18, 21, **(21)**
BEST

Western Rams B Grade:
 Jessica Lenehan 3 Honor Brodie 2 Hidden Player 1
 Romsey B Grade:
 Phoebe Mottram 3 Josie Lepore 2 Abbey Duggan 1
GOALS

Western Rams B Grade:
 Hidden Player 25 Jessica Lenehan 3 Jessica Christie no1 3
 Romsey B Grade:
 Christie Brinkhuis 11 Kiara Taylor 10

Riddell B Grade 6, 13, 17, 27, **(27)**
Diggers Rest B Grade 11, 24, 34, 41, **(41)**
BEST

n/a
GOALS
 Riddell B Grade:
 Emma Rodger 12 Hayley Brown 9 Elli Houston 6
 Diggers Rest B Grade:
 Brooke Baker 22 Erin Wallace 11 Maille Whelan 8
Lancefield B Grade 15, 23, 30, 44, **(44)**
Macedon B Grade 9, 22, 33, 39, **(39)**
BEST

Lancefield B Grade:
 Tarnee Hammond 3 Ivy Harrop 2 bethany Lyons 1
 Macedon B Grade:
 Hidden Player 3 Taylah Chamra 2 Demi Fitzsimmons 1
GOALS

Lancefield B Grade:
 Tarnee Hammond 36 Georgia White 8
 Macedon B Grade:
 Hidden Player 26 Georgia Fearn 9 Ashlee Coxhell 4

RDFNL 2023 NETBALL ROUND 5 RESULTS



C GRADE

Western Rams C Grade 16, 34, 46, 62, **(62)**
Romsey C Grade 3, 4, 8, 11, **(11)**
BEST

Western Rams C Grade:
 Ro Paulo 3 Christina Afoa 2 LAGI Faale 1
 Romsey C Grade:
 Rebecca Newbery 3 Casey Rayment 2 Hidden
 Player 1

GOALS

Western Rams C Grade:
 Jessica Christie no1 31 Ro Paulo 24 Stevie-Ann Gray 7
 Romsey C Grade:
 Rebecca Newbery 9 Ellie Torney 2 Melanie Gibson 0
Woodend Hesket C Grade 7, 14, 24, 29, **(29)**
Melton Centrals C Grade 8, 15, 22, 30, **(30)**
BEST

Woodend Hesket C Grade:
 Courtney Chettle 3 Lia Sheppard 2 Sophie Conlan 1
 Melton Centrals C Grade:
 Kiera Evans 3 Natasha Lacey 2 Hidden Player 1

GOALS

Woodend Hesket C Grade:
 Louise Marendaz 19 Courtney Chettle 5 Emily Lindner 5
 Melton Centrals C Grade:
 Natasha Lacey 19 Chelsea Lapsley 8 Hidden Player 3
Riddell C Grade 9, 19, 27, 35, **(35)**
Diggers Rest C Grade 7, 12, 15, 22, **(22)**
BEST

Riddell C Grade:
 Ashleigh Danckert 3 Laura Gallus 2 Caitlin Campbell 1

GOALS

Riddell C Grade:
 Lisa Romanski 23 Rebecca Anstey 7 Hidden Player 5
 Diggers Rest C Grade:
 Tabitha Ellis 17 Kayla Theodore 5
Lancefield C Grade 5, 10, 16, 23, **(23)**
Macedon C Grade 8, 19, 33, 44, **(44)**
BEST

Lancefield C Grade:
 Jaymee Egan-Ford 3 Sarah Dekazos 2 Madison
 Richards 1
 Macedon C Grade:
 Amy Illic 3 Susan Eastman 2 Eloise Williams 1

GOALS

Lancefield C Grade:
 Jordan Furness 12 Emma Stone 9 Madison Richards 2
 Macedon C Grade:
 Amy Illic 30 Susan Eastman 14

19 & UNDER

Woodend Hesket 19 & Under 4, 6, 13, 17, **(17)**
Melton Centrals 19 & Under 9, 14, 21, 26, **(26)**
BEST

Woodend Hesket 19 & Under:
 Hidden Player 3 Hidden Player 2 Hidden Player 1
 Melton Centrals 19 & Under:
 Hidden Player 3 Tahana Aitu 2 Mackenzie Payne 1

GOALS

Woodend Hesket 19 & Under:
 Hidden Player 6 Hannah Dwyer 5 Hidden Player 5
 Hidden Player 1
 Melton Centrals 19 & Under:
 Livinia Walsh 15 Hidden Player 11
Western Rams 19 & Under 14, 28, 40, 59, **(59)**
Romsey 19 & Under 0, 2, 6, 8, **(8)**
BEST

Western Rams 19 & Under:
 Brooke Lote 3 Talasa Helen Aumua 2 Hidden Player 1
 Romsey 19 & Under:
 Hidden Player 3 Josie Lepore 2 Emma McCalman 1

GOALS

Western Rams 19 & Under:
 Talasa Helen Aumua 35 Hidden Player 13 Hidden Player 11
 Romsey 19 & Under:
 Hidden Player 6 Hidden Player 2 Hidden Player 0
Riddell 19 & Under 11, 17, 28, 35, **(35)**
Diggers Rest 19 & Under 4, 8, 11, 16, **(16)**
BEST

Riddell 19 & Under:
 Hidden Player 3 Hayley Brown 2 Hidden Player 1
 Diggers Rest 19 & Under:
 Taryn Pierce 3 Lucy Hansen 2 Skye Peake 1

GOALS

Riddell 19 & Under:
 Hayley Brown 28 Hidden Player 6 Macey Besanko 1
 Diggers Rest 19 & Under:
 Hidden Player 8 Hidden Player 5 Lucy Hansen 3
Lancefield 19 & Under 8, 17, 28, 38, **(38)**
Macedon 19 & Under 4, 8, 14, 17, **(17)**
BEST

Lancefield 19 & Under:
 Hidden Player 3 Hidden Player 2 Kayla Dyer 1
 Macedon 19 & Under:
 Isabelle Moyes 3 Isabelle Holloway 2 Hidden Player 1

GOALS

Lancefield 19 & Under:
 Hidden Player 23 Stephanie Hammond 15
 Macedon 19 & Under:
 Abbey Lambert 8 Isabelle Moyes 6 Stella Vaughan 3

2023 RDFNL FOOTBALL LADDERS



Bendigo Bank Senior Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Wallan	4	4	0	0	1	0	369	132	279.55	20
Diggers Rest	4	4	0	0	1	0	362	197	183.76	20
Romsey	4	3	1	0	1	0	325	181	179.56	16
Woodend-Hesket	5	4	1	0	0	0	374	227	164.76	16
Riddell	5	2	3	0	0	0	305	256	119.14	8
Macedon	4	1	3	0	1	0	179	274	65.33	8
Lancefield	4	1	3	0	1	0	209	334	62.57	8
Melton Centrals	5	1	4	0	0	0	230	285	80.7	4
Western Rams	5	0	5	0	0	0	109	576	18.92	0

Melton Toyota Reserves Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Diggers Rest	4	4	0	0	1	0	349	107	326.17	20
Wallan	4	3	1	0	1	0	331	144	229.86	16
Romsey	4	3	1	0	1	0	235	156	150.64	16
Woodend-Hesket	5	3	2	0	0	0	412	147	280.27	12
Riddell	5	3	2	0	0	0	271	227	119.38	12
Macedon	4	2	2	0	1	0	199	183	108.74	12
Lancefield	4	1	3	0	1	0	85	423	20.09	8
Melton Centrals	5	1	4	0	0	0	235	303	77.56	4
Western Rams	5	0	5	0	0	0	85	512	16.6	0

Buffalo Sports Under 19.5 Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Woodend-Hesket	4	4	0	0	0	0	330	112	294.64	16
Macedon	3	2	1	0	0	1	209	87	240.23	12
Gisborne Giants	4	3	1	0	0	0	309	186	166.13	12
Romsey	4	3	1	0	0	0	257	159	161.64	12
Wallan	4	2	2	0	0	0	256	210	121.9	8
Melton Centrals	3	0	3	0	0	1	82	325	25.23	4
Riddell	4	0	4	0	0	0	134	365	36.71	0
Lancefield	2	0	2	0	0	0	39	172	22.67	0

Rookie Me RDFNL Women's

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Kyneton	3	3	0	0	0	0	299	20	1495	12
Melton	3	2	1	0	0	0	180	42	428.57	8
Macedon	3	2	1	0	0	0	102	111	91.89	8
Woodend-Hesket	3	2	1	0	0	0	98	113	86.73	8
Mount Alexander	3	0	3	0	0	0	25	168	14.88	0
Romsey	3	0	3	0	0	0	3	253	1.19	0

2023 RDFNL GREATER WESTERN WATER NETBALL LADDERS

A Grade

TEAM	P	W	L	D	F	A	PTS	%
Macedon A Grade	4	4	0	0	204	101	20	201.98
Riddell A Grade	5	4	1	0	252	199	16	126.63
Wallan A Grade	4	3	1	0	145	163	16	88.96
Woodend Hasket A Grade	5	3	2	0	228	150	12	152.00
Melton Centrals A Grade	5	3	2	0	218	240	12	90.83
Diggers Rest A Grade	4	1	3	0	122	196	8	62.24
Western Rams A Grade	5	1	3	1	214	227	6	94.27
Romsey A Grade	4	0	3	1	177	205	6	86.34
Lancefield A Grade	4	0	4	0	131	210	4	62.38

B Grade

TEAM	P	W	L	D	F	A	PTS	%
Diggers Rest B Grade	4	3	1	0	162	123	16	131.71
Macedon B Grade	4	3	1	0	174	137	16	127.01
Melton Centrals B Grade	5	4	1	0	205	165	16	124.24
Woodend Hasket B Grade	5	3	2	0	163	149	12	109.40
Romsey B Grade	4	2	2	0	132	124	12	106.45
Western Rams B Grade	5	3	2	0	176	170	12	103.53
Lancefield B Grade	4	1	3	0	126	189	8	66.67
Riddell B Grade	5	1	4	0	163	179	4	91.06
Wallan B Grade	4	0	4	0	107	172	4	62.21

C Grade

TEAM	P	W	L	D	F	A	PTS	%
Riddell C Grade	5	5	0	0	159	100	20	159.00
Western Rams C Grade	5	4	1	0	216	104	16	207.69
Macedon C Grade	4	3	1	0	144	76	16	189.47
Woodend Hasket C Grade	5	2	3	0	145	140	8	103.57
Melton Centrals C Grade	5	2	3	0	134	141	8	95.04
Diggers Rest C Grade	4	1	3	0	91	116	8	78.45
Lancefield C Grade	4	1	3	0	87	142	8	61.27
Romsey C Grade	4	1	3	0	83	160	8	51.88
Wallan C Grade	4	1	3	0	81	161	8	50.31

19 & Under

TEAM	P	W	L	D	F	A	PTS	%
Western Rams 19 & Under	5	5	0	0	226	84	20	269.05
Riddell 19 & Under	5	4	1	0	167	108	16	154.63
Melton Centrals 19 & Under	5	4	1	0	145	103	16	140.78
Macedon 19 & Under	5	3	2	0	111	140	12	79.29
Lancefield 19 & Under	5	2	2	1	137	117	10	117.09
Diggers Rest 19 & Under	5	2	3	0	100	109	8	91.74
Woodend Hasket 19 & Under	5	1	3	1	80	143	6	55.94
Wallan 19 & Under	4	1	3	0	77	103	4	74.76
Romsey 19 & Under	5	1	4	0	62	161	4	38.51
Gisborne Giants 19 & Under	4	0	4	0	61	98	0	62.24



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MICHAEL MANNIX

WALLAN FNC

PROFILE

Michael Mannix is a player who has achieved a lot and today he celebrates 300 senior games. Mannix is a much loved and well respected player by all.



PLAYER/ COACH PROFILE

CLUB

Wallan FNC

POSITION AT THE CLUB

Senior Captain

YEARS OF SERVICE

8 Years

FAVOURITE DRINK:

Cold beer from the tap.

FAVOURITE PERSON AT THE CLUB AND WHY?

Definitely Jenni Wood, because she is simply the best.

WHO INSPIRES YOU?

Snake Morris - the things that man can achieve in life are nothing short of inspirational.

FAVOURITE MOVIE:

I usually fall asleep when trying to watch a movie

FAVOURITE SPORTING MOMENT:

Pez stubbing his toe in the goal square

A PROFESSIONAL PLAYER WHO BEST RESEMBLES THE GAME YOU PLAY OR COACH?

Darcy Moore

INSPIRATIONAL QUOTE OR LIFE MOTTO:

"You can't go broke making a profit" - Dan Nolan backing \$1.10 favs

WHO WILL WIN THE 2023 LEAGUE BEST AND FAIREST?

Bowen - Crippa Baccari Ryan - Gemma Muldoon





PREMIER DATA

RANKING POINTS	RANKING POINTS	MARKS	MARKS
162	15	8	20

GOALS GOALS GOALS GOALS

DISPOSALS DISPOSALS DISPOSALS DISPOSALS

PLAYER OF THE WEEK

JACK JEDWAB

RDFNL
Riddell District Football Netball League



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4X4, ACTIVE CRUISE CONTROL, BRAKE ASSIST
65732kms

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ADAPTIVE CRUISE CONTROL, APPLE CAR-
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